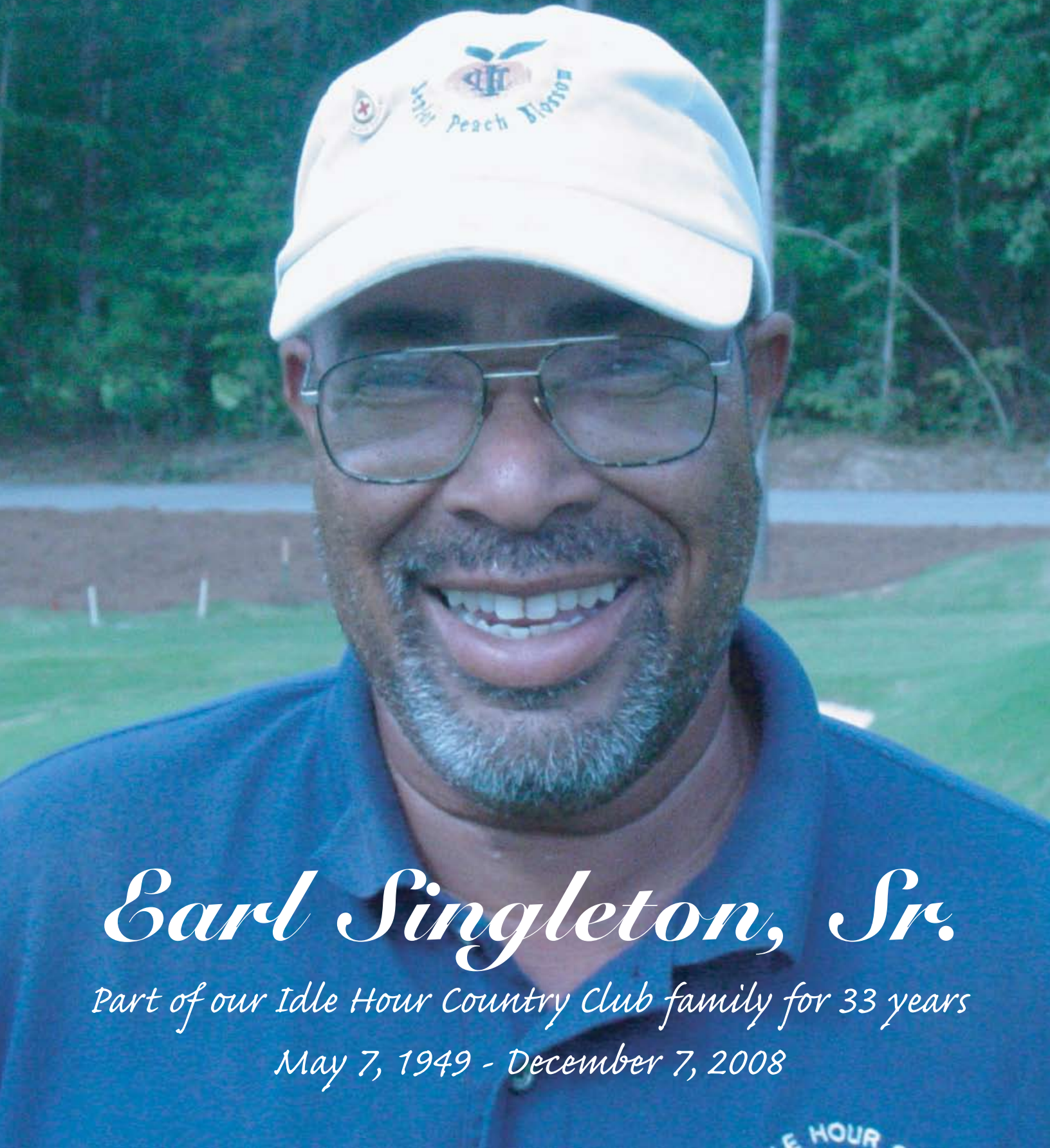


The Idle Times

Volume 19, Issue 1 January 2009



Earl Singleton, Sr.

Part of our Idle Hour Country Club family for 33 years

May 7, 1949 - December 7, 2008

E HOUR



From the Desk of

Jeffrey W.
Orkus, CCM
General Manager

We thank the membership for your generous contributions to the Employee Christmas Fund during an economically challenging year. We express our deepest gratitude for your generosity. We promise to serve you well, as we strive every day to represent our mission statement to you:

IHCC MISSION STATEMENT

IHCC Strives to be the #1 private Club in the country by providing a highly flexible and dynamic team of ladies and gentlemen committed to exceeding the expectations of our members and their guests by representing Integrity, Honesty, Courtesy and Commitment.

We are also very thankful to Board members, Mr. George Youmans, Jr., Mr. Jim McLemore, and Dr. Edsel Davis for three years of service to Idle Hour on the Board of Directors, for which they received no compensation. You have served your Club well, and are greatly appreciated!

If you were here on Saturday, December 13th and had the pleasure of watching Santa's Arrival by helicopter, please join us in giving a great big thanks to Roy Fickling for manning that helicopter, donating his time and expense to the Club, to bring our very special guest! This year, as in years past, Mr. Fickling has been very gracious in volunteering to assist us in the most exciting event of the year for all of our children.

