

The IDLE TIMES

Volume 20, Issue 9 September 2010

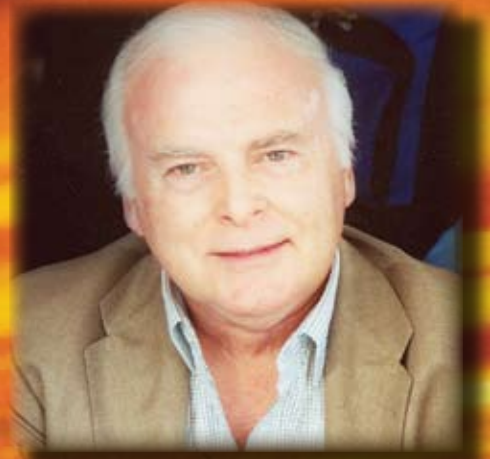
STUART WOODS

Back by Popular Demand

SANTA FE EDGE

Tuesday, September 21st

New York Times-bestselling
author of
Lucid Intervals



WARNING
THIS EVENT WILL SELL OUT... CALL NOW!

From the Desk of



Mr. David Ruddell, Jr., CCM
General Manager

Please join us in welcoming our new Banquet Manager, Matthew Terry. He is a graduate of Mercer University and has great ties to the Macon

community. Having worked at the Marriott in Veil, Colorado, for the past eight years, he brings a wealth of knowledge to our operation. He is married and is thankful to be back in Macon. We are excited to bring Matthew to our team, so please join me in welcoming him to Idle Hour.

We have been monitoring the speed of traffic in our parking areas. It comes as no surprise that people are in a hurry with today's busy lifestyles. Please be aware of your speed on Idle Hour property and SLOW DOWN! This is for your safety and the safety of everyone enjoying what Idle Hour has to offer.

There are also certain concerns I would like to address in regards to particular food and beverage service in the restaurants. We are striving to exceed your needs, and we need your feedback. Please contact the food and beverage managers if you have any comments or concerns with food and beverage quality or consistency. I will be evaluating all outlets to make sure we have the resources we need to meet our goals. Thanks for your support!

On October 8th, we hope you will join us in the reception honoring Russell Henley as he receives the 2010 Haskins Award, which acknowledges him as the most outstanding collegiate golfer in the nation. We are so very proud of Russell, who won the Georgia Amateur when he was only 19, right here at Idle Hour in 2008, and has gone on to much greater success! This event is by reservation only, and there will be no availability for walk-ins, so please call early to avoid disappointment. Please read more on page 10.

If you would like to rub elbows with a New York Times bestselling author, who has always been near and dear to our hearts, join us for the Book Review and Luncheon with Stuart Woods on September 21st. He returns by popular demand, and we are so proud to have him back. Then, don't miss Maryellen Hooper, 1998 Female Comedian of the Year, who has been featured countless times on Comedy Central and even in her own show, *Lounge Lizards* - we promise that you will laugh your socks off on October 27th!

This fall is getting off to a great start, and we want to thank you for all of your participation in Club events, as well as our many golf, tennis and wellness programs. Please let me know if I may be of assistance. You may reach me at 477-1724, ext. 223, or druddell@idlehourclub.com.



2010 Board of Directors

Mr. H. Stephen Popper, III - President
Mr. J. Sam Pearson - Vice President
Mr. Cubbedge Snow, III - House/Fitness
Mr. Craig Leachman - Golf
Mr. Roy "Trip" Walden -
 Long Range Planning/Capital
Mr. W. John O'Shaughnessey -
 Tennis/Special Projects
Mr. Mel Jamison - Pool/Youth
Mr. Bryan Persons - Membership
Mr. Jimbo Walker - Secretary/Entertainment

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David Ruddell, Jr., CCM, General Manager
Lawrence Rountree, Clubhouse Manager
Courtney Fendt, Controller
Brandy Spires, Executive Administrator
Amanda McElmurray, Events Coordinator
Victor Pinkney, Executive Chef
Preston Rolfes, Asst. Manager (Sports Bar)
Robert Tillman, III, Asst. Manager (The Grille)
Matthew Terry, Asst. Manager (Banquets)
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Wade Thomas, Director of Course
Craig Jones, USPTA, USPTR, Director of Tennis
Rob Haver, Wellness Director
Jon Read, Housekeeping Manager
Leon Hart, Clubhouse Maintenance
Laura Harris, Human Resources Manager

The Idle Times

Theresa Abercrombie, Designer & Editor
idletimes@live.com

Membership Information

Welcome, New Members! Effective August 18, 2010



MR. GREGORY K. FUSSELL
Southway Crane & Rigging
Owner & Partner
Sponsor: Mr. Chad F. Griffin
480 County Line Road
Griffin, Georgia 30224
Spouse: Lisa
770-228-4042



MR. MAURICE E. "GENE" SMITH
Sanford Advisory Services
Vice President
Sponsor: Mr. Jeffery L. Avant
117 Covington Drive
Macon, Georgia 31210
Spouse: Margaret
477-1264

