

# *The* IDLE TIMES

Volume 20, Issue 11    November 2010



**CONGRATULATIONS!**

**Fred Haskins Award Recipient, Russell Henley**

pictured with Peter Persons, Arnold Blum and A.J. Swann, Jr., all individual SEC Champions



# From the Desk of

Mr. David Ruddell, Jr., CCM  
*General Manager*

We are all very excited as the holiday season draws near. Call now to book the Club for your office parties and family celebrations. We offer one of the finest banquet facilities in Georgia

at a value you can be proud of. Festive holiday decorations exude a warm and inviting ambiance, making the Club almost as comfortable as your own home, thanks to the tireless work of the Greens and Clubhouse staff. Also, our Clubhouse painting project is still underway, and things are looking great. As you pass by the painting contractors around the Club, we thank you for your patience during this time. If you have any concerns, please contact me or anyone on our management team to discuss your thoughts.

We would like to congratulate Bobby Hix on his 2010 Georgia PGA "Teacher of The Year" Award. Way to go, Bobby, as you have been recognized once again for the outstanding instruction you provide our golfers! Also, good luck to Theresa Abercrombie, who has been a dedicated and invaluable employee of Idle Hour for the past seven years. Theresa has accepted a position as the Administrative Assistant to the Vice President for Student Affairs at Wesleyan College. We send our sincere gratitude and best wishes for a bright future. Thanks for all your hard work. We'll miss you!

As "Turkey Day" nears, please don't find yourselves dreading the preparations and cleanup involved in your annual family feast - instead, join us for the Thanksgiving Day Buffet from 11:30 a.m. to 1:30 p.m. The Clubhouse will close at 3:00 p.m. so our staff can enjoy the holiday evening with their families. All we ask is that you call ahead for reservations to ensure accurate preparations are made. Please remember that the 48-Hour Cancellation Policy will apply, and we must have your decreases and cancellations no later than noon on Tuesday, November 23<sup>rd</sup>. Also, make your reservations now for Santa's Arrival on December 11<sup>th</sup>, the Grand Holiday Celebration on December 19<sup>th</sup>, and on New Year's Eve to ring in the new year with the Kinchafoonee Cowboys!

As we continually strive to meet your wishes, please offer your suggestions to us. If I may be of assistance, you may reach me at 477-1724, ext. 223, or [druddell@idlehourclub.com](mailto:druddell@idlehourclub.com).



## 2010 Board of Directors

- Mr. H. Stephen Popper, III - President
- Mr. J. Sam Pearson - Vice President
- Mr. Cubbedge Snow, III - House/Fitness
- Mr. Craig Leachman - Golf
- Mr. Roy "Trip" Walden -  
Long Range Planning/Capital
- Mr. W. John O'Shaughnessey -  
Tennis/Special Projects
- Mr. Mel Jamison - Pool/Youth
- Mr. Bryan Persons - Membership
- Mr. Jimbo Walker - Secretary/Entertainment

## Staff (and extensions)

- David Ruddell, Jr., CCM, General Manager (223)
- Lawrence Rountree, Clubhouse Manager (266)
- Courtney Fendt, Controller (225)
- Brandy Spires, Executive Administrator (222)
- Amanda McElmurray, Events Coordinator (226)
- Victor Pinkney, Executive Chef (229)
- Preston Rolfes, Asst. Mgr. - Sports Bar (267)
- Robert Tillman, III, Asst. Mgr. - The Grille (236)
- Matthew Terry, Asst. Manager - Banquets (267)
- Ray Cutright, Director of Golf (477-2092)
- Wade Thomas, Director of Course (477-2373)
- Craig Jones, USPTA, USPTR,  
Director of Tennis (477-6701)
- Rob Haver, Wellness Director (474-8535)
- Jon Read, Housekeeping Manager (232)
- Leon Hart, Clubhouse Maintenance (231)
- Laura Harris, Human Resources Manager (224)

## The Idle Times

Theresa Abercrombie, Designer & Editor  
[idletimes@live.com](mailto:idletimes@live.com)

## ANNOUNCEMENT

The new Directors of Idle Hour Country Club  
to serve a three-year term beginning  
January 1, 2011

**MIKE KAPLAN**  
**DALY SMITH**  
**SCOTT SPIVEY**

# Membership Information

## Welcome, New Members! Effective October 20, 2010



MR. BERTRAM MAXWELL, IV  
Maxwell Furniture Store  
Vice President  
Sponsor: Mr. Bertram Maxwell, III  
268 Corbin Avenue  
Macon, Georgia 31204  
(478) 714-2792



DR. JOSHUA A. PERKEL  
Urology Specialists of Georgia  
Urologist  
Sponsor: Dr. Timothy M. Grant  
Spouse: Mrs. Anslie Perkel  
115 Broadleaf Drive  
Macon, Georgia 31210  
(478) 474-7762



MR. EDMOND H. WILSON  
State Bank & Trust  
SVP & Regional Senior Lender  
Sponsor: Mr. Daniel M. Forrester  
Spouse: Mrs. Penny Wilson  
172 Barrington Hall Drive  
Macon, Georgia 31220  
(706) 346-0701