As a family, we must stick together during tough times. Last year brought many changes to the Club, along with many difficult decisions. As you can imagine, this monthly newsletter is quite expensive to print and send out to the entire membership every month. As the world becomes more dependent on technology, the Club has learned to follow suit and go "paperless" in order to save time and money. This will benefit every member who utilizes the internet and email; however, we realize that some members are not "online". Therefore, we will continue to have printed copies of the newsletter available to pick up at the Front Desk. If you are able, please make sure that you register on our website, so that you can view the newsletter and Club information any time, and also receive a copy electronically before it is even printed. Go to www.idlehourclub.com.

We strive to serve you well. Please offer your comments to me any time at 477-1724, ext. 223, or jorkus@idlehourclub.com. Have a great year!



Remembrance

Wade Thomas

Director, Greens & Grounds

Earl Singleton was a member of the Idle Hour Family for 33 years. He was the heart and soul of the operation. He taught us all more than we ever taught him. When I think of Earl, a list of words come to mind...

Kind

Earl always had a way of talking with people in a way that made them feel good. I have received many phone calls from friends, members, and individuals in the golf industry following Earl's passing. Each one telling stories of times in their lives when Earl touched their hearts. He had an amazing way of doing that.

Class

The way Earl carried himself set him apart from all other people. He had a certain air and style that let you know there was something special about him.

Golfer

Earl learned to play golf as a boy at Bowden Golf Course. He quickly became a scratch golfer and loved the competition. A member of Idle Hour told me a story years ago about the Cherry Blossom Tournament. He had convinced his college golf teammate to come down and WIN the tournament. He said he made a big mistake. They were paired against Earl and his partner. Earl and his teammate proceeded to defeat their playing opponents so soundly, the member doesn't even recall winning 1 hole! In individual play, Earl won the Macon City Tournament against the best players in Central Georgia in the late 70's. Earl was so good that a major sponsor recruited him and sent him to play on a mini tour event in Puerto Rico for a season. When Earl got a wedge in his hand, it was going to be either close or in.

Devoted

Earl was devoted to his family. I know he loved his wife and 4 children, family, and friends. You could see it in his eyes when he talked about them. I also know Earl loved Idle Hour. He could do things on that golf course nobody else could do. It was an amazing thing to watch, and it motivated everyone.

Leader

Earl set examples for people around him everyday at Idle Hour. He wanted everything done perfectly or not at all. Because of that, he earned the respect of everyone around him. This character trait earned him promotions which elevated him to the Assistant Golf Course Superintendent, where he led the crew on a daily basis. This was a job Earl excelled at and cherished.

As we mourn Earl's death let's make sure and celebrate his LIFE everyday. I think that is what he would have wanted.

Membership Information

Welcome, New Members! Effective December 17, 2008



MR. MATTHEW D. DAYTON
Owner/ASP Pool & Spa Co.
Sponsor: Stewart Vernon
Spouse: Mrs. Natalia Dayton
3838 The Prado
Macon Georgia 31204
477-5289

*Any comments concerning those
posted for membership may be
directed to the Membership Chairman,
Mr. Cubbedge Snow, III*

~

**Get your Membership Sponsor Rebate of \$1,000!
If you know anyone who might enjoy a membership
at the Club, please see the Front Desk for an application.**

Posted for Membership Effective January 20, 2009

MR. TRACY L. COLEMAN
VP/Coleman and Company Benefits, Inc.
Sponsor: Mr. David H. Rozier, Jr.
Spouse: Mrs. Joni Dwozan Coleman

MR. JACKSON C. MOORE, JR.
General Manager/Moore's Furniture
Sponsor: Mr. Jackson C. Moore, Sr.
Spouse: Mrs. Kimberly Dawn Moore

Posted for Membership Effective February 18, 2009

DR. ERSKINE A. JAMES
Cardiologist/Mercer University
Sponsor: Mr. John James
Spouse: Mrs. Candi Nobles-James, M.D.

DR. JOHN M. SIMMONS, JR.
Owner & Optometrist/
Primary Eyecare Associates
Sponsor: Mr. Timothy M. Grant
Spouse: Mrs. Beth Anne Simmons



*Idle Hour Country Club
You are cordially invited
to attend*

*The Annual President's Ball
in honor of President
Mr. George E. Youmans, Jr.
Friday evening,
the sixteenth of January
Two thousand and nine
8 o'clock to 10 o'clock
in the Ballroom*

Members Only Black Tie

**Attention all voting members!
You are invited to attend the
*Annual Meeting***

Wednesday, January 21st, 2009
6:30 p.m. Open Bar & 7:15 p.m. Buffet Dinner
Voting Members Only * Coat & Tie
Clubhouse Closes at 6:00 p.m.

In Sympathy

*Our prayers and condolences
to the family and friends of*

DR. BEVERLY B. SANDERS

December 5, 2008

The Idle Times

Rebecca Harris, Editor

Theresa Abercrombie, Designer & Editor

2009 Board of Directors

Mr. Jeffery L. Avant, President

Mr. Albert L. Edge, Vice President

Mr. N. Henry Davis, Entertainment

Mr. Cubbedge Snow, III, Membership

Mr. J. Sam Pearson, Golf

Mr. H. Stephen Popper, III, House/Fitness

Mr. Roy "Trip" Walden, Pool

& Long Range Planning

Mr. W. John O'Shaughnessey, Tennis

Mr. Craig Leachman, Secretary

Staff

Jeffrey Orkus, CCM, General Manager

Lawrence Rountree, Clubhouse Manager

Courtney Fendt, Contoller

Rebecca Harris, Executive Administrator

Membership/Events Coordinator

Amanda McElmurray, Banquet Coordinator

Jason Knowlton, CEC, Executive Chef

Chad Rodeheaver, Assistant Manager

Lei Poole, Assistant Manager

Ray Cutright, Director of Golf

Wade Thomas, Director of Course

Craig Jones, USPTA, USPTR,

Director of Tennis

Rob Haver, Wellness Director

Jon Read, Housekeeping Manager

Leon Hart, Clubhouse Maintenance

Laura Greene, Human Resources Manager

Contact Numbers (478)