Posted for Membership Effective September 14, 2010

DR. CURTIS O. HAYSLIP
Middle Georgia Center for Cosmetic Dentistry / Dentist
Sponsor: Mr. Winburn Stewart

MR. CHARLES F. OLSON
The Bill Shanks Show / Update Anchor & Assistant Producer
Sponsor: Mr. Edmund E. Olson

MR. JAMES K. STIFF
Goodwill Industries / President & CEO
Sponsor: Mr. Winburn Stewart

Posted for Membership Effective October 20, 2010

MR. BERTRAM MAXWELL, IV
Maxwell Furniture Store / Vice President
Sponsor: Mr. Bertram Maxwell, III

DR. JOSHUA A. PERKEL
Urology Specialists of Georgia / Urologist
Sponsor: Dr. Timothy M. Grant

MR. EDMOND H. WILSON
State Bank & Trust
SVP & Regional Senior Lender
Sponsor: Mr. Daniel M. Forrester

Intermediate Member Window of Opportunity

Initiation Fee: \$15,000
Availability: April 1, 2010 - Dec. 31, 2010
Eligibility: Applicant between ages 21-30
Legacy: Candidate or candidate's spouse is a child/grandchild of a present or deceased member in good standing.

- I. Legacy Membership
 - a. 20% discount on total initiation fee regardless of membership classification.
 - b. Additional 5% discount if member pays in full up front.
 - c. Down payment of \$2,500.
 - d. On each anniversary of first month in Club, payment of \$1,000 will be due toward initiation fee. Balance due in full at age 35.
 - e. Initiation fee may be paid in full at any time.
 - f. 0% finance charge.
 - g. Sponsor rebate - \$1,000
- II. Non Legacy Intermediate Membership
 - a. \$2,500 down payment
 - b. On each anniversary of first month in Club, payment of \$1,000 will be due toward initiation fee. Balance due in full at age 35.
 - c. Balance can be paid off in full at anytime to receive 10% discount on outstanding balance.
 - d. 0% finance charge
 - e. Sponsor rebate - \$1,000.
- III. Promissory note will be executed.
- IV. In the event the member is relocated outside Macon or the six contiguous counties and elects not to become a non-resident member, the balance of the initiation fee will be waived.
- V. In the event the member resigns the Club he/she will be obligated to pay 25% of the balance of the initiation fee at the time of resignation.

Monthly Dues: \$261
Monthly Service Charge: \$35
Quarterly Food Minimum: \$100

*In
Sympathy*



Our prayers and condolences
to the family and friends of

MR. JAMES BRANDT SESSIONS
August 1, 2010

Club Announcements



MEMORIAL PROJECT

President H. Stephen Popper, III

We are only as rich as our history... Won't you help us share a wealth of memories with future generations?

Idle Hour has a rich history of almost one hundred years marked by friendship and fellowship all centered around golf, tennis, swimming, fitness and banquet events. If any of these events have represented a memory for your family, to be displayed in a trophy, news article, or merely a photo, please share that with all of us! Whether it's your old swimming uniform from the first Idle Hour swim team, The Idle Hour Porpoise Club, as Cordelia D. Holliday has been so generous to share with us, or even an article from the local paper as recent as this year... We want to know how Idle Hour has affected each of you - and how you have affected Idle Hour!

How future generations remember us will depend on each member's contributions. With only several items to begin our collection, no artifact is too simple - anything you can share to mark a special place in Idle Hour's history will be much appreciated.

Could it be that the old piece of tin in your attic is from one of Idle Hour's first golf tournaments or that the photo of your great aunt was taken at her wedding in the original Club location, The Log Cabin? Look closely... Dig through boxes and albums, and you will find treasures to share and help shine a light on the early days of the Club where only mysteries currently remain.

Consider yourself a historian just for a day, and go on a mission like Indiana Jones for the Legend of Idle Hour Country Club... It'll be so fun for you and your family to reminisce about lost times - and so rewarding to bring those times to the forefront of Club history to share with current members and future generations. Every member has been a building block for Idle Hour Country Club, and we want to uphold those blocks through time, so that nobody forgets how rich the Club's history is and what it all means to us. We are a family, and generation after generation, we remain proud of our history - just like any other family. So, let's cherish every moment, past present and future, and let's bring our history to life. We will have our history on display soon... and we'd like to share every article - especially yours! Just bring your articles to the office of General Manager David Ruddell, Jr., CCM. ●

When are Reservations REQUIRED in The Grille?

Thursday Night 2-for-1 Entrees
All You Can Eat Prime Rib & Crab Legs
Sunday Buffet



Hours of Operation

Sunday Buffet in the Living Room

*Reserved seating available in Trotters & Grille
Club Room: Age restrictions apply. See below.*
Sunday.....11:30am-2:00pm

The Grille

Reserved seating available. Family Dining.

Breakfast & Lunch Service

Tuesday - Sunday.....11:30am-2:30pm
Saturday Breakfast.....7:30am-2:30pm

Dinner Service

Tuesday - Thursday.....5:00pm-9:00pm

RESERVATIONS REQUIRED FOR

Thursday Night "2-for-1" in Grille & Trotters

Friday & Saturday.....5:00pm-9:30pm

RESERVATIONS REQUIRED FOR

First Friday "All You Can Eat Prime Rib & Crab Legs"

Sunday.....5:00pm-9:00pm

The Sports Bar & Club Room

Reserved seating available in Club Room.