## Posted for Membership Effective November 17, 2010

DR. JEFFREY W. LANGFORD  
Cogent Healthcare / Physician  
Sponsor: Mr. Adam W. Griffin  
Spouse: Mrs. Sudie Langford

MR. W. TAYLOR MCNEILL  
US District Court / Federal Law Clerk  
Sponsor: Mrs. McKenzie M. Moore

MRS. ASHLEY N. SHEHATA  
Homemaker  
Sponsor: Dr. Christopher Minette  
Spouse: Dr. Michael Shehata

## Effective December 15, 2010

DR. KEVIN L. STEVENSON  
Neurosurgeon - The Stefanis Group  
Sponsor: Mr. Thomas David Mann  
Spouse: Sara Elizabeth Stevenson

MR. DAVID TATE MORRIS  
Business Manager - Mingledorffs, Inc.  
Sponsor: Mr. George L. Jones  
Spouse: Stephanie Morris

Dr. Joshua B. Glenn  
Pediatric Surgeon  
Medical Center of Central GA  
Sponsor: Dr. Benjie Christie  
Spouse: Leigh Glenn

## EMPLOYEE OF THE MONTH

### Heather Lamason



Please join us in congratulating Heather Lamason on achieving the Employee of the Month Award. Heather has been an employee here at the Club for a total of six years. She is currently Assistant Sous Chef in the Sports Bar and one of the key members on the culinary team. This summer, Heather did an outstanding job running the day-to-day operations of the Youth Building where she hired, trained and supervised the entire team. Heather was also responsible for ordering the food for the Youth Building, the menu design, and the execution of it every day.

In her leisure time, Heather enjoys spending time with family and friends, and her basset hound, "Bo". We are lucky to have such a special individual with multiple hats she can wear on any given day, while always representing Idle Hour's ideals of Integrity, Honesty, Courtesy and Commitment. Keep up the good work, Heather! This award could not have been given to a more deserving person!

## In Sympathy



Our prayers and condolences  
to the family and friends of  
Dr. Milledge Clark Newton  
August 2, 2010

# Club Announcements



## MEMORIAL PROJECT

*President H. Stephen Popper, III*

*We are only as rich as our history... Won't you help us share a wealth of memories with future generations?*

**I**dle Hour has a rich history of almost one hundred years marked by friendship and fellowship all centered around golf, tennis, swimming, fitness and banquet events. If any of these events have represented a memory for your family, to be displayed in a trophy, news article, or merely a photo, please share that with all of us! Whether it's your old swimming uniform from the first Idle Hour swim team, The Idle Hour Porpoise Club, as Cordelia D. Holliday has been so generous to share with us, or even an article from the local paper as recent as this year... We want to know how Idle Hour has affected each of you - and how you have affected Idle Hour!

**H**ow future generations remember us will depend on each member's contributions. With only several items to begin our collection, no artifact is too simple - anything you can share to mark a special place in Idle Hour's history will be much appreciated.

**C**ould it be that the old piece of tin in your attic is from one of Idle Hour's first golf tournaments or that the photo of your great aunt was taken at her wedding in the original Club location, The Log Cabin? Look closely... Dig through boxes and albums, and you will find treasures to share and help shine a light on the early days of the Club where only mysteries currently remain.

**C**onsider yourself a historian just for a day, and go on a mission like Indiana Jones for the Legend of Idle Hour Country Club... It'll be so fun for you and your family to reminisce about lost times - and so rewarding to bring those times to the forefront of Club history to share with current members and future generations. Every member has been a building block for Idle Hour Country Club, and we want to uphold those blocks through time, so that nobody forgets how rich the Club's history is and what it all means to us. We are a family, and generation after generation, we remain proud of our history - just like any other family. So, let's cherish every moment, past present and future, and let's bring our history to life. We will have our history on display soon... and we'd like to share every article - especially yours! Just bring your articles to the office of General Manager David Ruddell, Jr., CCM. ●

# Club Announcements

## Intermediate Member Window of Opportunity

Initiation Fee: \$15,000

Availability: April 1, 2010 - Dec. 31, 2010

Eligibility: Applicant between ages 21-30

Legacy: Candidate or candidate's spouse is a child/grandchild of a present or deceased member in good standing.

### I. Legacy Membership

- a. 20% discount on total initiation fee regardless of membership classification.
- b. Additional 5% discount if member pays in full up front.
- c. Down payment of \$2,500.
- d. On each anniversary of first month in Club, payment of \$1,000 will be due toward initiation fee. Balance due in full at age 35.
- e. Initiation fee may be paid in full at any time.
- f. 0% finance charge.
- g. Sponsor rebate - \$1,000

### II. Non Legacy Intermediate Membership

- a. \$2,500 down payment
- b. On each anniversary of first month in Club, payment of \$1,000 will be due toward initiation fee. Balance due in full at age 35.
- c. Balance can be paid off in full at anytime to receive 10% discount on outstanding balance.
- d. 0% finance charge
- e. Sponsor rebate - \$1,000.

III. Promissory note will be executed.

IV. In the event the member is relocated outside Macon or the six contiguous counties and elects not to become a non-resident member, the balance of the initiation fee will be waived.

