

# The Idle Times

Volume 17, Issue 7 July 2007

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*Bridge*

### Celebrate America & Enjoy the Club!

Poolside Buffet

Complimentary Keg

Pool Games

Children's Carnival

Patio Dinner Buffet

& Entertainment by Keith Williams





# From the Desk of

**Jeffrey W. Orkus, CCM**  
*General Manager*

There are a number of important projects that have already begun, and many more will begin in the next couple of weeks.

The first project is the addition/relocation of a number of tees on the Golf Course, along with the renovation of #16 fairway. The project started on June 18<sup>th</sup> with the removal of a number of trees around the course; this will aid in the lengthening of several holes. By late June, we had begun renovation of #16 fairway. We expect for this project to take approximately 60 to 90 days to complete, depending on weather conditions. We have placed temporary tees in locations where the existing tees will be, so that you may continue to enjoy your golf course.

The second project, renovation of the Sports Bar and Club Room, will commence in the upcoming weeks. We expect to begin demolition in the middle of July and to have completed the project by the middle of September. We will keep you posted as to the exact dates and duration of this renovation. However, during this time, we will utilize the following service plan throughout the Clubhouse:

The Men's Grille will remain open normal hours. Additional staff will be scheduled for this area, as we will continue limited menu service from the Sports Bar kitchen. We will host a small lunch buffet in the Men's Grille on Saturdays during this time frame.

Trotters will be open for Grille menu service on Tuesday, Thursday and Friday evenings. Reservations will be available. The Grille will remain open with its current schedule. Additional staff will be scheduled according to the increase in volume. We will take reservations for tables in The Grille during this time. Outdoor dining on the Patio will be available with Grille menu service. Each day, there will be a table set up with iced water just inside the door from #12 tee.

We apologize for any inconvenience during this time. Please keep in mind that the result will be a beautifully updated Sports Bar and Club Room.

Additionally, I would like to remind everyone that the Clubhouse will exercise our Annual Shutdown from July 23<sup>rd</sup> to July 30<sup>th</sup>, reopening for service on Tuesday, July 31<sup>st</sup>. During this time, the Staff will be able to accomplish a number of deep cleaning projects that cannot be completed during our normal business hours. The Pool and Youth Building, Golf Course and Tennis Courts, Fitness Center and Locker rooms will adhere to their normal schedule.

On a final note, the Board asked that I request the membership to refrain from using their cell phones on the Golf Course in an effort to better manage the pace of play. Pace of play is always a concern for the Golf Staff and the Golf Committee. Every effort to accomplish our goal of 4 hours and 15 minutes will be greatly appreciated.

I hope that you are enjoying your summer at IHCC. If I may be of any assistance to you or your family, please do not hesitate to contact me at 477-1724 or by email at [Jorkus@idlehourclub.com](mailto:Jorkus@idlehourclub.com).

## The Idle Times

Rebecca Harris, Executive Administrator  
Theresa Abercrombie, Designer & Editor

## 2007 Board of Directors

Dr. William V. Argo, Jr.

President

Mr. Charles E. Pollock, Jr.

Vice President & House

Mr. Stephen M. Welsh

Treasurer, Finance

Mr. Albert L. Edge

Secretary, Fitness, & Golf Assistant

Mr. N. Henry Davis

Entertainment

Mr. George E. Youmans, Jr.

Membership

Dr. Edsel D. Davis

Golf

Mr. Jeffery L. Avant

Long Range Planning & Pool

Mr. James R. McLemore, Jr.

Tennis

## Staff

Jeffrey Orkus, CCM, General Manager

Lawrence Rountree, Clubhouse Manager

Courtney Fendt, Controller

Rebecca Harris, Executive Administrator,

Club Events Coordinator

Jason Knowlton, Executive Chef

Nick Banks, Assistant Manager

Chad Rodeheaver, Assistant Manager

Amanda McElmurray, Banquet Coordinator

Meagon Davis, Human Resources Manager

Ray Cutright, Director of Golf

Kirk Hice, Head Golf Professional

Wade Thomas, Director of Course

Craig Jones, USPTA, USPTR,

Director of Tennis

Rob Haver, Wellness Director

John Read, Housekeeping Manager

## Contact Numbers (478)

Clubhouse (Reservations).....477-1724

Bookkeeping.....474-2131

Golf Shop.....477-2092

The Learning Center.....477-8777

Tennis Shop.....477-6701

Wellness Center.....474-8535

Grounds Maintenance.....477-2373

Youth Building.....757-2400

Pool.....757-2403

E-mail.....[IHCC@idlehourclub.com](mailto:IHCC@idlehourclub.com)

Website.....[www.idlehourclub.com](http://www.idlehourclub.com)

## Welcome, New Members! Effective June 20, 2007



MR. GEORGE L. JONES  
Manager/L.E. Schwartz & Son, Inc.  
Sponsor: Steven L. Kruger  
Spouse: Kelley Jones  
128 Brookefield Drive  
Macon, Georgia 31210  
478-471-1272



MR. WADE A. KOVACS  
Sales Rep./Medtronic, Inc.  
Sponsor: Peter Persons  
Spouse: Erin W. Kovacs  
3105 Ingleside Avenue  
Macon, Georgia 31204  
478-755-0755