Club Room: Must be at least 18 years old.

Ages 18-20 only accompanied by adult over 21.

Sports Bar: MUST BE AT LEAST 21 YEARS OLD.

Menu Service

Tuesday - Thursday & Sunday..11:30am-9:30pm

Friday & Saturday.....11:30am-10:00pm

Bar Service Hours

Tuesday - Thursday...11:30am-11:00pm

Friday & Saturday....11:30am-Midnight

Sunday.....12:30pm-10:00pm

Men's Locker Room Attendant

Tuesday - Friday.....8:30am-Dusk

Saturday & Sunday.....6:30am-Dusk

Men's Grille

Tuesday - Sunday.....11:30am-8:30pm

EMPLOYEE OF THE MONTH

Octravius Sampson



Please join us in congratulating Octravius Sampson, Sr., on receiving the Employee of the Month honor for July. Tray joined the Club's culinary team in 1998 and worked here for more than four years before briefly parting with us to attend Johnson and Whales University. He then returned to the Club to complete his externship. He remains a faithful member of the management team, currently serving as Banquet Chef, a position he was promoted to this year in February. During the peak hours of operation for the Grille and Sports Bar, Tray is always willing to lend a hand. He is responsible for all day-to-day culinary aspects of the banquet department and staff, including any and all private events, Club events, the equipment in the main kitchen, and maintenance.

In his leisure time, Tray, as we affectionately call him, enjoys spending quality time with his children, Ashanti, Octravius, Jr., and Octavia. He is the husband of a loving wife, Stacey Sampson. He also enjoys watching sports and listening to music.

Tray is well deserving of this award, and he is a great example of Integrity, Honesty, Courtesy and Commitment.

Thanks, Tray! Congratulations!

Special Events



12 p.m. ~ Free Keg Beer
3 p.m. - 5 p.m. ~ Pool Games
5 p.m. - 8 p.m. ~ Nu Way
with live entertainment
by Josh Carson!

Must RSVP by Sunday at 12:00 Noon.
48-Hour Cancellation Policy.

*The Youth Building will not offer menu service
after 5 p.m. - only snacks and beverages.*

Nu-Way, All You Can Eat
\$12.50/adult
\$10.50/kid

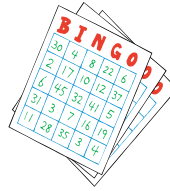
**Hamburgers, Hot Dogs,
French Fries, Onion Rings,
Chili, Sodas, IHCC Slushies**

**Labor Day Monday, September 6th,
Front Desk will be open normal hours.**

The Grille will close at 2:30 p.m.
Sports Bar will close at 5 p.m.

**This is the last day the Pool is open!
The Club will be closed on Tuesday,
September 7th.**

BINGO!



**Mark your calendars...
to win big!**

Reservations please: 477-1724.
48-Hour Cancellation Policy.

Wednesday, September 8th
6 p.m. - Cocktails by Signature
6:30 p.m. - Buffets
7 p.m. - Bingo!

\$12.95/adult, \$8.95/child under 12
Includes 1 Bingo card. Extra cards: \$2 each or 3/\$5
Wear a school, NFL or college JERSEY for free bingo card!
Children's Jackpot winner must be a child under 18.

Tossed Garden Salad, Fresh Seasonal Fruit & Berries
with Passion Fruit Yogurt, Cole Slaw, Potato Salad,
Chipotle Barbeque Spare Ribs, Grilled Bratwurst with
Sauerkraut, Homestyle Chips, Southern Style Green
Beans, Hot Dogs, Hamburgers, French Fries, Onion
Rings, Double Chocolate Cake, Key Lime Pie,
Assorted Cookies & Mini Cupcakes

BRIDGE TOURNAMENT & LUNCHEON

Tuesday, October 12th
10:30 a.m. - 2:30 p.m.

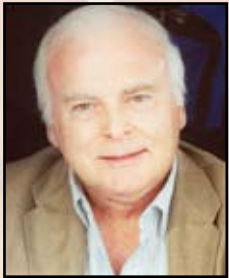
Whether you're a master player or a novice,
join us for great fun and prizes.
Only \$12/person includes a delectable luncheon.
Just visit Front Desk or call 477-1724 to sign-up.

Sauteed Tilapia
with Spinach Florentine Sauce
Wild Rice Pilaf, Grilled Asparagus
and Julienne Vegetables

~
Mango Cheesecake
with Raspberry Coulis



Back by Popular Demand



Stuart Woods

Santa Fe Edge

Review & Luncheon

Tuesday, September 21st

\$25/person includes lunch!