V. In the event the member resigns the Club he/she will be obligated to pay 25% of the balance of the initiation fee at the time of resignation.

Monthly Dues: \$261, Monthly Service Charge: \$35  
Quarterly Food Minimum: \$100

## A Look at the Window



Welcome, new Intermediate Members! We are thrilled that you have joined the Idle Hour family during this Window of Opportunity. We agree this has been the most aggressive structure we have ever offered, and we do not anticipate such an offer in the future. As this window comes to a close, we would like to remind you that all applications must be received on or before December 31<sup>st</sup>, as the window **will not** be extended.

We have already posted four new Intermediate members and will welcome two more in mid November. We also have two Intermediates on the waiting list, along with other applicants. As a reminder, the waiting list is growing and the waiting period at this time is typically three to four months. The initiation check is not processed until full approval for membership has been given.

Please contact Executive Administrator Brandy Spires, at 757-2415, extension 222 with questions regarding this Intermediate Window of Opportunity.

# 2012

## Centennial Membership Directory

*Do you have photos or newspaper clippings significant to the Club's history?*

If so, please submit them to Executive Administrator Brandy Spires for the 2012 Centennial Membership Directory.

This publication will feature member photographs, as well as an updated Club history. We thank you for your participation!

# Special Events



## *Wine Dinner*

Wednesday, November 3<sup>rd</sup>

6:30 p.m. - Signature Cocktails

7:00 p.m. - Dinner in Trotters

\$50/person

*Honey Marinated Breast of Duck*  
with Scalloped Sweet Potatoes  
and Apricot Jus

~

*Mixed Micro Greens Salad*  
with Candied Brazilian Nuts,  
Chevre Cheese,  
Red Wine Poached Apple,  
Raspberry Vinaigrette & Apple Drizzle

~

*Ginger Citrus Sorbet*

~

*Cast Iron Skillet Seared Filet Mignon*  
with Warm Lobster Tomato Cole Slaw  
and Veal Demi Glace  
Roasted Garlic Risotto  
French Beans and Parisienne Vegetables

~

*Chocolate and Pear Entremet*

Free Babysitting. Reservations  
Required, 477-1724.

## Thanksgiving Buffet



Thursday, November 25<sup>th</sup>

11:30 a.m. - 1:30 p.m.

*Tossed Garden Salad*

*Herb Roasted Lamb and Tuscan Bean Salad*  
with Raspberry Mint Vinaigrette  
and Toasted Walnuts

*Golden Lentil and Wild Rice Salad*  
with Fresh Basil  
and Caramelized Shallot Vinaigrette

*Spicy Honey Glazed Chicken*  
and Tri-Colored Tortellini Salad  
with Creamy Scallion Vinaigrette  
and Fried Leeks

*Deviled Eggs*

*Fresh Seasonal Fruits and Berries*  
with Peach Yogurt Dipping Sauce

*Candied Yams with Marshmallows*  
*Gouda and Bacon Whipped Potatoes*

*Smoked Wild Mushroom*  
and *Green Bean Casserole*

*Braised Collard Greens*

*Baked Scallop and Shrimp Pie*

*Cornbread Dressing*

*Homemade Cranberry Sauce*

*Carved Roasted Turkey*  
with *Homemade Gravy*

*Carved Prime Rib of Beef Au Jus*

*Pumpkin Custard Pie*

*Turtle Cheesecake*

*Lemon Cream Cake*

*Warm Apple & Cranberry Crisp*

*Ice Cream Station*

\$25 (12 and over)  
\$15 (8-11); \$12 (4-7)  
3 & Under are free.  
Reservations required!



# Special Events



## Santa's Arrival

Make sure you're on the list!  
Call 477-1724 for reservations.

**Saturday, December 11<sup>th</sup>**

**Second Saturday in December!**

Free to watch Santa arrive  
at 10:30 a.m. Sharp!

~

## Appointments with Santa

11:00 a.m. - 2:30 p.m. Included in Brunch price!

Buy a photo, or just use your own camera!

Don't forget the Christmas Marionette Shows:

11:15 a.m. & 12:15 p.m., included in Brunch price!

**The Grille will be closed for breakfast & lunch  
to host the Marionette Shows.**

~

## Santa Brunch

11:00 a.m. - 2:30 p.m.,

\$16/adult, \$12.50 /child. Children 3 and under, free.