MR. BLAKE C. SHARPTON  
Associate/Jones, Cork & Miller, LLP  
Sponsor: Hubert Lovein  
Spouse: Anna Sharpton  
214 Buford Place  
Macon, Georgia 31204  
478-722-8310

*Any comments concerning those posted for membership may be directed to the Membership Chairman, Mr. George E. Youmans, Jr.*

## Posted for Membership Effective July 17, 2007

MR. DEREK S. CULP  
VP – Trust Officer/Bank of America  
Sponsor: Donald C. Eubanks  
Spouse: Elizabeth Eubanks Culp

MR. JOHN D. HOUSER  
President-CEO/Southern Trust Insurance Co.  
Sponsor: William H. Anderson, II  
Spouse: Dottie Houser

MR. ANDREW J. SUTHERLAND  
VP- Financial Advisor/Morgan Keegan & Co.  
Sponsor: C. Emory Johnson  
Spouse: Margaret Johnson Sutherland

## Effective August 15, 2007

MR. JON R. HAWK  
Partner/Sell & Melton, LLP  
Sponsor: Mr. Coleman Tidwell, Jr.  
Spouse: Mrs. Karen R. Hawk

MRS. REBECCA FISHER RALEY  
Realtor/Sheridan, Soloman & Associates, LLC  
Sponsor: Mr. John R. Haugabook, IV  
Spouse: Robert W. Raley

## Do you... **YAHOO!**

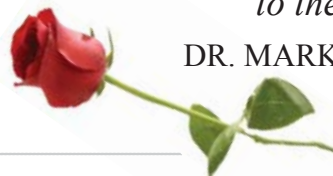
Idle Hour now has wireless internet throughout the Clubhouse. We also have audio-visual equipment and conference call capability. To schedule your “wireless” seminar, please call Banquet Coordinator, Amanda McElmurray, at 477-1724, x226.



## In Sympathy

*Please offer your prayers and condolences to the family and friends of*

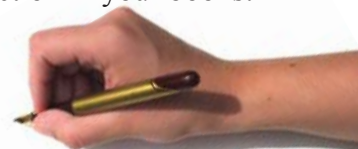
DR. MARK RICHARD WILLIAMS  
June 3, 2007



## Directory Correction

The following listing was misprinted in the Pictorial Membership Directory. We sincerely apologize for the error. Please mark this correction in your books:

Mrs. Barbara Woodall Flournoy  
4112 Canyon Road  
Macon, Georgia 31210  
477-8420



# Special Announcements

## BRIDGE PLAY

The House Committee and the Board of Directors have approved the following change to our current Bridge policy: ***Members may bring guests for bridge play at no charge to the member or guest(s); however, guests must not out-number members in any bridge group.***

The Bridge policy also mandates that

- \* Bridge service begins at 10:00 a.m. Tuesday - Saturday. There is no Bridge service on Sundays. Games may begin before service at the discretion of your group.
- \* Bridge reservations may be set for the current and following month only.
- \* Reservation cards will be placed on reserved tables. Please respect them. If a table does not have a reservation card, it may have just been reserved. Please call ahead or stop by the Front Desk to check availability of tables and to request Bridge service.
- \* The "Ladies Card Room" is the only room where firm reservations may be made. All other rooms (i.e., the Living Room, Boardroom, etc.) may become unavailable for Bridge as private functions are scheduled. We will notify the group hostess when this occurs.
- \* The Club Room may be reserved for lunch and is available for walk-ins depending upon availability.

***Please note that score pads and pencils are always available at the Front Desk. We also try to keep a spare set of cards in stock.***

Bridge is ever increasing in popularity at Idle Hour. We will always do our best to accommodate each group. Tuesdays and Wednesdays are our busiest days. It may be more feasible to reserve the tables of your choice on an alternative day of the week.

We encourage your feedback and suggestions. Thank you for helping us to better serve you.

## MEN'S LOCKER ROOM

### *Amendment to Age Restrictions*

The House Committee recommended and the Board approved to change the current age restrictions for the Men's Locker Room to "mirror" those of the Sports Bar and Club Room:

***Effective July 1<sup>st</sup>, you must be at least 21 years old to enter the Men's Locker Room. The only exception is for those who are at least 18 years old and accompanied by a member or parent at least 21 years old.***

## SUMMER MUSIC ON THE PATIO

*More events to be announced!*

Shane Bridges was a big hit on Friday, June 22<sup>nd</sup>. More than 200 people were audience to this rising star.



*Remember that you must R.S.V.P. to these events so that proper accommodations will be available for all who attend.*



# 4<sup>th</sup> of July Celebration

## Poolside Buffet

11:30 a.m. - 2:30 p.m.

Complimentary Keg Beer

Adults \$12

Children (4-11) \$6

Children 3 & under, no charge.

Fresh Seasonal Fruit Bowl  
with Assorted Breads  
Condiments and Relish

Chicken Fingers  
Hamburgers  
Hot Dogs  
French Fries

Assorted Cookies

## Fireworks at Dark!

Pool Games  
3 p.m. - 5 p.m.

## Children's Carnival

6 p.m. - 9 p.m.