11:30 - 11:55 a.m. - Meet & Greet

12:00 Noon - Lunch

Review to Follow

Baby Mixed Greens
with Strawberries, Walnuts, Feta Cheese
and Spiced Mango Vinaigrette

~
Grilled Pork Chop
with Kirsch Cherry Reduction
Smoked Gouda Whipped Potatoes
Grilled Asparagus and Julienne Vegetables

~
Key Lime Cake with Raspberry Coulis
Chantilly Cream and Fresh Berries

Couples' Night Out

Wednesday, September 22nd

6:30 p.m. Signature Cocktails * 7:00 p.m. Dinner

Featuring a Stainless Steel Dinner in the Main Kitchen
Three Course Meal & Wine Pairings, \$50/person
Advance Reservations Required. Limited to 12.
Free Babysitting Service! 48-Hour Cancellation Policy.



Baby Mixed Greens
with Peppered Goat Cheese,
Toasted Almonds, Sliced Peaches
and Raspberry Champagne Vinaigrette

~
Duo of Filet Mignon with Veal Demi Glace
& Lobster Thermidor
Whipped Yukon Gold Parmesan Potatoes
Vegetable Bouquet

~
Chicory & Coffee Mousse
with Praline Ice Cream and Mini Beignets

Kid's Out

Friday, September 24th
6:00 p.m. at the Learning Center

Camp out under the stars!
Members and kids of all ages are welcome.
Space is limited to fifty people.
Call 477-1724 for reservations.

Please say the number in your party.
An adult guardian **must** accompany children.
Bring your sleeping bags, tents and gear.
\$30/person includes dinner, beverages, campfire s'mores,
fishing, an evening movie and breakfast.




Friday Night Dinner Buffet
Cole Slaw, Potato Salad, Grilled Hamburgers,
Grilled Hot Dogs, Potato Chips, Cookies
and "Make Your Own" S'mores,

Saturday Morning Breakfast Buffet
Assorted Cereals, Fresh Fruit, Scrambled Eggs,
Plain & Blueberry Pancakes, Warm Maple Syrup,
Bacon, Hash Browns, Juice and Coffee

Space is limited to 50 people.
48-Hour Cancellation Policy.

September



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Author, Stuart Woods</i> Book Review & Luncheon Tuesday, September 21st</p> <p>Autographs and review of <i>Santa Fe Edge</i>, with lead character Ed Eagle.</p> 			<p>1 LGA Club Championship & President's Cup</p>	<p>2 "2 for 1" Entrees in The Grille & Trotters</p>	<p>3 All-You-Can-Eat Prime Rib & Crab Legs</p>	<p>4 Breakfast in The Grille</p>
<p>5 Sunday Brunch Buffet in the Living Room</p>	<p>6 LABOR DAY CELEBRATION <i>Nu-Way Josh Carson</i> CLUB OPEN</p>	<p>LADIES' TENNIS BOOT CAMP</p>			<p>10 "2 for 1" Entrees in The Grille & Trotters</p>	<p>11 Breakfast in The Grille</p>
<p>12 Sunday Brunch Buffet in the Living Room</p>	<p>13 CLUB CLOSED</p>	<p>14 LGA MEET/SCRAMBLE Meeting of the Board of Directors Jackpot Drawing</p>	<p>15 IHCC BINGO</p>	<p>16 MEN'S NIGHT OUT "2 for 1" Entrees in The Grille & Trotters</p>	<p>17</p>	<p>18 Breakfast in The Grille MEMBER-GUEST MINI TRIATHLON</p>
<p>19 Sunday Brunch Buffet in the Living Room</p>	<p>20 CLUB CLOSED</p>	<p>21 STUART WOODS <i>Santa Fe Edge</i> Jackpot Drawing</p>	<p>22 COUPLE'S NIGHT OUT <i>Stainless Steel Dinner with Chef</i></p>	<p>23 LGA CLUB 9 MEN'S NIGHT OUT "2 for 1" Entrees in The Grille & Trotters</p>	<p>24 KID'S CAMP OUT</p>	<p>25 Breakfast in The Grille PARENT CHILD ROUND ROBIN</p>
<p>26 Sunday Brunch Buffet in the Living Room</p>	<p>27 CLUB CLOSED</p>	<p>28 LGA 18 PLAY DAY JR. PLAY DAY <i>Short Tees</i> No Book Club Jackpot Drawing</p>	<p>29</p>	<p>30 MEN'S NIGHT OUT "2 for 1" Entrees in The Grille & Trotters</p>	<p>Special Events LEGEND Club Special Club Regular Golf LGA Tennis Wellness</p>	