Clubhouse (Reservations).....477-1724

Bookkeeping.....474-2131

Golf Shop.....477-2092

The Learning Center.....477-8777

Tennis Shop.....477-6701

Wellness Center.....474-8535

Grounds Maintenance.....477-2373

Youth Building.....757-2400

Pool.....757-2403

Fax.....757-2405

E-mail.....frontdesk@idlehourclub.com

Website.....www.idlehourclub.com

Employee of the Month DeShawnda Oliver



"Shonda" has been noticed for her upbeat personality, amiability, and willingness to always lend a helping hand. She joined us about three years ago in the Grille and also serves our bridge players. Her outgoing, kind nature, and integrity have earned her this award and all the appreciation that comes with it.

Most of Shonda's spare time is spent with her son, and her friends. We all would like to thank Shonda and congratulate her on a great job!

Congratulations, Shonda!



Bridge Service

10:00 a.m. - 2:30 p.m.

Tuesday - Saturday



If your group meets prior to or after this time, please understand that service has not been arranged for such times. To schedule regular bridge play, please call the Front Desk at 477-1724. For bridge service at a special time and/or place, please contact Banquet Coordinator, Amanda McElmurray, at ext. 226.

Bridge Tournament & Luncheon

Tuesday, January 13th

10:30 a.m. - 2:30 p.m.

Let's play it again!

Whether you're a master player or a novice, join us for great fun and prizes. Only \$10/person includes a delectable luncheon. Please call or visit the Front Desk to sign up your group!

Chicken and Wild Mushroom Crepes

Sherry and Parmesan Cream

Wild Rice Pilaf

Grand Marnier Cheesecake

Crème Anglaise

Assorted Muffins and Scones



Creative Writing Class with Monica Simmons Smith

*Pick a Saturday: January 10th or 17th
in Trotters, starting at 9:00 a.m. Space is limited!*



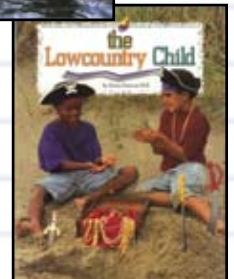
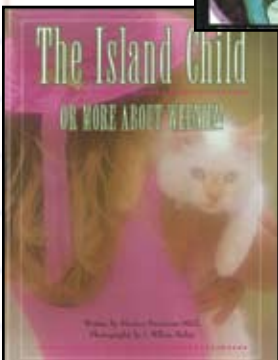
5-hour class for **only \$40**. Ages 8-15.
Includes lunch and 4 free children's books:

*The Island Child, Aster City,
The Midlands Child,
and The Low Country Child.*

***Attend entire class...
or just an hour - priced accordingly.***

The class is followed by a
1-Hour Adult Creative Writing
class for parents!

*Learn how to publish your
children's books!*



AGENDA

- 9 - 10 a.m. The Island Child
- 10 - 11 a.m. Aster City
- 11:30 - 12:30 p.m. Lunch
- Lunch is Chicken Fingers, Fries & Cookies
- 12:30 - 1:30 p.m. The Midlands Child
- 1:30 - 2:30 p.m. The Low Country Child
- 2:30 - 3:30 p.m. Children & Parents learn how to publish!

Director: Monica Simmons Smith,
author of *50 Strategies for Positive Single Parenting*
and several other books for and about children.

She taught graduate school at the University of Georgia, and is a single mother of two.
She has become a national speaker on parenting.

Special Events



Recipe of the Month Poblano Grit Cakes

Ingredients:

2 cups Half & Half
2 cups Chicken Stock
2 cups Instant Grits
2 cups Diced Poblano Peppers
1 Diced Yellow Onion
1 Tbs. Chopped Garlic
1 cup Chopped Cilantro
1 cup White Cheddar Cheese
2 Tbs. Salt & Pepper

Procedure:

Saute diced onions until tender. Add garlic and diced poblano peppers. Saute for 2 minutes more. Add the liquid and bring to a boil. Add the grits and cook until tender. Add cilantro and grated cheese. Season to taste with salt and pepper. Smooth out on a half sheet pan and cool.

When cold, cut out in shapes. Bread and deep fry until golden brown. Great side dish or snack.

IHCC Book Club

Tuesday, January 27th

In the Parlor at 3:00 p.m.

This will be a planning meeting to determine the book list and hosts for the year.

What a great time to join in!

If you enjoy great literature, join us for some great fiction and non-fiction reads!

Enjoy muffins or scones, tea and coffee, great books and good friends!

\$5/person. Please call the Front Desk at 477-1724 to R.S.V.P.



FEBRUARY 4
FEBRUARY 7
2009
MACON CIVIC CLUB MUSICAL REVUE
AT THE GRAND OPERA HOUSE

Macon Civic Club's Annual Musical Revue at The Grand Opera House always entertains the audience with familiar musical numbers and local humor.

This year's show is entitled 'Opry at The Grand.'

Proceeds will benefit local charities.

Call early, as this event sells out!