Behind Tennis Courts

Spin Art

Cotton Candy

Snow Cones

Airbrush Tattoos

Obstacle Course

Giant Slide

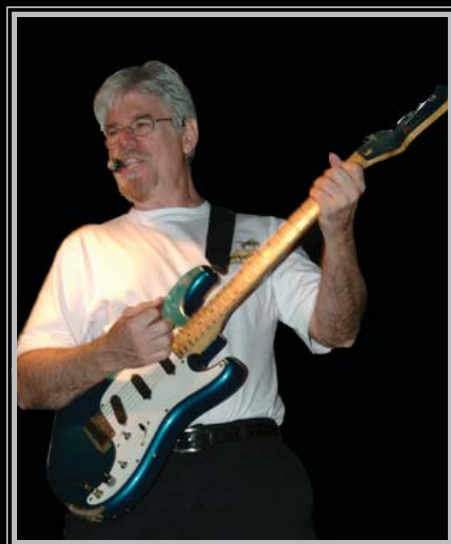
Rock Wall

## Patio Dinner Buffet

with Music by Keith Williams

6:00 p.m. - 9 p.m.

Adults \$18.50; Children (4-11) \$11.00



Cole slaw  
Potato Salad  
Sliced Watermelon  
Pulled BBQ Pork  
Hamburgers  
Hot Dogs  
Corn on the Cobb  
Baked Beans  
Onion Rings  
French Fries  
Fresh Berry Shortcake  
Funnel Cakes  
Assorted Ice Cream Bars

*The Grille will be open regular hours.*

*Sports Bar & Club Room will close at 5 p.m. Youth Building will close at 6 p.m.*

## FAMILY BINGO

Wednesday, July 11<sup>th</sup>

Theme: Wear your Red, White & Blue

6:00 Cocktails



6:30 Adult & Children's Buffet

7:00 Bingo

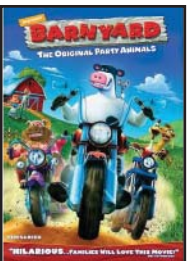
Adults \$10; Children ages 4-11 \$7.95;  
Children 3 & under are free!

Price includes one bingo card per person, dinner & Bingo!  
48-hour Cancellation Policy.

## Dive-In Movie at Dark

 July 27<sup>th</sup> 

### Barn Yard: Party Animals



July 27<sup>th</sup>

Rated PG. 90 min.

Genre: Animation, Comedy, Family

Move over, all you pretenders... Here are the original party animals - the animated gang of Barnyard! This

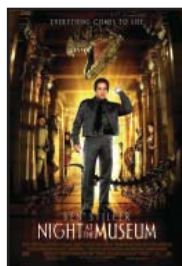
laugh-filled adventure stars Otis, a carefree cow who spends his days singing, dancing and playing tricks on humans... much to the dismay of his father, Ben. Wild, wacky and "udderly" hilarious, here's a herd of animated pranksters that'll keep you laughing out loud! Featuring voices by Kevin James, Courtney Cox, Wanda Sykes, Danny Glover and Sam Elliot.

**Don't forget to bring your floats!**

Don't miss our next Dive-In Movie  
Friday, August 31<sup>st</sup>

### Night at The Museum

Rated PG-13. 108 minutes  
Starring Ben Stiller



## THE VARSITY

Monday, September 3<sup>rd</sup>



12:00 ~ Complimentary Keg  
3 p.m. - 5 p.m. ~ Pool Games  
5 p.m. - 8 p.m. ~ THE VARSITY  
*with Music by Keith Williams!*  
*The Youth Building will not offer menu service during this time: only ice cream, beverages and other cold items.*

ALL YOU CAN EAT  
\$16/person (adults & children)  
*Hot Dogs & Hamburgers  
French Fries & Onion Rings  
Soft Drinks & Frosted Orange*

The Club will be open Labor Day  
Monday, September 3<sup>rd</sup>.

The Club will be closed on  
Tuesday, September 4<sup>th</sup>.

**Please RSVP for dinner.**  
**48-Hour Cancellation Notice.**

# Neal Boortz

Nationally Syndicated Radio Host, Best-Selling Author

## *The Talkmaster*

*The High Priest of the Church of the Painful Truth*

He has been edifying, infuriating, and entertaining talk radio audiences for more than three decades with his blend of straight talk and twisted humor.

Now, the author of the smash number one bestseller *The FairTax Book* and *Somebody's Gotta Say It* may be bringing his blend of "irresistible wisecracks and irrefutable libertarian wisdom" to IHCC!

*To express interest in hearing Neal Boortz, just call 477-1724.*



**Listen Live!**  
8:30 a.m. - 1 p.m.  
AM750 WSB

## A Review of Neal Boortz

*Thought provoking and entertaining are the first words that come to mind when I start to describe Neal's talk at our conference. He had everyone's full attention from the start as he brought us up to date on the latest from Washington and then responded to comments and questions. He is considerate of every opinion and gives thoughtful responses. Neal is not a liberal or conservative, I'd call him a "practitioner of common sense." The whole group loved him. We even had people who were not part of our group stopping in to listen!*  
--Steve Touchton/President R J Griffin & Company




Are  
you  
interested?

You  
**MUST**

Let  
Us  
Know...