October

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		Reception honoring 2010 Fred Haskins Award Recipient <i>Russell Henley</i> Friday, October 8 th Cocktail Buffet: 6 p.m. - 7 p.m. Presentation: 7 p.m. Open Bar. Cost is \$25/person. Space is limited to only 200 people.			1	2
		MEMBER-MEMBER GOLF TOURNAMENT			MEMBER-MEMBER GOLF TOURN. All-You-Can-Eat Prime Rib & Crab Legs	Breakfast in The Grille
3	4	5	6	7	8	9
Sunday Brunch Buffet in the Living Room MEMBER-MEMBER GOLF TOURNAMENT	CLUB CLOSED	Jackpot Drawing	SENIOR PEACH BLOSSOM TOURNAMENT		FRED HASKINS AWARD RECEPTION honoring Russell Henley	Breakfast in The Grille
10	11	12	13	14	15	16
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	LGA MEET/SCRAMBLE BRIDGE TOURNAMENT Jackpot Drawing		MEN'S NIGHT OUT "2 for 1" Entrees in The Grille & Trotters		Breakfast in The Grille
17	18	19	20	21	22	23
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	JR. PLAY DAY <i>Short Tees</i> Jackpot Drawing	Meeting of the Board of Directors	LGA CLUB 9 MEN'S NIGHT OUT "2 for 1" Entrees in The Grille & Trotters		Breakfast in The Grille
24	25	26	27	28	29	30
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	LADIES' MEMBER-GUEST IHCC BOOK CLUB Jackpot Drawing	COMEDY NIGHT <i>Maryellen Hooper</i>	BOO BASH! HAUNTED HOUSE <i>Friendly, 6-7 pm</i> <i>Frightening, 8pm</i> "2 for 1" Entrees in The Grille & Trotters	HAUNTED HOUSE <i>Friendly, 6-7 pm</i> <i>Frightening, 8pm</i>	Breakfast in The Grille GA 10's Championship
31						
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	Jackpot Drawing				

Special Events

Reception honoring 2010 Fred Haskins Award Recipient *Russell Henley*

Friday, October 8th

Cocktail Buffet: 6:00 p.m. - 7:00 p.m.

Presentation: 7:00 p.m.

Open Bar. Cost is \$25/person.

Space is limited to only 200 people. Dress is business casual.

By Reservation Only. Admittance denied to anyone not on list.



Russell Henley of the University of Georgia is the 2010 winner of the Haskins Award - an award that for 39 years has honored the nation's most outstanding collegiate golfer. The announcement came during the annual Southeastern Amateur Golf Tournament at the Country Club of Columbus following a nationwide vote of college golfers, coaches and media.

- *1st Bulldog golfer to receive Haskins Award, the second from the SEC.
- * Low scorer in the 2010 conference tournament, Georgia's 28th team title.
- * Henley was Golfweek's College Golfer of the Year after finishing atop the Golfweek/Sagarin Ratings. Third in the World Amateur Golf Rankings.
- * Qualified for 2010 U.S. Open at Pebble Beach.
- * PING & Golf Coaches Association of America, "First-Team All-American."
- * Named SEC Player of the Year and to the All-SEC First Team.
- * Won the 2008 Georgia State Amateur at age 19, right here at Idle Hour Country Club.
- * Will play for Team USA in the Palmer Cup in Northern Ireland this summer.

HISTORY OF FRED HASKINS AWARD

Since 1971, the Haskins Commission has honored the contributions of the late Fred Haskins, a legendary teacher of golf at the Country Club of Columbus. While widely known as a club maker, once building a set for Bobby Jones, Haskins' greatest impact was in teaching and inspiring junior golfers. To honor his lifelong dedication to golf and his many teaching accomplishments, in 1971, the Fred Haskins Award was established.

The prestigious Haskins Trophy - nationally regarded as the Heisman of Golf - is presented annually by the Fred Haskins Commission to honor the most outstanding college golfer of the United States. Having given a large portion of his 82 years to golf and to young golfers desiring to learn the game, Fred Haskins died on Sunday, April 5, 1981.

COMEDY NIGHT

with Maryellen Hooper

Wednesday, October 27th

Signature Bar at 6 p.m.

Dinner at 7 p.m.

Show at 8:15 p.m.

\$35/person.



Baby Mixed Greens

*with European Cucumbers, Feta Cheese, Roma Tomatoes
and White Balsamic Cranberry Vinaigrette*

~

Roasted Chicken Roulade

*with Wild Mushroom Stuffing
Grain Mustard Cream Sauce*

~

Key Lime White Chocolate Cheesecake

with Tropical Coulis

She's a veteran of *Comedy Central* and the *1998 Female Comedian of the Year*, a physical story-teller, about her life as a woman, wife and mother - never crude or offensive. No story is too sacred to share with her audience. www.maryellenhooper.com

Banquet **Special**

For a short time only, all 2010 banquet events that are booked by October 15th will receive 10% off of their total bill before service charge and sales tax. In addition, you will receive one complimentary chef's choice of passed hors d'oeuvre for 30 minutes.

Again, your banquet must be booked by October 15th.

*Call to plan your event with Banquet Coordinator Amanda McElmurray
at 757-2415, ext. 226.*



Rob Haver
Wellness Center Director
474-8535, ext. 271

From the Wellness Center

“Follow this morning ritual to get slimmer.”

Ever skip breakfast, secretly hoping you'll fit into your jeans better if you do?

It's a natural thought. Less food in your belly means more room in your waistband, right? Think again. Research shows that skirting the ritual of a morning meal can totally sabotage your waistline by setting you up for minimal calorie burn and a bigger appetite throughout the day.

Break Your Fast

In fact, breakfast skippers are twice as likely as breakfast eaters to pile on pounds, according to the study results. It may be because energy-deprived breakfast skippers tend to be less active throughout the day, so they burn fewer calories. On top of that, when people skip breakfast, their blood levels of ghrelin -- a hunger-inducing hormone -- creep higher, upping the odds of downing a super-sized meal or high-calorie treat later in the day.