48-Hour Cancellation Policy applies!

Civic Club Opening Night

Wednesday, February 4th

\$50.00 ~ Dinner, Show & Transportation

A portion of the proceeds will benefit local charities!

5:15 p.m. ~ Cocktails

5:45 p.m. ~ Dinner

6:45 p.m. ~ Bus Departure

7:30 p.m. ~ Show

Mixed Greens Salad
Candied Cashews, Blue Cheese
Pear and Thyme Vinaigrette

Smoked Pork Tenderloin
with Cherry Bordelaise
White Cheddar Whipped Potatoes

Opera Torte with Caramel Anglaise

Valentine's Dinner
Saturday, February 14th

Strolling Violin & Candle Light

Please call 477-1724 for reservations.

Babysitting service available

6:00 p.m. - 10:00 p.m.

48-Hour Cancellation Policy applies.



Afternoon Movie

Gone with the Wind

Tuesday, February 17th

1:00 p.m. In the Parlor

\$2 includes tea and popcorn!

Gather your friends
on the comfortable sofas
and watch the big screen...
Let Rhett sweep you away!

HIGH MUSEUM IN ATLANTA

THE FIRST EMPEROR, CHINA'S TERRACOTTA ARMY

Friday, February 20th

\$65.50 Includes Jazz & Cocktails, Dinner and Transportation!

Reservations required. 48-Hour Cancellation Policy Applies.

Each hand made statue is unique and life-size!



AGENDA

Bus departs at 2:00 p.m.

Arrive at 5:00 p.m.

Jazz starts at 5:00 p.m.

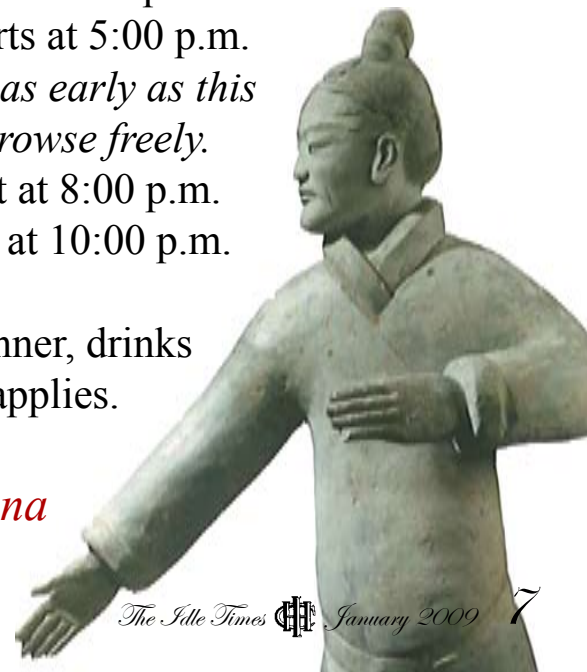
*Can eat as early as this
and browse freely.*

Depart at 8:00 p.m.

Return at 10:00 p.m.

Reservations required. Transportation, refreshments, dinner, drinks and tour are all included. 48-Hour Cancellation Policy applies.


*This 2000 year-old collection is on loan from China
for a limited time... Don't miss it!*



January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Creative Writing Class by Monica Simmons Smith <i>Pick a Saturday: January 10th or 17th in Trotters, starting at 9 a.m. Space is limited! Attend all 5 Hours for \$40, or 1 Hour, Priced Accordingly</i></p>		<p>Annual Meeting <i>Wednesday, January 21st 6:30 p.m. Open Bar * 7:15 p.m. Buffet Dinner Voting Members Only Coat & Tie Clubhouse Closes at 6:00 p.m.</i></p>		<p>1</p> <p>NEW YEAR'S DAY CLUB CLOSED</p>	<p>2</p> <p>All-You-Can-Eat Prime Rib & Crab Legs</p>	<p>3</p> <p>Breakfast in The Grille</p>
<p>4</p> <p>Sunday Brunch Buffet in the Living Room</p>	<p>5</p> <p>CLUB CLOSED</p>	<p>6</p> <p>Jackpot Drawing</p>	<p>7</p>	<p>8</p> <p>"2 for 1" Entrees in The Grille & Trotters</p>	<p>9</p>	<p>10</p> <p>Breakfast in The Grille 5K & 10K ROAD RACE CREATIVE WRITING CLASS</p>
<p>11</p> <p>Sunday Brunch Buffet in the Living Room</p>	<p>12</p> <p>CLUB CLOSED</p>	<p>13</p> <p>BRIDGE TOURNAMENT & LUNCHEON LGA MEETING & SCRAMBLE <i>Boardroom</i> Jackpot Drawing</p>	<p>14</p>	<p>15</p> <p>LGA 9-HOLE LADIES' EVENT "2 for 1" Entrees in The Grille & Trotters</p>	<p>16</p> <p>PRESIDENT'S BALL</p>	<p>17</p> <p>Breakfast in The Grille CREATIVE WRITING CLASS</p>
<p>18</p> <p>Sunday Brunch Buffet in the Living Room</p>	<p>19</p> <p>CLUB CLOSED</p>	<p>20</p> <p>Meeting of the Board of Directors Jackpot Drawing</p>	<p>21</p> <p>ANNUAL MEETING CLUB CLOSSES at 6:00 p.m.</p>	<p>22</p> <p>"2 for 1" Entrees in The Grille & Trotters</p>	<p>23</p>	<p>24</p> <p>Breakfast in The Grille</p>
<p>25</p> <p>Sunday Brunch Buffet in the Living Room</p>	<p>26</p> <p>CLUB CLOSED</p>	<p>27</p> <p>IHCC BOOK CLUB <i>Book TBA</i> Jackpot Drawing</p>	<p>28</p>	<p>29</p> <p>"2 for 1" Entrees in The Grille & Trotters</p>	<p>30</p>	<p>31</p> <p>Breakfast in The Grille</p>