Call  
today!  
477-1724

# July

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1  Sunday Brunch Buffet in the Living Room	2  CLUB CLOSED	3  Jackpot Drawing	4 INDEPENDENCE DAY CELEBRATION <i>Keith Williams on the Back Patio 6 p.m. - 9 p.m.</i>  4 <sup>th</sup> OF JULY	5  "2 for 1" Entrees in The Grille & Trotters	6  All-You-Can-Eat Prime Rib & Crab Legs	7  Breakfast in The Grille
8  Sunday Brunch Buffet in the Living Room	9  CLUB CLOSED	10  Jackpot Drawing	11  FAMILY BINGO <i>Red, White &amp; Blue</i>	12 JUNIOR GOLF CLINIC	13  JUNIOR RULES CLINIC	14  Breakfast in The Grille
<b>DAY CAMP AGE 6, 7 &amp; 8 / JUNIOR GOLF CAMP</b>						
15  Sunday Brunch Buffet in the Living Room	16  CLUB CLOSED	17  Jackpot Drawing	18  FAMILY BINGO <i>Red, White &amp; Blue</i>	19  "2 for 1" Entrees in The Grille & Trotters	20  All-You-Can-Eat Prime Rib & Crab Legs	21  Breakfast in The Grille
<b>DAY CAMP AGE 6, 7 &amp; 8 / BEGINNER-ADVANCED TENNIS CAMP / JUNIOR GOLF CAMP</b>						
22  Sunday Brunch Buffet in the Living Room	23  CLUB CLOSED	24  Jackpot Drawing	25  SENIOR GOLF SCHOOL <i>Meeting of the Board of Directors</i>	26  "2 for 1" Entrees in The Grille & Trotters	27  All-You-Can-Eat Prime Rib & Crab Legs	28  Breakfast in The Grille
<b>DAY CAMP AGE 6, 7 &amp; 8 / TEEN CAMP AGE 9-13</b>						
<b>ALL SPORTS CAMP</b>						
<b>ANNUAL CLUBHOUSE SHUTDOWN</b>						
29  Sunday Brunch Buffet in the Living Room	30  CLUBHOUSE SHUTDOWN	31  Jackpot Drawing	<b>Poolside Buffet</b> <i>11:30 a.m. - 2:30 p.m.</i> <i>Complimentary Keg Beer</i> <i>Adults \$12</i> <i>Children (4-11) \$6</i>  <b>Pool Games</b> <i>3 p.m. - 5 p.m.</i>	 <b>Fireworks at Dark!</b>		<b>Children's Carnival</b> <i>6 p.m. - 9 p.m.</i>  <b>Patio Dinner Buffet</b> <i>6 p.m. - 9 p.m.</i> <i>with music by Keith Williams</i> <i>Adults \$12</i> <i>Children (4-11) \$6</i>



# August

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>IF YOU HAVE LOST ITEMS AT THE POOL, PLEASE STOP BY THE FRONT DESK.</p> <p>Items brought up to the Front Desk before July 1<sup>st</sup> will be donated to charity August 1<sup>st</sup>.</p>			1	2	3	4 Breakfast in The Grille
			<b>(JULY 31 - AUG. 3) DAY CAMP AGE 6, 7 &amp; 8 / PEE WEE TENNIS CAMP</b>			
5  Sunday Brunch Buffet in the Living Room	6  CLUB CLOSED	7  Jackpot Drawing	8  FAMILY BINGO <i>Hawaiian</i>	9  JUNIOR GOLF CLINIC  "2 for 1" Entrees in The Grille & Trotters	10  All-You-Can-Eat Prime Rib & Crab Legs	11  Breakfast in The Grille
12  Sunday Brunch Buffet in the Living Room	13  CLUB CLOSED	14  SENIOR GOLF SCHOOL  Jackpot Drawing	15  <i>Meeting of the Board of Directors</i>	16  "2 for 1" Entrees in The Grille & Trotters	17  All-You-Can-Eat Prime Rib & Crab Legs	18  Breakfast in The Grille IDLE HOUR TENNIS OPEN MEMBER - GUEST TRIATHLON
19  Sunday Brunch Buffet in the Living Room	20  CLUB CLOSED	21  Jackpot Drawing	22	23  "2 for 1" Entrees in The Grille & Trotters	24  All-You-Can-Eat Prime Rib & Crab Legs	25  Breakfast in The Grille  IHCC JUNIOR TENNIS CHAMPIONSHIP
26  IHCC JUNIOR TENNIS CHAMPIONSHIP  Sunday Brunch Buffet in the Living Room	27  CLUB CLOSED	28  Jackpot Drawing	29	30  "2 for 1" Entrees in The Grille & Trotters	31  DIVE-IN MOVIE <i>A Night at the Museum</i>  All-You-Can-Eat Prime Rib & Crab Legs	 <b>WANT BOORTZ? CALL 477-1724</b>

# MEMBER-GUEST TRIATHLON

*Saturday, August 18<sup>th</sup>, 8:00 a.m.*

*Do you have what it takes to defeat two-time champions  
Chris Wilson & Lori Brewer?*