More Breakfast Boons

Here's yet another potential benefit of eating breakfast: a richer, happier life. Yes, really! In the study, people who often skipped their a.m. meal reported bigger drops in vitality, social functioning, and mental and emotional well being compared with the breakfast eaters. So, belly up to the breakfast table each morning.



ZUMBA® FITNESS

Zumba classes will resume this month! time is to be announced... don't miss this ever popular class - it's fun! you'll tone up without feeling like you're even trying!

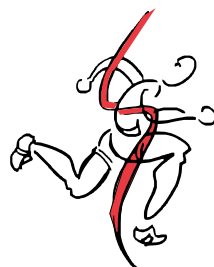
Water Aerobics

will continue at the pool until further notice.



6th Annual IHCC Mini Triathlon

Saturday, September 11th



Member/Guest
5-Lap Pool Swim
9-Mile Bike Ride
2-Mile Run

Remember to take precautions while exercising outdoors in the heat to safely train for this event.

For more information and to sign-up, please call 474-8535 or visit the Wellness Center.

Congratulations to Mark Barrow & Greg Sutton

on recently climbing Mount Rainier in Washington. It towers over the Cascade Range as the most prominent mountain in the contiguous United States and Cascade Volcanic Arc at 14,411 feet. It is the highest mountain in Washington and the Cascade Range. What a feat! Great job, gentlemen!



From the Learning Center

Hold the Shoulders until Last

Bobby Hix

*PGA Director of Instruction
Arnold Blum Golf Learning Center
A Golf Digest Top Teacher*

One of the most common faults we see in players, especially among the poor ones, is unwinding the shoulders too soon on the downswing. Uncoiling them too early causes the clubhead to be cast out beyond the target line, and the shaft is cast over plane and approaches the ball on an outside-to-in swing path. The clubface will usually be open here, also. The result is usually a slice or a pull.

The following drill forces you to restrain your shoulders until late in the downswing, resulting in a swing path from the inside and on plane. You need an old club – preferably an iron – and a wall. Stand several feet from the wall with your back to it and make your normal backswing, freezing your position when you get to the top of your swing. Back slowly toward the wall til the clubhead actually touches it.

Now simulate a downswing, keeping the clubhead against the wall. Note that you can't spin with your shoulders, or the clubhead will come away from the wall. You should feel that your back remains facing the target as your arms are moving the club down the wall. The club may feel behind you also. When your hands have started downward about two feet, the clubhead can leave the wall, and you can swing through the ball.

LGA Events

Tuesday, September 14th – LGA Meeting Day / Scramble
The meeting will begin at 9 a.m.

Thursday, September 23rd – Club 9:
9 Hole scramble format. Fun rules apply. Sign-up in advance by calling the Golf Shop, or show up at the Golf Shop by 8:45 a.m. the morning of play. Play will begin at 9 a.m.

Tuesday, September 28th – 18 Hole Play Day - Mello Yellow
Each team will be given a yellow ball. Team members will alternate holes playing the yellow ball. The score made with the yellow ball will count as the team score for that hole. Net (with handicap) scores only. Sign-up in advance with your group. Make your own starting time.

Tuesday, September 30th – Golf Clinic
Call 477-8777 to sign-up in advance. Clinic begins at 9 a.m.

LADIES' TOURNAMENT RESULTS

LGA Flag Tournament

- 1st – Susan Ogburn
- 2nd – Lynn Neal
- 3rd – Connie Flair
- 4th – Ericha Benshoff
- 5th – Kathy Walker
- 6th – Arja Forester
- 7th – Patti Martin
- 8th – Nelle Barnett
- 9th – Lyn Hicks

Heart of Georgia Ladies' Fun Day

- 1st – Kristin Kinman & Lynn Neal
- 3rd – Beth McSween
- 4th – Arja Forester
- 5th – Ann Senters
- 7th – Susan Ogburn

Golf Committee

Craig Leachman – Golf Chairman
Charlie Boswell, III, Stewart Vernon,
Jeff Long, Joe Howe, Charlie Avant,
Victor Andress, Ed Muse, John White,
Chris Wilson, Bryan Persons,
Georgia Hatcher, George Franklin

2010 LGA Officers

President – Georgia Hatcher
V. P. & Tournaments – Susan Ogburn
Recording Secretary – Kathy Walker
Corresponding Secretary – Dianna Davis
Treasurer – Terri Ramsey

Events

- Sept 1st – LGA Club Championship
- Sept. 6th – Labor Day – Course Open
- Sept. 7th – Course Closed – Aerification
- Sept. 28th – Junior Play Day
- Oct 1st-3rd – Member-Member
- Oct 6th – 8th – Senior Peach Blossom
- Oct 19th – Junior Play Day
- Oct 26th – LGA Member-Guest

Green Fee Specials

Weekly Rate: \$59 + Tax, Includes Cart
Guest Days: \$30 + Tax, Includes Cart
Fridays: November 19th, December 10th

Sales

Select goods are 30-50% off. Select DryJoys, \$109.99, and Contours, \$79. All Polo shirts are marked down to 25% off, and all shorts in the Golf Shop are \$39 or 2 for \$69. Also, odd wedges and hybrids are on sale in the Golf Shop from \$39 to \$59.