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Sunday Brunch Buffet in the Living Room	2 CLUB CLOSED	3 Jackpot Drawing	4 CIVIC CLUB OPENING NIGHT <i>Opry at The Grand</i>	5 "2 for 1" Entrees in The Grille & Trotters	6 All-You-Can-Eat Prime Rib & Crab Legs	7 Breakfast in The Grille CARDIAC CAFE 
8 Sunday Brunch Buffet in the Living Room	9 CLUB CLOSED	10 LGA MEETING & SCRAMBLE <i>Boardroom</i> Jackpot Drawing	11	12 LGA 9-HOLE LADIES' EVENT "2 for 1" Entrees in The Grille & Trotters	13	14 Breakfast in The Grille VALENTINE'S DINNER <i>Strolling Violin</i> VALENTINE ROUND ROBIN
15 Sunday Brunch Buffet in the Living Room	16 CLUB CLOSED	17 CLASSIC FILM <i>Gone with the Wind</i> Jackpot Drawing	18 <i>Meeting of the Board of Directors</i>	19 "2 for 1" Entrees in The Grille & Trotters	20 HIGH MUSEM <i>The First Emperor of China</i>	21 Breakfast in The Grille IHCC MEMBER-GUEST
22 Sunday Brunch Buffet in the Living Room IHCC MEMBER-GUEST	23 CLUB CLOSED	24 IHCC BOOK CLUB <i>Book TBA</i> Jackpot Drawing	25 SEUSICAL THE MUSICAL <i>At the Grand</i> <i>Meeting of the Board of Directors</i>	26 "2 for 1" Entrees in The Grille & Trotters	27	28 Breakfast in The Grille



**20th Annual
Musical
Revue**

**Civic Club Opening Night
"Opry at The Grand"**
Wednesday, February 4th
\$50.00 ~ Dinner,
Show & Transportation
Benefits local charities!



Cardiac Cafe

Saturday, February 7th
6:30 - 10:30 p.m.



At the Macon City Auditorium
Featuring a big name comedian... Wait til you hear who!
Proceeds Benefit the American Heart Association
Tickets sell out fast! Please call the AHA at 405-3200.

Special Events



February 25th
At the Grand Opera House

Limited number of tickets.
\$32.50 includes
a chicken finger dinner
in Trotters and transportation!
Guests are welcome!

You'll all love this Broadway hit. The kids will enjoy highlights of the best Dr. Seuss stories, as told by Jojo, a young "thinker of strange and wonderful thinks!" As each story unfolds, you will marvel at how relevant and profound Seuss's subtle themes are; making this musical one that appeals to all ages.

The score emerges as a Seussian gumbo of musical styles, ranging from Latin to pop, swing to gospel, and R&B to funk! So let your toes tap, your fingers snap, and your imagination run wild, for

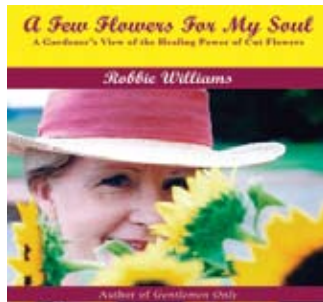


"If you open your mind,
Oh, the Thinks you will find
Lining up to get loose!
Oh, the Thinks you can think!
Oh, the Thinks you can think

When you think about Seuss!!"

Don't wait! Sign up now.
48-Hour Cancellation Policy Applies.

A Few Flowers For My Soul: A Gardener's View of the Healing Power of Cut Flowers



By Robbie Williams,
The Georgia Flower Lady

Book Review & Luncheon

March 24th in Trotters

"For the past 40 years, Robbie Williams has been coaxing flowers out of the ground and onto dining room tables and mantelpieces throughout her Georgia community. With a flowering garden at the center of her life, Williams has learned some things that most of the rest of us can best learn from her... Williams's worldview is informed by flowering plants --their great beauty, their seeming delicacy, their true hardiness, their usefulness in times of cheer and in times of despair--and a wonderful, and sensible, vision it is." --Ingrid Eisenstadter, The New York Botanical Garden, GARDEN Magazine, former Editor-in-Chief

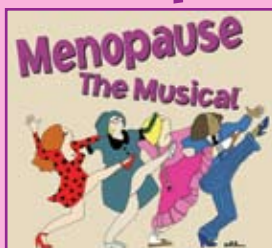
"Part love story, part tutorial, part ode to the South." --Heidi J. Diamond, former President, Martha Stewart Living Television

"A must-read book for those who understand the language of flowers." --William Rawlings, Jr., four-time novelist and sixth-generation resident of Sandersville

More information to be announced.

Make your reservations today! 48-Hour Cancellation Policy.

Menopause The Musical



March 27th

At the Grand Opera House
*A portion of the proceeds benefit
Ovarian Cancer Research.*

Limited to 40 reservations.
\$62.50/person.