**Start training now!**

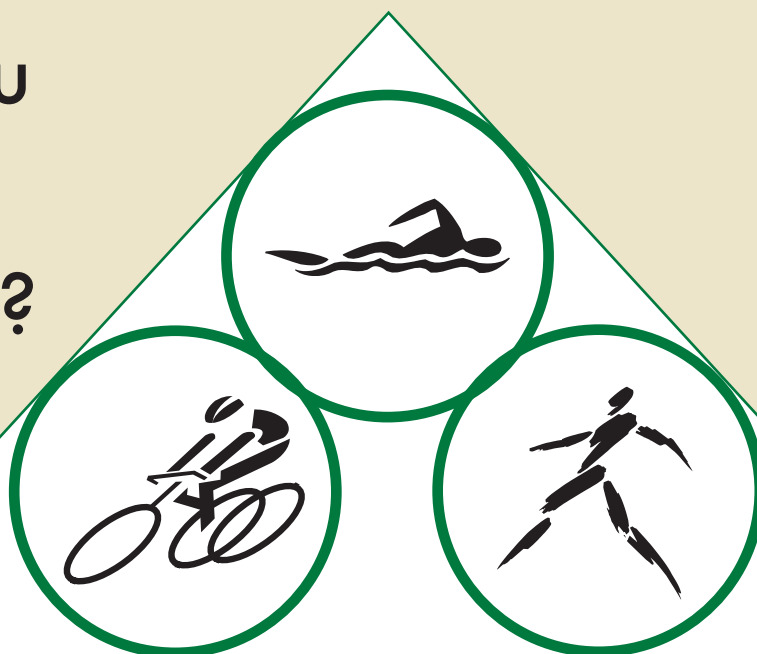
*Swim Training with Elizabeth Jones*

*July 16<sup>th</sup>, 18<sup>th</sup>, 23<sup>rd</sup>, 25<sup>th</sup>, 28<sup>th</sup>, 30<sup>th</sup>, August 1<sup>st</sup> & 4<sup>th</sup>  
Monday & Wednesday classes at 8:00 a.m. Saturday classes at 9:00 a.m.*

**5-Lap Swim, 9-mile Bike, 2-mile Run**

Are you  
tough  
enough?

Go for  
the  
Gold!



**THIRD ANNUAL IHCC MEMBER-GUEST TRIATHLON**

*\$15 Entree Fee. Please Sign-Up In The Wellness Center.*

**474-8535**



## From the Desk of Rob Haver

Wellness Center Director

It's time to start training for IHCC's 3<sup>rd</sup> Annual Member-Guest Triathlon. The course and distances will be the same as in years past: 5-lap swim in the pool,

9-mile bike through Country Club Estates and St. Andrews and 2-mile run on the front nine holes of the golf course. Chris Wilson and Lori Brewer are our defending champions, and winners of the 2005 and 2006 Triathlons. Maybe you have what it takes to become the 2007 Triathlon champion! The date for this year's event is Saturday, August 18<sup>th</sup> at 8:00 a.m. The entree fee is \$15. Please sign-up in the Wellness Center, or call 474-8535.

Looking to improve on your swim techniques? Elizabeth Jones, who has participated in numerous Iron Man Triathlons, has set aside eight dates over the summer to assist race participants on their swim stroke. The dates are July 16<sup>th</sup>, 18<sup>th</sup>, 23<sup>rd</sup>, 25<sup>th</sup>, 28<sup>th</sup>, 30<sup>th</sup>, August 1<sup>st</sup>, 4<sup>th</sup>. The Monday and Wednesday classes will be at 8:00 a.m., and Saturday classes will be at 9:00 a.m. There is a \$10 fee per 30-45 minute class; participants must provide goggles and swim cap, if needed. You may drop in for the classes, but please call Rob at 474-8535 to R.S.V.P. If these dates conflict with your schedule, or you would like additional instruction, please contact Elizabeth Jones at 477-7327.

## ATTENTION GOLFERS!

Would you like to consistently hit the ball farther and straighter, while reducing the stress on your back?

**We offer a Pilates class on Thursday evenings at 6 p.m.**

Pilates develops a solid core, strength with flexibility, stability, balance and posture. The famous professional golf instructor, Butch Harmon, is an advocate of Pilates and endorses his own video. After taking a class, contact me at 474-8535 for your own golf conditioning program.

## Fitness Tip:

### Can this actually reverse aging?

Resistance training not only makes you feel and look better, but it can also reverse aging, making muscles younger through regular workouts, according to researchers from the Buck Institute for Age Research in Novato, California and McMaster University Medical School in Hamilton, Ontario. They claim the proof is in "genetic fingerprints" that show that human tissue becomes younger after resistance training.

The study: Twenty-five healthy men and women with an average age of 70 engaged in twice-weekly, one-hour resistance training for six months using standard gym equipment. In addition, 25 students from McMaster University with an average age of 26 participated. Before-and-after tissue samples were taken from the thigh muscle of each participant.

First, here's a lesson from Biology 101: Mitochondria act as the "powerhouse" of cells. Using the tissue samples, the researchers conducted gene expression profiles involving age-specific mitochondrial function. Multiple studies have suggested that mitochondrial dysfunction is involved in the loss of muscle mass and functional impairment commonly seen in older people. The study was the first to examine the gene expression profile, or the molecular "fingerprint," of aging in healthy disease-free humans.