Reminder

This applies to all credit that has been earned in the Golf Shop
ALL CREDIT EXPIRES AT THE END OF THE YEAR, NO EXCEPTIONS.
All credit expires on Dec. 31st of each year.
Inquire at 477-2092 or staff@ihcgolf.com.

Golf News

With fall on the way, we are getting new merchandise in to take care of all your needs. We now carry Adidas, Ashworth, and Logo belts. New lines will start coming in at the beginning of this month until November. With the golf course shaping up nicely, so should you! Come into the Golf Shop for all your golf needs. Also remember, all prize credit will expire at the end of this year - no matter when you earned it during the year.



Turfgrass Tales

Summer Stress
Wade Thomas
Director, Greens & Grounds

This record-setting heat has got to end sometime, and we cannot wait to wear our jackets on the golf course! All in all, the greens have held up well through the heat with some thinning in a few areas. They recovered quickly after we raised the height of cut and left them alone. It's easily forgotten that these are living organisms and can only stand so much abuse. Thanks for your understanding during the stressful period of August.

We are moving forward with planning on improvements to the course. Architect Mike Riley is in the process of developing drawings for possible improvements, and he soon will bring these to the Golf Committee for consideration. This is exciting! The Club has come so far over the past twenty years, and it's all because of the membership! You deserve the finest Club. Keep it up!

Nash Rolfes is out on the course getting us through the summer. We ask that you repair your ball marks and fill your divots. He found an old issue of *The Idle Times* from January of 1996 with a list of hole assignments for each member. The first letter of your last name will designate which green and fairway you will be expected to take care of. Please fill your divots and repair your ball marks and one other according to the following:



Nash Rolfes
Superintendent

A-B	Grn 1	I-J	Grn 7	Q-R	Grn 13
C	Grn 2	K-L	Grn 8	S	Grn 14
D	Grn 3	M	Grn 9	T	Grn 15
E-F	Grn 4	N	Grn 10	U-V	Grn 16
G	Grn 5	O	Grn 11	W	Grn 17
H	Grn 6	P	Grn 12	X-Y-Z	Grn 18

Please take pride in your assigned greens. If everyone will participate, the greens will be impeccable! Please call the Maintenance Shop at 477-2373 if you have any concerns.

Eagles & Great Rounds

Jack Moore was playing with Russ Vaughn when he eagled #7 on Sunday, July 25th, using a 6-iron for this feat.

Randy Wright eagled the 6th hole while playing with his normal afternoon group.

Tommy Mixon shot 68 on Wednesday, August 18th, while playing with Raines Newberry and group.

Congratulations, gentlemen!



Club Grounds
Travis Cantrell,
Assistant Superintendent

September is here, and we hope it brings cooler temperatures with it. A majority of our time in the past month has been spent on or around our greens of the Par-3 course, as well as the driving range practice greens. With the extreme temperatures in August, the greens have been severely stressed. With the raised height of cut, we have not been mowing as frequently during the month of August, but we will resume on our normal mowing schedule this month. As the temperatures cool slightly, we will also be lowering the height of cut to improve the green speeds.

We have been setting up portable fans around numerous greens to improve air circulation at night and provide a break in the temperature during the day. As we begin our transition into fall, we look forward to improving the playability of our Par-3 course, and we hope to see you all out enjoying it.



Thursday, October 28th

6:00 p.m. at Tennis Complex
\$8.25/child or adult.

Dress to impress for the contest!

Pepperoni & Cheese Pizza,
Chicken Fingers, Fries, Cookies
Reservations Required, 477-6701.
48-Hour Cancellation.



2010 Tennis Committee

William John O'Shaughnessey, III, Chairman
Lou Holmes, Kimberly Faulkner,
Robin Graham, Julia Wood, Floyd Williams,
Rob Wall, Pat Patton, Ricky Hicks,
Layne Dunwody, Dan Strawn
and Dean Copelan



Notes from Craig

Craig A. Jones
USPTA, USPTR
Director of Tennis

Doubles: Keep it Simple

Always begin a match by pouncing. This will relieve some of the tension and show your opponents that you're an aggressive doubles player!

Serve: Getting your first serve in is most important, even if you need to take a little off your serve.

Returns: 3 Different Returns

1. High percentage across the court.
2. Lob the net player on second serve.
3. Down the line on second serve when up in the game (40-0 or 40-15).

Volley:

1. When the ball is below the net, volley across the court.
2. When the ball is above the net, put it away at the net player or angle.

Overheads: Always try to hit the ball at the opponent at the net because if the baseline player gets to the ball, you will more than likely be lobbed.

Communication: After each point, give positive feedback to your partner and discuss strategies. For example: Chip and charge, lob the net the player, both play back, or serve and volley.

Most Important: Always keep it fun! Doing the same thing over and over will result in a stale and boring tennis game. Try mixing up your game to keep it fun and give your opponents something different to work with!