After you and your friends enjoy special cocktails, delightful hors d'oeuvres, and dinner in Trotters, we'll whisk you away on a chartered bus to this hilarious and enlightening Broadway hit! **Bring all your girlfriends - and the men who love them!**



Wellness News

Rob Haver
Wellness Center Director

Happy New Year! Each year the Wellness Center keeps growing in usage and participation in our events. Congratulations to all last years winners: Biggest Loser Contest Rob Wall & Lori Snow, The Orcas-IHCC's Swim Team-2nd place, and Triathlon repeat winners Beau Donner & Katie Durkee. Three individuals that were not part of any competition, but have changed their lifestyles by dieting and exercise are: Jimmy Cassidy, Edith Schwartz and Bill Simmons. Great jog, you all, you look great!

With the success and interest in these competitions, we are looking to add a couple more and improve on the current events this year. **Saturday January 10th, we have our 5k & 10K Road Race.** Going by the sign-up sheet the runners may top 50 participants. There is still room for more. **Mid January will start the Biggest Loser Contest sign-up in the Wellness Center.** \$225 for 18 sessions, 3 days per week for 6 weeks of hard intense workouts designed to drop your weight. **A new event coming on April 25th is IHCC's first Duathlon a run-bike-run race.** Then, the **Triathlon is on August 15th.**

New Year's Resolution Tips

To use the slogan from one of the well known sporting goods companies: **Just Do It!** Ok, I could not just leave you with that!

BELLY FAT!

Belly fat is probably the number one area everyone wants to target. You cannot spot reduce certain areas on the body though you can do Ab exercises all day, but until you lose the weight, the Ab's will not show. Most scientific evidence suggests that a calorie-controlled diet rich in fruits, vegetables, whole grains, low-fat dairy, beans, nuts, seeds, lean meat, fish, eggs, and poultry is the foundation for a diet that provides all the nutrients you need, while helping to whittle your waistline. If you want to speed up the process, add in an hour's worth of exercising 3-5 day a week. If you have any questions, please call or stop by, and we will get you started!

5K & 10K ROAD RACE

Saturday January 10th

Quite a competition...

50 participants signed up!
There is stillroom for more!
Sign-up in Wellness Center!



Starts in Mid January
Sign-up in Wellness Center.

\$225 for 18 sessions,
3 days per week for 6 weeks of
hard intense workouts
designed to drop your weight.

Golf News



Ray Cutright, PGA
Director of Golf Operations

As we begin 2009, I would like to thank the membership for the opportunity you give the entire golf operations staff to serve you at Idle Hour. We appreciate all you do for us and look forward to an exciting golfing year. The golf operations calendar will be emailed monthly, and I encourage everyone to review it regularly. There are many activities designed for all levels and ages. If you have any questions or need any information, please call us at 477-2092.

I am pleased and excited to announce that we have a new assistant professional, Josh LaPointe. Josh recently graduated from Methodist University in Fayetteville, North Carolina. His resume includes an apprenticeship under Jim Remy, President of the PGA of America. Please come by and meet Josh. Our goal is to improve in every phase of the golf operation this year and get more of you excited about golf. We look forward to seeing you soon!



Course Happenings

Nash Rolfes
Superintendent

The New Year has come, and we are looking forward to a good one. Many questions arise during the winter months about frost and the delays that it causes. There are many different factors to consider when determining the length of the delay. Temperature, humidity,

dew point, cloud cover, soil temperature and wind, all play major roles. No wind, clear skies and below freezing temperature cause the lengthiest delays. The clear skies and lack of wind inhibit the ground to warm as quickly as with cloud cover and wind. A little wind prevents frost from settling, while cloud cover creates the greenhouse effect, allowing more rapid warming. This makes for constant evaluation of the weather and the length of time needed before opening the course. Our goal is always to open as soon as possible without harming the course. If you have any questions, feel free to call us at 477-2373.

The Time for Planting

Travis Cantrell, Assistant Superintendent

January is here, and it is a great time to plant flowering bulbs. Flowering bulbs are a great option to enhance your spring garden. Some of the favorite spring flowering bulbs are daffodils, tulips, and crocus. Orange, red, white and yellow are all excellent colors for formal gardens. For best results, tulips should be planted in well-drained organic soil with full sun. Besides planting, January can also be a time to keep landscape beds clean of any leaves or debris to ensure photosynthesis can occur properly. After your beds are clean, another great idea for the upcoming winter months is to add a fresh layer of pine straw or mulch to give your plants an extra layer of protection from the cold temperatures.

Guest Fee Specials

Tuesday, Wednesday and Thursday:
\$65 includes 18 holes and a cart.
\$150 for 1 Member & 3 Guests,
includes 4 cart fees and 3 guest fees.

LGA

Meeting & Scramble

Tuesday, January 13th at 9:00 a.m.

Anyone interested in being part of our ladies golf group is welcome to attend. A scramble will follow play for those interested in playing.

LGA 9-Hole Group

Thursday, January 15th at 9:00 a.m.

Our first event for those ladies interested in or just having time for 9 holes of fun and fellowship will be Thursday morning, January 15th. If interested, please meet at the Golf Shop no later than 8:45am to sign up. We will begin at 9:00am. The event will be a "Who Cares" scramble. This event is perfect for beginners, those who are just getting back into playing and those who would like to have a good time with good friends.

Tournament

"Congratulations to the 2008 winners and two-time defending champions of the Hardie – Henley Par 3 Golf Tournament: John Walker IV and Steve Welsh. The tournament is held each year on the "Duck" Swann Memorial Par 3 Golf Course. Congratulations to all this year's players."