The results: In the older adults, there was a decline in mitochondrial function with age; however, exercise resulted in a remarkable reversal of the genetic fingerprint back to levels similar to those seen in the younger adults. The study also measured muscle strength. Before exercise training, the older adults were 59 percent weaker than the younger adults, but after the training, the strength of the older adults improved by about 50 percent, such that they were only 38 percent weaker than the young adults. "We were very surprised by the results of the study," said study co-author and genetic scientist Simon Melov of the Buck Institute. "We expected to see gene expressions that stayed fairly steady in the older adults. The fact that their 'genetic fingerprints' so dramatically reversed course gives credence to the value of exercise, not only as a means of improving health, but of reversing the aging process itself, which is an additional incentive to exercise as you get older." Dr. Mark Tarnopolsky of the McMaster University Medical Center, added, "This shows that it's never too late to start exercising and that you don't have to spend your life pumping iron in a gym to reap benefits."

## From the Desk of

Ray Cutright

Director of Golf Operations



I want to thank the members and staff for a very successful Member-Guest. Every detail was covered, and participation by Jackson Mercedes-Volvo put the icing on the cake. A special thanks to Jimmy Jackson for making this the best Member-Guest.

I am both sad and proud to announce that the time has come for Kirk Hice to leave us. Since having come to us as an intern from Ferris State University nine years ago, Kirk has grown into one of the finest young golf professionals anywhere. He will be assuming the Head Professional position at West Lake Country Club in Augusta. West Lake is an outstanding club, and they are very fortunate to have hired Kirk. He will be just the third golf professional in their forty-year history.

I know everyone is aware of the tee and fairway construction, but please don't let that keep you from playing. The golf course will remain playable and enjoyable with minimal distractions.

Summer is a busy time at the Learning Center, as we conduct camps, clinics, and seminars. Please check the golf calendar for a program that may interest you. There is still plenty of space available in the clinics and camps, so call to sign-up today!

As always, we appreciate everyone's support and encourage you to contact us at 477-2092 if you have any questions or needs. Have a wonderful summer at Idle Hour!

## Taking You to Never-Never Land

Bobby Hix

PGA Director of Instruction



1. Never try a shot on the course that you haven't practiced, and hit well on the driving range. If you are considering a two iron shot from the rough over a lake to an elevated green and you haven't practiced the shot, then you have the wrong plan.
2. Never make the mistake of having to play two trouble shots in a row. Get out of trouble the first time.
3. Never fall asleep on your lay-up shot:
  - a. Never lay up too long.
  - b. Never lay up to an uneven lie.
  - c. Never lay up to an awkward distance.
4. Never aim where a straight ball will put you into trouble. No matter how consistent your fade or draw, aiming a ball into a lake and expecting the spin to carry the ball to safety subjects you to the ever-present Murphy's Law. Sure enough, you'll make your best swing of the day and hit it dead straight – into the water.
5. Never miss the green on the short side.
6. Never swing hard in the wind.
7. Never leave yourself a downwind bunker shot or pitch shot to a tucked pin.
8. All 3-footers are not equal. When chipping, pitching or approach putting, never leave yourself a sidehill putt.
9. Never play a shot for which you have no exact destination.
10. Never make a swing unless you are mentally engaged and physically relaxed.
11. Never quit.
12. Never think the game owes you anything.
13. Never make a swing without your full pre-shot routine.

## Great Rounds, Eagles

Bill Bowden, Eagle #16 Gap Wedge, 5/22;

Dr. Tom McKelvey (age 74) bettered his age three times in the past month by shooting rounds of 71, 72 & 73;

R.A. Bowen, Jr. equalled his age with an 80 on 5/25;

J.B. Easterlin, 70, 5/27; Buzz Hall, 70, 6/5; Martin Herndon, 68, 5/31;

Bryan Persons, 70, 5/25; Johnny Walker, IV, 67, 6/5

## Most Improved Players

Tom McKelvey -3.0; Joe Starr -1.4; Clay Kaplan -1.2

## Golf Committee

Edsel Davis, Chairman  
 Sam Pearson  
 Albert Edge  
 Lawrence Williford  
 Sanna Smith  
 Craig Leachman  
 Palmer Rolfes  
 Jeff Long  
 Terry Henderson  
 Hal Greer  
 Richard Collinsworth  
 Coleman Tidwell, Jr.  
 George Youmans, Sr.  
 Craig Childs

## Guest Fee Special

\$59, including cart  
 Tuesday - Thursday

## Upcoming Classes

### Senior Golf Schools

9 a.m., July 17<sup>th</sup> & August 14<sup>th</sup>

### Junior Golf Clinics

Ages 4 and up  
 4 p.m. - 5 p.m., July 12<sup>th</sup>, 19<sup>th</sup> &  
 26<sup>th</sup>, and August 9<sup>th</sup>

### Junior Rules Clinics

4 p.m. - 5 p.m., July 13<sup>th</sup>

### Junior Golf Camp

July 17<sup>th</sup> - 20<sup>th</sup>

### Junior All Sports Camp

July 24<sup>th</sup> - 27<sup>th</sup>

Call the Learning Center at  
 477-8777 for more information  
 regarding all clinics.

## Announcement



The Golf Shop would like to extend our congratulations to Mitchell McKay, recipient of a Georgia State Golf Foundation Yates Scholarship for the 2007-2008 school year. The Yates Scholarship is awarded to employees, or children of employees, of GSGA Member clubs. Mitchell has been a part of our cart staff for the past 2 years, and he has also proven his worth assisting us in tournament operations and junior clinics. We are proud of all that he has accomplished, and we wish him luck in his studies at Georgia Southern University.