*Tossed Garden Salad*

*Fresh Seasonal Fruit & Berries  
with Honey Cinnamon Yogurt Sauce*

*Southern Fried Chicken Fingers*

*Grilled London Broil  
with Wild Mushroom and Caramelized Onion Gray*

*Hickory Smoked Bacon*

*Egg and Cheddar Strata*

*Cinnamon Roll French Toast  
with Caramel, Powdered Sugar and Toasted Pecans*

*Cracked Black Pepper Roasted New Potatoes*

*Sauteed Green Beans and Spaghetti Squash*

*Assorted Holiday Cookies & Mini Cupcakes*

## Grand Holiday Celebration & Holiday Buffet

*Sunday, December 19<sup>th</sup>*

*Family photos available, artisan demonstrations,  
Free Carriage Rides & Dickens Carolers!*

*Buffet: Adults \$25, (8-11) \$15,  
(4-7) \$12, 3 & Under Complimentary.*

### MENU

*Tossed Garden Salad*

*Yukon Gold Potato Salad  
with Herb Sour Cream and Crisp Tasso Ham  
Roasted Asparagus and Artichoke Heart and  
Roma Tomato Salad*

*Grilled Lamb and Orecchitte Pasta Salad  
with Roasted Garlic and Thyme Aioli*

*Toasted Orzo and Wheat Berry Rice Pilaf  
Asiago and Caramelized Onion Scalloped  
Potatoes with Chiffonade Basil*

*Braised Collard Greens*

*Sauteed Ratatouille, Herb Marinara and  
Parmesan Cheese*

*Herb Seared Grouper with Tequila Lime  
Beurre Blanc*

*Southern Fried Chicken*

*Carved Honey baked Ham  
with Cherry Glaze*

*Carved Roasted Prime Rib of Beef  
Au Jus*

*Buche de Noel*

*Gran Marnier Cheesecake*

*Fresh Fruit Torte*

*Rum Raisin Bread Pudding*

*Ice Cream Station*



# November

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Special Events</b> <b>LEGEND</b> Club Special Club Regular Golf LGA Tennis Wellness	1          CLUB CLOSED	2          Jackpot Drawing	3          WINE DINNER <i>free babysitting</i>	4          "2 for 1" Entrees in The Grille & Trotters	5          KEVIN BROWN CHARITY CLASSIC    All-You-Can-Eat Prime Rib & Crab Legs	6          Breakfast in The Grille
7 Sunday Brunch Buffet in the Living Room	8          CLUB CLOSED	9          LGA MEET/SCRAMBLE    Jackpot Drawing	10               Meeting of the Board of Directors	11          "2 for 1" Entrees in The Grille & Trotters   Veteran's Day	12          FALL BRAWL	13 Breakfast in The Grille
14 Sunday Brunch Buffet in the Living Room	15          CLUB CLOSED	16          LGA TURKEY SHOOT    Jackpot Drawing	17               Meeting of the Board of Directors	18          LGA CLUB 9    "2 for 1" Entrees in The Grille & Trotters	19          GOLF GUEST DAY	20 Breakfast in The Grille
21 Sunday Brunch Buffet in the Living Room	22          CLUB CLOSED	23          Jackpot Drawing	24               Meeting of the Board of Directors	25          THANKSGIVING DAY RUN   THANKSGIVING BUFFET   Club closes 3 p.m.	26               THANKSGIVING BUFFET	27 Breakfast in The Grille
28 Sunday Brunch Buffet in the Living Room	29          CLUB CLOSED	30          JR. PLAY DAY <i>Short Tees</i>    Jackpot Drawing	Thanksgiving Buffet Thursday, November 25 <sup>th</sup> 11:30 a.m. - 1:30 p.m. \$25 (12 and over); \$13.50 (8-11); \$10 (4-7). 3 & Under are free. Reservations required!			

# December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<p><b>Santa's Arrival</b>            Call 477-1724 for reservations.  <u>Saturday, December 11<sup>th</sup></u>  <i>Watch Santa arrive at 10:30 a.m. Sharp!</i>  <i>Santa Visits: 11:00 a.m. - 2:30 p.m.</i>  <i>Santa Brunch: 11:00 a.m. - 2:30 p.m.</i>  <i>Marionette Shows, 11:15 a.m./12:15 p.m.</i>  <i>\$12.50/child for brunch, visit and puppet show!</i></p>		1	2	3	4 Breakfast in The Grille
5 Sunday Brunch Buffet in the Living Room  ATHENS VS. IDLE HOUR	6  CLUB CLOSED	7  JR. PLAY DAY Short Tees  Jackpot Drawing	8	9  "2 for 1" Entrees in The Grille & Trotters	10  GOLF GUEST DAY  GIFTS & TOYS ROUND ROBIN	11 No Breakfast in the Grille  SANTA'S ARRIVAL <i>new price includes Brunch!</i>
12 Sunday Brunch Buffet in the Living Room	13  CLUB CLOSED	14  LGA CHRISTMAS BRUNCH  Jackpot Drawing	15  Meeting of the Board of Directors	16  "2 for 1" Entrees in The Grille & Trotters	17	18 Breakfast in The Grille
19  GRAND HOLIDAY BUFFET	20  CLUB CLOSED	21  Jackpot Drawing	22	23  LGA CLUB 9  "2 for 1" Entrees in The Grille & Trotters	24  CHRISTMAS EVE Club closes 3 p.m.	25  CHRISTMAS DAY CLUB CLOSED
26 Sunday Brunch Buffet in the Living Room	27  CLUB CLOSED	28  Jackpot Drawing	29	30  "2 for 1" Entrees in The Grille & Trotters	31  NEW YEAR'S EVE CELEBRATION <i>with the Kinchafoonee Cowboys</i>	

*Special Events*

# New Year's Celebration

Friday, December 31<sup>st</sup>

**KINCHAFOONEE COWBOYS**

9:00 p.m. New Year's Eve - 1:00 a.m. New Year's Day

Guests Welcome, Prizes, All Night Open Bar & Hors d'oeuvres

Don't wait! Get your reservations now!