Announcement

Please keep in mind that no pedestrians are allowed on the golf course after 8:00 a.m., to avoid dangerous situations and prevent interference with golfers. Thank you for your cooperation.



The Art of Chipping and Pitching

Bobby Hix

*Bobby Hix – PGA Director of Instruction
Arnold Blum Golf Learning Center
A Golf Digest Top Teacher*

Your ability to score on par 5's or save par when you are missing greens depends on how well you can pitch, chip and putt. The short game is especially important when you don't have your "A" game and you need to scramble to make par. Why does Phil Mickelson have one of the best short games of all the players on Tour? Because good chipping and pitching require strong touch and keen imagination. His imagination allows him to hit shots that other players wouldn't even attempt to try. He practices shots that challenge his imagination and develop his touch.

The goals of chipping and pitching practice are to control your distance, hit the ball with the correct trajectory and a solid strike, vary your practice and increase trust. Trust is allowing your body to hit the shot without trying to produce the shot mechanically. If you have a good stroke and hit the ball solidly, you frequently can control the direction of the shot.

What's more difficult to control is the distance of the shot. This requires good touch and feel, so don't use range balls when you practice chipping or pitching. They may feel and react differently from the balls you normally play with. To control the distance of a chip or pitch, a player must anticipate the amount of roll or release once the ball hits the green, make a good judgment for the feel of the shot (given the trajectory and amount of spin), and execute the shot well. Half the battle is making the correct judgment of the shot you need to get it to the hole. The other half is executing that feeling with consistently good fundamentals.

These skills develop from practicing every possible shot on the golf course. We like to use variable distance drills, in which you vary distance the distance of each shot. Hitting the shot with the correct trajectory is very important to controlling the spin and distance. You must determine the height of each shot, the distance the ball flies in the air, and the amount of roll after hitting the green. Good chipping and pitching require a lot of touch and imagination, but experience is also important, because it tells you how much roll or release you get with each shot.

Also hit different-height shots – by changing clubs and type of shot – form the same spot next to the green. In other words, you should practice something other than your "bread and butter" chip shot to strengthen your touch and imagination. If you normally hit a sand wedge to hit a high spinning shot, try hitting a low runner with less spin. Practice playing shots with different trajectories. Each time you'll need to visualize the shot and pick a different landing spot, depending on the trajectory of the shot. You can vary your practice in several ways. You can switch clubs, hit high and low shots, hit shots from different areas around the green, and use different techniques to practice different shots.

The last goal of chipping and pitch practice is to develop trust. Trust is the ability to let your body hit the shot without conscious interference. You practice to develop trust for when you play. To develop trust, hit shots with imagination, feel and target awareness.

Congratulations, Grace Tinkey, SPEED RACER! **Middle Georgia cross country runner of the year, Grace Tinkey of FPD**



From: "Year proves to be a huge one for Vikings' Tinkey"

Article by Coley Harvey, Photo by Jason Vorhees - The Macon Telegraph

Check out the whole article at this link: <http://www.macon.com/176/story/564241.html>

This was a busy fall for the young Grace Tinkey. In November, her fresh face appeared in the crowded pages of a popular national sports magazine. Weeks later, her soft voice was heard some 800 miles away by listeners on an Illinois radio station, who just days prior listened to the likes of Atlanta Braves pitcher John Smoltz and Florida Gators quarterback Tim Tebow.

But despite all the recent attention the FPD eighth-grader has gotten, she remains fully focused on the one thing that has gotten her all of this recognition - running. Sprinting to nine wins in each of the varsity cross country meets she appeared in for FPD this season, Tinkey shattered two course records and cruised to a personal-best 18:45 in the 5,000-meter events. For those reasons, she has been named The Telegraph's All-Middle Georgia girls cross country runner of the year.



Notes from Craig

Craig A. Jones
USPTA, USPTR
Director of Tennis

Hello everyone! And welcome to a new year!!! 2008 was a great year, and I hope 2009 will be just as well. I hope everyone had a wonderful holiday season, but now it's time to get back to tennis.

We will have a new pro joining us in the middle of the month, Thiago Oliveira. He is originally from Brazil, and will have just graduated from Bethel College, in Tennessee. We are looking forward to his arrival. I want to wish everyone a happy new year, and many blessings in 2009!!!

Special Events

Please call the Tennis Shop at 477-6701 to Sign-Up for these exciting events!

Ladies Boot Camp

Tuesday, January 20th - 23rd

3.5-4.0: 9 a.m. - 10:30 a.m.

2.5-3.0: 10:30 a.m. - 12:00 noon

Ladies, you know what time it is. It's time to stretch those muscles, and work on that swing for the spring season. Tuesday, January 20th - thru Friday the 23rd.

USTA Spring Season

February 2009

USTA Spring Season will begin the second or third week of February. It will be here before you know it, so let your captain or teams know you are ready to

Drills & Lessons

Men's

Saturday Morning Drills

Saturdays, 9:30 a.m. - 11:00 a.m.

Conducted by Craig for men of all levels.

****Ladies, if you are a 3.5 or 4.0 player, you may join us at this drill!**

Starter Level

Jr. Tournament Drills

Thursdays, 4:30 p.m. - 5:30 p.m.

Saturdays, 1:00 p.m. - 2:00 p.m.

Jr. Tournament Level Drills

Wednesdays, 5:30 p.m. - 7:00 p.m.

Thursdays, 5:30 p.m. - 7:00 p.m.