## Tournaments

The Fourth Round of the Butler Cup will be concluding on July 29<sup>th</sup>, with the Fifth Round being held from July 31<sup>st</sup> to September 9<sup>th</sup>. In the Consolation Bracket, the Fourth Round ends on July 8<sup>th</sup>, with the Fifth Round taking place July 10<sup>th</sup> - July 29<sup>th</sup>, and the Sixth Round going from July 31<sup>st</sup> to August 19<sup>th</sup>.

For more information or to schedule a match, call the Shop at 477-2092

## Dear Idle Hour Membership

I want to take this opportunity to thank all of you for over eight years of support and appreciation you have shown me and my family. I will be leaving Idle Hour in July to assume the role of Head Golf Professional at West Lake Country Club in Augusta. My experience at Idle Hour Club has been nothing short of awesome. I greatly appreciate the membership and staff for giving me the opportunity to grow as a professional and as a person. Idle Hour Club is one of the finest clubs in the country; I feel very fortunate to have been a part of it. Thanks again for all of your kindness. I will surely miss this special place. If I can ever be of assistance, please feel free to contact me at West Lake.

Sincerely, Kirk Hice

## Turfgrass



### Wade Thomas

### Director of Greens & Grounds

On Monday, June 25<sup>th</sup>, we began renovations on 16 fairway and numerous tees. Hole # 16 will be closed during the construction period. In place of #16, the short range is available, making the course play to par of 69. Tee renovation will occur on holes 2-7, 9, 11, and 15-17. We have prepared temporary tees over the past months for minimized disruption to your golfing experience. We will be sodding all construction areas, allowing us to reopen as soon as possible. We anticipate completion of construction in 60 days and opening the last week in August. We appreciate your patience during our golf course improvements.

During construction, we are planning to repair the hard plan areas, right on 3, left on 4, and, also, to move sod into the present pinestraw area were erosion is a problem. We will also be adding sand to several bunkers. Several cart paths will be repaired during this process. Please call Wade Thomas at 477-2373 with any questions regarding course construction.



## From the Desk of Craig A. Jones

*USPTA, USPTR  
Director of Tennis*

It's hot! You can dehydrate quickly, so make sure you're drinking a lot of water during tennis. If you feel nauseous, dizzy or light-headed, stop play immediately and rehydrate. We hope you're having a great summer and challenging matches!

### Congratulations to Winners and Finalists in the Governor's Cup Jr. Championship Tournament:



*Sabrina Grigorian,  
10's champion  
Karolina Grigorian,  
16's finalist  
Becker O'Shaughnessey,  
14's champion  
Camden Jones,  
12's champion*

### Members take a trip to the NCAA tournament!

Some of our members got to take a trip to watch the NCAA Tennis Championship in Athens, GA: *Karolina Grigorian, Mac, Martha Easton, and Jim McLemore, Sarah Anne and Pat*



*Patton, John and Becker O'Shaughnessey, Garrett Scarborough, Bailey Hicks, Daniel Strawn, Carmen, Carson, and Camden Jones, Robbie Isaacs, Warren Woolfolk, and Doyle Trotter.*



**Juniors worked on advancing skills and techniques on a tennis court at Junior Tournament Camp.**

## Did you know? Toof Boone

Toof Boone is a native of Macon and graduated from Lanier High School with letters in basketball, tennis and baseball. He was an all-state basketball player and was the co-captain of the South Georgia All Stars who beat the North squad in Atlanta.

Toof played college tennis at Emory University and continued with the Marine Corps in Okinawa. He toured in Japan, playing at various bases and eventually won, not only the 3<sup>rd</sup> Marine Corps Division Championship, but the Ryeuken Island Championship, as well. This qualified him to compete in the all military tournament in Washington, D.C. The distance and the prospect of facing future pro, Barry McKay, the Air Force champion, made Toof decide he would not compete. While in dental school, Toof won the R. K. Van Norm award for best athletic play for two years and the sportsmanship award for one year, for the entire medical complex. Toof graduated from the University of Pennsylvania Graduate School of Medicine in Orthodontics.

After returning to Macon, Toof went on to participate in many tournaments at Idle Hour winning the Club Championship four times. He teamed up with former Oglethorpe College player Joe Dennis to win the Member-Guest. Toof also teamed up with several fine lady tennis players such as B. Neill Weaver, Mary Marbut and Ann Dunwody to win several Mixed Championships. He continues to participate in sports activities and has a single digit handicap in golf.

**USTA 1-2-3 Step Ladies Drills**

If you'd like to spice up your life by adding a new hobby, tennis is a great idea.

If you'd like to learn how to play tennis, join us  
**Wednesday mornings, 9:30 a.m. – 10:30 a.m.**

**Ladies Open Drills**

It is a great opportunity to enhance your skills for USTA matches. Ladies, please come out and join our drills.