# From the Wellness Center

**Rob Haver**  
Wellness Center Director  
474-8535, ext. 271

## Protect Your Coffee's Antioxidants with This Serving Style

You could be putting a stranglehold on coffee's health perks by stirring in the wrong stuff. So consider these rules: no nondairy creamer, and go easy on the sweet stuff.

In a recent small study, sugar and nondairy creamers seemed to undo a big chunk of the health benefits of drinking coffee by binding up the good-for-your-body antioxidants in the brew.

**Coffee's Good Stuff** In the small study, coffee drinkers sipped instant joe three different ways -- black, with a little whole milk, or with sugar and nondairy creamer. Blood tests then showed that levels of chlorogenic acids (CGAs) -- antioxidants in coffee that may play a role in the brew's beneficial impact on diabetes risk and more -- were different across the groups. Milk seemed to have little effect on blood levels of the compound, while the lightened, sweetened cup appeared to reduce CGA levels anywhere from 23-29 percent. Researchers aren't sure why sugar and creamer seemed to hamstring the antioxidants in coffee. More research is needed to confirm the effect and also clear up remaining questions about milk (other research has shown that proteins in milk bind with CGAs in tea, making the antioxidants unavailable to the body).

But the bottom line is that the less you put in your coffee, the better it probably is for you. No sugar means no extra calories. And if you must have milk, choose just a splash of fat-free. Whole milk and many nondairy creamers add saturated fat. By Real Age.

Need to work up a Thanksgiving appetite?  
Join us at the

## 2nd Annual Thanksgiving Day 5-Mile Run

*Thursday Nov. 25<sup>th</sup>  
9:00 am.*



Run the golf cart path  
and Idle Hour Drive  
for a race of  
approximately 5-miles.

*Sign-up in the Wellness Center!*

### Safety Note:

It is always hard to find time to workout. Frequently this takes place during the pre-dawn and after dark hours. While running/walking on the roads, please wear reflective clothing or lighted devices. Drivers, please be cautious of pedestrians. Visit Run Fit Sports for your exercise needs.



# Golf News

**Ray Cutright, PGA**  
*Director of Golf Operations*

Bobby Hix, our Director of Instruction, is the recipient of the 2010 Georgia PGA "Teacher of The Year" Award. He joins an incredible list of world class instructors including last year's national winner, Todd Anderson from Sea Island. The list includes many familiar names such as Davis Love Jr., Chan Reeves, Tom Ness, Gale Peterson, Jack Lumpkin, Charles Sorrell, and John Gerring. Bobby was also the recipient of the Georgia Section "Junior Golf Leader" Award in 1994. Thanks to all of you for giving Bobby and our staff the opportunity to realize our dream of teaching and growing the game of golf at Idle Hour.

## **Congratulations!** **Senior Peach Blossom Champions** **Lee Dennis & Doug Stiles**



Thanks to all who participated in the 2010 Senior Peach Blossom! The weather was excellent, and the course was pristine. There were some great shots and great scores all week. Congratulations to Lee Dennis and Doug Stiles for capturing the 2010 Title by narrowly defeating Wally Adams and Steve Collins in a Playoff! Both teams played exceptionally all week, and it showed with such an exciting and close finish. We hope you all enjoyed yourselves, and we expect to see you all again next year.

## **Member-Member Champions** **Craig Leachman & John White**



Thanks to all who participated in the 2010 Member/Member! The weather was excellent, the course was amazing, and the golf was superb. Congratulations to Craig Leachman & John White for capturing the trophy. Well played gentlemen! Joe Starr and George Greer put up a valiant effort coming in a close second. We hope you all enjoyed yourselves. You don't have to wait until next year - join us for a One Day Member-Guest event on Friday, November 12<sup>th</sup>, "The Fall Brawl".



## **Don't Miss the** **Fall Brawl**



**One Day Member/Guest**

**Friday, November 12<sup>th</sup>**

Format: 4 Person Team (2 Members + 2 Guests or 1 Member + 3 Guests)  
Pre-Flighted by Combined Team Handicap. Shoot-out: Following Play on #12  
**\$85 Per Player Includes: Tee Gift, Carts, Prizes, Lunch & Refreshments**

**27 Holes:**

- 9 Hole Best Ball Net (2 Low Ball)
- 9 Hole 4 Person Shamble (2 Low Ball)
- 9 Hole 4 Person Scramble

**Schedule:**

- 8:30 a.m. Shotgun (Round 1)
- 11:00 a.m. - 1:30 p.m. Shotgun (Round 2)  
Box Lunches Provided
- 2:00-4:30 Shotgun (Round 3)
- Shootout begins @ 5:00 pm on #12

## **Hole-In-One**

Bill Matthews on his recent Hole-In-One on #2 at Highlands Country Club in North Carolina.

## **Eagle**

Alan Neal recorded an eagle on #1 with his 5-wood while playing on September 15<sup>th</sup>.