Drills & Lessons

Men's Saturday Morning Drills

Saturdays, 9:30 a.m. – 11:00 a.m.
For men of all levels.

**Ladies, if you are a 3.5 or 4.0 player, you may join us at this drill!

Starter Level Jr. Tournament Drills

Thursdays, 4:30 p.m. – 5:30 p.m.
Saturdays, 1:00 p.m. – 2:00 p.m.

Jr. Tournament/Advanced Level Drills

Wednesdays, 5:30 p.m. – 7:00 p.m.
Thursdays, 5:30 p.m. – 7:00 p.m.
& Saturdays, 2:00 p.m. – 3:30 p.m.

Tournament Level Players & Advanced Players

Quick Start Drills

Saturdays at 1:00 p.m.

Developed by the USTA for children ages 5 to 8, an exciting new play format for learning tennis, to bring young kids into the game with specialized equipment, such as shorter court dimensions, lower nets and low compression balls. The kids will also be taught how to keep score and play a match.

2.5 - 3.0 Ladies' Open Drills

Fridays, 9:00 a.m. – 10:30 a.m.

3 plus a Pro

Tuesday – Saturday, \$60.00 between 3 players. Three people plus a pro will play for 1 1/2 hours. Three sets of doubles, rotating partners after each set, so that each player pairs with the Pro.

Special Events

Please call the Tennis Shop at 477-6701 to Sign-Up!

Ladies' Boot Camp

Tuesday, September 7th - Friday, September 10th

3.5-4.0 Ladies: 9 a.m. - 10:30 a.m.

2.5-3.0 Ladies: 10:30 a.m. - 12:00 noon

Ladies, you know what time it is! It's time to stretch those muscles, and work on that swing for fall season.

Men's Night Out

Thursday, September 16th

Our weekly tradition, each Thursday night for 8 weeks! It's only \$25.00 and that includes balls, beer, and a great time.

Parent/ Child Round Robin

Saturday, Sept. 25th, 10:00 a.m. – Noon

This event has always been fun in the past! Spend time with your child while playing tennis, doesn't get much better than that!! Call the Tennis Shop to sign-up!

BOO BASH

Thursday, October 28th, 6:00 p.m. at Tennis Complex
Dress to impress for the contest! \$8.25/child or adult includes Pizza, Chicken Fingers, Fries, Cookies. Reservations Required, 477-6701. 48-Hour Cancellation.

Idle Hour Country Club will be hosting the Georgia State 10's Junior Championship

October 30th – November 1st

For more information please visit www.usta.com.



Send address changes to:
THE IDLE TIMES
 251 Idle Hour Drive
 Macon, Georgia 31210

PLEASE DELIVER PROMPTLY

2012

Centennial Membership Directory

Do you have photos or newspaper clippings significant to the Club's history?

If so, please submit them to Executive Administrator Brandy Spires for the 2012 Centennial Membership Directory.

This publication will feature member photographs, as well as an updated Club history. We thank you for your participation!

September 2010 * IHCC Recipe of the Month *Seafood Cioppino*

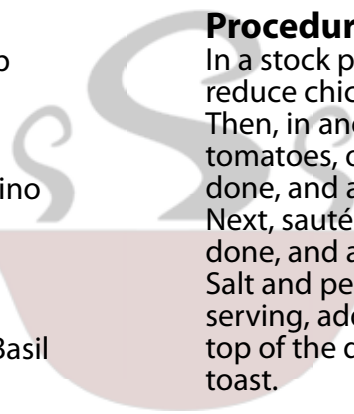
Ingredients

3-4 oz. 26/30 Shrimp
 2 oz. Bay Scallops
 8 oz. Mussels

Broth for the Cioppino
 2 oz. Chicken Stock
 1 cup Tomatoes
 1 Onion, Diced
 4-5 Cloves of Garlic
 1 Sprig of Julienne Basil

Procedure

In a stock pot on medium heat, reduce chicken stock by half. Then, in another pan, sauté tomatoes, onion and garlic until done, and add to the reduction. Next, sauté all seafood until done, and add to the reduction. Salt and pepper to taste. Once serving, add julienne basil to the top of the dish. Serve with garlic toast.



HAUNTED HOUSE

AT IDLE HOUR
 October 28th & 29th

Friendly: 6 - 7 p.m.
 Frightening: 8 p.m. Until

\$5/person
 Bring all your family
 & friends!

By Tennis at the
 Old Maintenance Shed

ONE PRICE
 FOR ALL AGES
 No need to R.S.V.P.



Contact Numbers (478)

Clubhouse (Reservations).....	477-1724
Clubhouse (bypass Receptionist).....	757-2415
Bookkeeping.....	474-2131
Golf Shop.....	477-2092
The Learning Center.....	477-8777
Tennis Shop.....	477-6701
Wellness Center.....	474-8535
Grounds Maintenance.....	477-2373
Youth Building.....	757-2400
Pool.....	757-2403
Fax.....	757-2405
E-mail.....	frontdesk@idlehourclub.com
Website.....	www.idlehourclub.com