**3.5 & 4.0: Thursdays, 10:30 a.m. - 12:00 p.m. 3.0:  
Fridays, 9:00 a.m. – 10:30 a.m.**

**Men's Saturday Morning Drills**

Craig conducts drills for men of all levels  
**Saturdays, 9:30 a.m. – 11:00 p.m.**

**Starter Level Jr. Tournament Drills**

Craig conducts drills for Starter Level Junior Tournament players

**Saturdays, 1:00 p.m. – 2:00 p.m.**

**Jr. Tournament Level Drills**

Craig will be conducting drills for Tournament Level Players or Advanced Players  
**Wednesdays, 5:30 p.m. – 7:00 p.m.  
& Saturdays, 2:00 p.m. – 3:30 p.m.**

*Due to Junior Tennis Summer Camps, the Adult Drills specified above may not take place.*

*If you are interested in attending one of our drills, please call the Tennis Shop at 477-6701.*

**EMPLOYEE OF THE MONTH****Doyle Trotter**

Doyle has worked at Idle Hour for six years. This July will complete his first year in the Tennis Department. Doyle exemplifies what it means to be the Employee of the Month. He works hard on the job, he is never late, and he is a delight to be around.

He does a fabulous job keeping the courts in good shape for our members to thoroughly enjoy them. He plays softball for the Club and also enjoys fishing, fishing and more fishing. He plays the drums for his church and has a wonderful girlfriend, Kelly. Congratulations, Doyle. Thank you for your hard work and dedication.

**Beginner, Intermediate, & Advanced Camp**

**July 17<sup>th</sup> – 20<sup>th</sup>**

**9:00 a.m. – 2:00 p.m.**

This is a great camp that is fun for all ages and skill levels. This camp will work on the fundamentals of tennis as well as coordination. Available for ages 6-15. Cost: \$200.00. Lunch is included in cost.

**All Sports Camp**

**July 24<sup>th</sup> – 27<sup>th</sup>**

**9:00 a.m. – 2:00 p.m.**

**Tennis from 12:30 p.m – 2:00 p.m.**

If you are looking for a variety of activity for your child, the all sports camp is the place to be. This camp combines tennis, golf, and swimming into a fun-filled week of games and sports.

Available for ages 6-15. Cost: \$200.00. Lunch is included in cost.

**Pee-Wee Camp**

**July 31<sup>st</sup> – August 3<sup>rd</sup>**

**9:00 a.m. – 11:30 a.m.**

There are still slots available for this fun camp. This camp includes tennis and swimming. Not to mention all the fabulous things your child will receive!! If you're looking for an ideal summer camp for your little one, Idle Hour Tennis is the place to be. Available for ages 4-6. Cost: \$135.00

**The Idle Hour Open**

*A one day, all day Tournament!*

**August 18<sup>th</sup>, 2007**

For a great way to get some fresh air and have fun playing tennis, come out to this one day tournament similar to the JDS fundraiser held here at Idle Hour last year. With a Round Robin format, Men and Women Doubles, and an exciting exhibition match, you are sure to have a great time at this all day event. Admission is only \$50.00 and this includes food, balls, and awards for our winners, while serving beer all day long. For more information on how to get in on all the action, please call us at the Tennis Shop: 477-6701

**Idle Hour Junior Championship**

**August 25<sup>th</sup> - 26<sup>th</sup>**

Juniors get ready for this weekend long tournament at the end of August! A fun competition for all our Juniors here at Idle Hour.

*For more information on any of these events, please call us at the Tennis Shop at 477-6701*

# Chef's Recipe of the Month

## Caribbean Jerk Chicken

### Ingredients:

- 6 Habanero Peppers
- 18 Green Bell Peppers
- 9 Yellow Onions
- 9 tsp. Chopped Garlic
- 18 Tbs. Jerk Spice
- 12 Tbs. Ground Allspice
- 9 Papayas
- 9 cups Worcestershire Sauce
- 9 cups 80/20 Oil Blend
- 4.5 Tbs. Salt & Pepper



### Procedure:

Remove seeds and stems; rough chop habanero. Chop bell peppers, onions and garlic. Peel, seed and large dice papaya. Saute peppers, onions, and garlic until tender. Add dry spices and papaya and cook for 6-8 minutes. Deglaze with worcestershire sauce and bring to a simmer. Remove from heat and puree. Drizzle oil into food processor to emulsify. Adjust salt and pepper to taste.

Idle Hour Club

## IDLE HOUR CLUB

### Automatic Draft Authorization please attach a voided check to this completed form

Please complete the following information...

Name: \_\_\_\_\_ Club Number: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_

Financial Institution: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_

Bank Account Number: \_\_\_\_\_

Checking: \_\_\_\_\_ Savings: \_\_\_\_\_

My requested date of withdrawal is: (please check one)

\_\_\_\_\_ 5th \_\_\_\_\_ 10th \_\_\_\_\_ 15th \_\_\_\_\_ 28th

Please draft my: (please check all that apply)

Regular Account \_\_\_\_\_ Initiation Fee Account \_\_\_\_\_

I authorize Idle Hour Golf & Country Club, Inc. to debit my account and if necessary, to initiate adjustment entries for transactions made in error.

This authority will remain in effect until I have cancelled it in writing.

Signature \_\_\_\_\_

Date \_\_\_\_\_



**WANT BOORTZ?**

**CALL 477-1724**

To receive the newsletter electronically, sign-up at [www.idlehourclub.com](http://www.idlehourclub.com).

(you must adjust spam blocker settings to allow emails from [frontdesk@idlehourclub.com](mailto:frontdesk@idlehourclub.com))



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