## **Great Round**

Bert Schwartz shot an impressive 66 from the Senior Member Tees on September 17<sup>th</sup>.  
Congratulations, all!



# From the Learning Center

## Prevent the Dreaded 'Spin Out' Move

**Bobby Hix**

*PGA Director of Instruction*

*Arnold Blum Golf Learning Center*

*A Golf Digest Top Teacher*

A common – and deadly – downswing move is prematurely and excessively spinning the body to the left. This almost always causes you to throw the clubhead outside the line of play and over plane on the downswing leading to an outside-to-in swing path and a slice. It also causes your body to lurch well ahead of the ball during the downswing resulting in a steep angle of approach and skied tee shots with the driver. The steep angle of approach is also a common flaw we see in fitting a driver where the spin rate is too high and your tee shots get very little roll.

The following drill forces you to restrain the rotary movement of your body so the arms and hands can swing the clubhead into the ball along the proper swing path, proper plane and at a more level angle.

Assume a square stance and address a ball teed in the exact middle of your stance. Keeping the rest of your body stationary, lift your left heel off of the ground. Now swing and hit the ball without allowing your left heel to return to the ground. Repeat several times.

With your left heel off the ground, it is impossible to return all of your weight to the left side on the downswing. That means you can't spin out with your body at the beginning of the downswing, nor can you slide your body laterally. You'll soon be hitting solid, lower flying and lower spinning shots that start out straight instead of to the left and get that extra roll you would like with your driver.

## LGA Events

### **Tuesday November 9<sup>th</sup> – Meeting Day / Scramble – Election Day:**

Officers for the 2011 LGA year will be elected at the November meeting. Please attend and vote even if you don't plan to play in the Scramble. Teams will be chosen from the LGA Members attending the monthly meeting. All teams will consist of ABCD players based on current handicaps. Players can choose to play either 9 or 18 holes. Scramble format. You may sign up in advance by calling the Golf Shop or sign up at the meeting. The meeting will begin at 9:00 a.m.

### **Tuesday November 16<sup>th</sup> – 18 Hole Play Day – Turkey Shoot :**

Choose your own group and starting time. Play will be individual stroke play net (with handicap) only. Low scores will secure a certificate for a turkey.

**Thursday November 18<sup>th</sup> – Club 9:** Teams will be chosen from the LGA members in attendance the morning of play and all teams will consist of ABCD players based on current handicap or average score and ability. 9 hole scramble format. Fun rules apply. Sign up in advance by calling the Golf Shop or show up at the Golf Shop by 8:45am the morning of play. Play will begin at 9:00 a.m.

## Golf Committee

Craig Leachman – Golf Chairman  
Charlie Boswell, III, Stewart Vernon,  
Jeff Long, Joe Howe, Charlie Avant,  
Victor Andress, Ed Muse, John White, Chris  
Wilson, Bryan Persons,  
Georgia Hatcher, George Franklin

## 2010 LGA Officers

President – Georgia Hatcher  
V. P. & Tournaments – Susan Ogburn  
Recording Secretary – Kathy Walker  
Corresponding Secretary – Dianna Davis  
Treasurer – Terri Ramsey

## Events

Nov 12<sup>th</sup> – Fall Brawl  
Nov 16<sup>th</sup> – LGA Turkey Shoot  
Nov 19<sup>th</sup> – Guest Day  
Nov 30<sup>th</sup> – Junior Play Day  
Dec 7<sup>th</sup> – Junior Play Day  
Dec 10<sup>th</sup> – Guest Day  
Dec 14<sup>th</sup> – LGA Christmas Brunch

## Green Fee Specials

Weekly Rate: \$59 + Tax, Includes Cart  
Guest Days: \$30 + Tax, Includes Cart  
Fridays: November 19<sup>th</sup>, December 10<sup>th</sup>

## Sales

Select Goods are now between 30-50% off. We have select DryJoys at \$109.99 and Contours at \$79. We have odd wedges and hybrids on sale for \$39-\$59.

## Reminders

\*\*\*This applies to all credit that has been earned in the Golf Shop\*\*\*

**ALL CREDIT EXPIRES AT THE END OF THE YEAR, NO EXCEPTIONS.**

*The credit will be cleared from your account on Dec. 31<sup>st</sup>. Please contact the Golf Shop to ask how much credit you have at 477-2092 or staff@ihc golf.com.*

**Everyone: Walking, running, or exercise of any kind is prohibited on the golf course after 8 a.m. This is for safety reasons.**

*Thank you for your cooperation.*

## Golf News

We have a wide variety of FootJoy and Adidas outerwear, along with sweatshirts and long-sleeved golf shirts. The Idle Hour Logo sweatshirts and t-shirts are great gifts. Idle Hour has one more major tournament left on Friday, November 12<sup>th</sup>.

Don't forget about the Fall Brawl!

Sign-up has begun.  
See page 12 for full details!