& Saturdays, 2:00 p.m. - 3:30 p.m.

For Tournament Level players and Advanced Players.

2.5- 3.0 Ladies' Open Drills

Fridays, 9:00 a.m. - 10:30 a.m.

For Ladies, levels 2.5 and 3.0.

Congratulations, Men!

Our men traveled to Athens Country Club on Saturday, December 6th to play against their top men. They lost in 2007, only coming out with one win. This year we kicked butt and brought the cup back home!

Thanks to all participants: Dean Copelan, Stephens Lamb, Tom Swift, Randy Stephens, Tom Perry, Bruce Jones, Rodney Lowe, Chris Neal, Bob Beals, Ricky Hicks, Chris Durham, John Reeves, Britt Bickley, Robert Burnham, Rob Haver



Did You Know...

The Idle Hour Tennis program included all of these events for the year of 2008.

We had two Ladies Boot Camps this year, with over 30 ladies participating.

Craig made an instructional tennis video, "Step It Up".

We had 3 Super Dude Doubles throughout the year.

Idle Hour Hosted five Junior Tournaments, including the Panama Jam, 10's State Championship, Idle Hour Junior Open, and two Idle Hour Junior Satellite Tournaments.

In the spring and the fall, we had Men's Night Out, every Thursday.

15 of our top men from the Club played Athens Country Club, and brought the Cup back!

The 4.0 Ladies Team won there Spring season.

Carmen, Craig's daughter was married to Matt Meadows in February.

Jess Jones was the 2008 Georgia Qualifier Finalist and won a National Championship in the Boy's 12's.

Stratford Academy Boy's Tennis Team won the State Championship and the Girl's were finalists.

We raised money for the Rally for the Cure with a ladies' round robin.

The junior tennis academy went on 4 different trips to play against other academy's including, the Hobson Performance Academy, the Franklin Cup Tournament, Augusta Academy, and Cartersville Academy.

The 4.0 Senior men won their Spring season.

We started a few new drills, 3 plus a pro and Quick start for our 4, 5 and 6 year olds.

If you ever can't find Dolye Trotter, maintenance, you should know he is probably fishing.

We had 7 different summer camps including, Pee Wee Camps, Beg. Int. Adv. Camps, All Sports Camp, and Darlington Camp.

There were a couple different mixers throughout the year, such as, the Valentines Mixer, Margarita Mixer, and our Doubles Round Robin Mixers.

Becker O'Shaughnessey was the 2008 State Champion in the Boy's Singles, and was ranked 2 in the Southern Boy's 14's.

We also had an Adult vs. the Junior's Round Robin and a Parent/Child Round Robin.

Warren Woolfolk, tennis assistant, was married to Brittney Henley in May.

Congratulations to Sabina Grigorian and Ariadna Riley on winning the doubles of the 10's State Championship, and Ariadna on winning the singles. Idle Hour hosted the 4.0 Ladies State Championship Tournament.



Langley Ann Faulkner, Mark Barrow, and Sarah Kate Sellers won best costume at the Boo Bash.

Carson Jones was the 2008 Region Champion and State Champion Singles Finalist. He also, placed 4th in the Boy's 16's at the Georgia Qualifier.

We have added a wonderful cabana with bathrooms beside the hard courts.

A new 2.5 ladies team and 3.5 men's team was formed.

We raised money for the Wesley Glen Ministry with a ladies' round robin.

We had 2 different serious workouts for the junior academy. **Craig became a granddaddy, Carmen and Matt had a beautiful baby girl, Amelia Elizabeth Meadows.**

Idle Hour hosted the Idle Hour Open for the 3rd year in a row.

We started a Men's and Women's Singles Ladder.

We had a Santa's Gifts and Toys Round Robin to raise money for the Toy's for Tots.

Liza Kylachkin was a 2008 State Champion Singles Finalist.

We have 35 juniors in our Junior Tennis Academy.

Spencer Simmons blew out his knee and is now back playing great again.

The clay courts were refurbished, and are now in mint condition.

Mac Mclemore, Becker O'Shaughnessey, Karolina Gargala, Liza Kylachkin, and Carson Jones all played #1 singles for their high schools.

As you can see, we had a lot going on this past year at the tennis courts. Thanks to everyone who participated in these events. We hope everyone, plus more, will join in on the events in 2009. We look forward to seeing everyone on the tennis courts!

Congratulations, All!

Dear IHCC Member:

In an effort to be cost effective and fiscally sound, the Board of Directors has decided to begin emailing the newsletter and statement rather than mailing them, as of February 1st. This will result in a significant savings for the Club in several areas. We will have a limited number of copies of the Club Newsletter available at the Front Desk, should you wish to pick up your copy. Please be certain we have the correct email address where you would like to receive both of these by completing the lower portion of this card and returning it with your payment.

Thank you for your cooperation in helping us to implement this very important cost saving project.

PLEASE PROVIDE YOUR EMAIL ADDRESS

Please send my newsletter to: _____

Please send my statement to: _____



Volume 19; Issue 1

THE IDLE TIMES

(USPS 005 801) is published monthly for \$12 per year
by Idle Hour Golf and Country Club
251 Idle Hour Drive, Macon, GA 31210.

PERIODICAL POSTAGE PAID

at Macon, Georgia.

POSTMASTER:

Send address changes to:

THE IDLE TIMES

251 Idle Hour Drive
Macon, Georgia 31210

PLEASE DELIVER PROMPTLY