# Turfgrass Tales

*Let the Sunlight Shine*

**Wade Thomas**

*Director, Greens & Grounds*

After the long summer we endured, the fall is welcome. The greens are rolling perfectly and looking very healthy. We realize many of you are concerned with the bermuda encroachment we experienced during the summer. We have been working this encroachment on the greens and have had great success with the treatments applied for the removal of the bermuda. Nash has come up with an ingenious applicator which targets these areas with pin point accuracy. We will continue removing the bermuda contamination throughout the winter.

Fall is a great opportunity for us to catch up on all of our maintenance on the course and around the shop. We will be cleaning up areas in the woods and grounds that have been in need of improvement. Look forward to a complete detailing of the course and grounds when all the leaves are down!

This winter, we will be working on improving the sunlight and airflow throughout the course in order to grow healthier turf and improve playability. The processes will include extensive pruning and some tree removal in some over-planted areas with inferior turf. We are working with our golf course architect Mike Riley on these processes and are excited about our forward progress with the golf course.

If you have any trees or shrubs to plant or move, now is the time. Wait for the leaves of the deciduous trees to fall off; then, you can safely move and plant your ornamentals. Most people wait until the spring to plant, which is not the best time for installation. For the best success, do your planting in the late fall. If you need to heavily prune your shrubs and trees, winter months are the best. We will be cutting back many plants around the Clubhouse that are outgrowing their areas. Most shrubs can be cut back to the height you want, but feel free to call us if you have any questions.

Please fill your divots and fix your ball marks on the greens. Remember the list of responsibility. Many members have taken pride in caring for their assigned greens. Don't let them out do you. We are giving you our best, so please give us yours. Please contact us at 477-2373 with any questions or concerns. Have a great fall, and leave the course better than you find it!

## Club Grounds

*Travis Cantrell,*

*Assistant Superintendent*

During the month of November, the Club grounds crew will be focusing on areas that we have overseeded with perennial rye grass, which include the driving range tees and targets, as well as all of our bermuda grass on the Club grounds. The driving range tees and targets were top dressed with sand to help the seed germination process. We also applied a granular fertilizer to ensure the nutrients are in the soil for our new grass to grow. Since the bermuda grass on the Club grounds is maintained at a much higher height of cut than the driving range, we scalped it down so the rye grass can overcome it. Both of these two overseeded areas will be watered frequently to help the transition process. All of our winter annual flowers have arrived, and we are working hard to incorporate them throughout the Club grounds.



**Nash Rolfes**

*Superintendent*

The temperatures have finally broken, and we have really enjoyed the October weather. The greens are in great condition, holding shots, and rolling quickly. Our aggressive treatment of the bermuda in the greens has almost worked to perfection.

We are extremely pleased with the results we've seen so far. Our spring applications will be vital in continuing to keep it suppressed.

Now that the bermuda growth has slowed, we can focus more on keeping the course clean. The blowers will be out every day as we prepare for an onslaught of leaves. We have once again sprayed the dark stripe and the perimeter of the fairways to have a visual target to hit to through the winter. A high rate of iron was used to "lock in" the fairway stripes through the winter. It should be an impressive look!



# Notes from Craig

Craig A. Jones  
USPTA, USPTR  
Director of Tennis

## Tennis Drills & Lessons

### Men's Saturday Morning Drills

Saturdays, 9:30 a.m. – 11:00 a.m.

For men of all levels.

\*\*Ladies, if you are a 3.5 or 4.0 player, you may join us at this drill!

### Junior Drills

Thursdays, 4:30 p.m. – 5:30 p.m.

Saturdays, 1:00 p.m. – 2:00 p.m.

For starter level junior tournament players.

### Academy Drills

Wednesdays, 5:30 p.m. – 7:00 p.m.

Thursdays, 5:30 p.m. – 7:00 p.m.

& Saturdays, 2:00 p.m. – 3:30 p.m.

Drills for tournament and advanced level players.

### Quick Start Drills

Saturdays at 1:00 p.m.

Developed by the USTA for children ages 5 to 8, this is an exciting new play format for learning tennis, to bring young kids into the game with specialized equipment, such as shorter court dimensions, lower nets and low compression balls.

The kids will also be taught how to keep score and play a match.

### 2.5 - 3.0 Ladies' Open Drills

Fridays, 9:00 a.m. – 10:30 a.m.

### 3 plus a Pro

Tuesday – Saturday, \$60.00 between 3 players. Three people plus a Pro will play for 1 1/2 hours. Three sets of doubles, rotating partners after each set, so that each player pairs with the Pro.

### Cardio Tennis

Wednesdays, 10:00 a.m. - 11:00 a.m.

Let's get that heart pumping!

Looking for a fun way to stay in shape?

This is for you! Have fun exercising to music while hitting lots of tennis balls!

Open to all levels of play!

Congratulations to the junior tennis academy on their recent win at the Franklin Cup! The Academy traveled to Georgetown, South Carolina, to play in a Cancer fundraiser tournament called the Franklin Cup. Three other Academies were there from Atlanta and South Carolina. Congratulations to all the Juniors who competed in the tournament!

## Tennis Special Events

Please call the Tennis Shop at 477-6701 to Sign-Up!

### Idle Hour Country Club will be hosting the Georgia State 10's Jr. Championship

October 30<sup>th</sup> – November 1<sup>st</sup>

The top junior Girl's and Boy's 10's in the State will compete against each other for the title!

You don't want to miss this!

For more information please visit [www.usta.com](http://www.usta.com).

### Athens vs. Idle Hour

Sunday, December 5<sup>th</sup>

Gentlemen! We're looking for Idle Hour's finest male players to help us beat Athens Country Club! Play will begin Sunday morning around 10:00 am, followed by a catered lunch. After lunch, we will resume play until the afternoon. Hopefully, we will be traveling back home to Idle Hour with the Cup!

This is always a very fun yet competitive trip.

Don't miss out! If you are interested in going on the trip, please contact us at the Tennis Shop!

### Santa's Gifts & Toys Round Robin

Friday, December 10<sup>th</sup>

Ladies, join in to make a child's Christmas special!

Call the Tennis Shop to sign-up!

## Congratulations!



Parent/Child Round Robin winners, Ashley Copelan and Halen Fulk!



Academy at Franklin Cup Tournament

## Last Chance Men's Night Out

Thursday, November, 4<sup>th</sup>

We hope all the men who participated had a great time! Please join us for the Spring Session! Details coming soon.



Send address changes to:  
**THE IDLE TIMES**  
 251 Idle Hour Drive  
 Macon, Georgia 31210

**PLEASE DELIVER PROMPTLY**

**Contact Numbers (478)**

Clubhouse (Reservations).....477-1724  
 Clubhouse (bypass Receptionist).....757-2415  
 Bookkeeping.....474-2131  
 Golf Shop.....477-2092  
 The Learning Center.....477-8777  
 Tennis Shop.....477-6701  
 Wellness Center.....474-8535  
 Grounds Maintenance.....477-2373  
 Youth Building.....757-2400  
 Pool.....757-2403  
 Fax.....757-2405  
 E-mail.....frontdesk@idlehourclub.com  
 Website.....www.idlehourclub.com

**November 2010 \* IHCC Recipe of the Month**

*Manhattan Clam Chowder*

- |                       |                               |
|-----------------------|-------------------------------|
| 1 can Chopped Clams   | 1 Bay Leaf                    |
| 1 can Clam Juice      | 1 tsp. Fresh Thyme            |
| 1 Yellow Onion        | 1/2 tsp. Worcestershire Sauce |
| 2 Whole Carrot        | 1/2 tsp. Tabasco Sauce        |
| 3 Celery Stalks       | 1 tsp. Old Bay Seasoning      |
| 2 Leeks               | 1/2 tsp. Non-Iodized Salt     |
| 1 Green Bell Pepper   | 1/2 tsp. Ground White Pepper  |
| 1 tsp. Chopped Garlic | 4 oz. Smithfield Country Ham  |
| 12 5x6 Tomatoes       | 1 oz. Cooking Oil             |
| 2 Idaho Potatoes      |                               |

**November 2010 \* IHCC Recipe of the Month**

*Manhattan Clam Chowder*

(continued)

- Wash and medium dice onion, carrot, celery, leek, and bell peppers.
- Fine chop salted ham and saute with oil in large rondeau (soup pot).
- Add diced vegetables and saute until tender.
- Add clams and broth and bring to a simmer.
- Peel the potatoes. Then, dice the tomatoes and potatoes and add to the broth. Add all seasonings except salt and simmer for 30 minutes.
- Salt and pepper to taste. Garnish with fresh thyme sprig.
- Serve with oyster crackers.

**Hours of Operation**

Sunday Buffet in the Living Room  
*Reserved seating available in Trotters, Grille & Club Room*  
 Club Room: Age restrictions apply. See below.  
 Sunday.....11:30am-2:00pm

**The Grille**

*Reserved seating available. Family Dining.*

**Breakfast & Lunch Service**

Tuesday - Sunday.....11:30pm-2:30pm  
 Saturday Breakfast.....7:30am-2:30pm

**Dinner Service**

Tuesday - Thursday.....5:00pm-9:00pm  
*RESERVATIONS RECOMMENDED FOR*  
*Thursday Night "2-for-1" in Grille & Trotters*  
 Friday & Saturday.....5:00pm-9:30pm  
*RESERVATIONS RECOMMENDED FOR*  
 First Friday "All You Can Eat Prime Rib & Crab Legs"  
 Sunday.....5:00pm-9:00pm

**The Sports Bar & Club Room**

*Reserved seating available in Club Room.*  
 Club Room: Must be at least 18 years old.  
 Ages 18-20 only accompanied by adult over 21.  
 Sports Bar: MUST BE AT LEAST 21 YEARS OLD.

**Menu Service**

Tuesday - Thursday & Sunday..1:30am-9:30pm  
 Friday & Saturday.....11:30am-10:00pm

**Bar Service Hours**

Tuesday - Thursday...11:30am-11:00pm  
 Friday & Saturday....11:30am-Midnight  
 Sunday.....12:30pm-10:00pm

**Men's Locker Room Attendant**

Tuesday - Friday.....8:30am-Dusk  
 Saturday & Sunday.....6:30am-Dusk  
**Men's Grille**  
 Tuesday - Sunday.....11:30am-8:30pm