

The Idle Times

VOLUME 17 ISSUE 1 JANUARY 2007



Welcome your 2007 Board of Directors!

Standing (from left to right): Mr. Albert L. Edge, Mr. James R. McLemore, Jr.,
Mr. Jeffery L. Avant, Dr. Edsel D. Davis, Mr. Charles E. Pollock, Jr., and Mr. N. Henry Davis
Sitting (from left to right): Mr. Stephen M. Welsh,
Dr. William V. Argo, and Mr. George E. Youmans, Jr.

Manager's Comments



I would like to take this opportunity to thank Past President Dr. Frank Arnold, Mr. Robert Stribling and Mr. Hal Foshee, for their service on the Board of Directors over the past three years. Along with their fellow Board members, they have paved the way for continued success at Idle Hour Country Club. Many of us do not realize the extent of work that goes into being a Board member here at Idle Hour. These gentlemen have given up much of their leisure and family time to be here at the Club discussing operational issues and developing a road map for the future of Idle Hour. It has been my pleasure to work along the side of these gentlemen, and I am grateful for their lasting support and input towards the advancement of Idle Hour in becoming one of the greatest Clubs in the country.

Please join me in honoring Past President Dr. Frank Arnold on Friday, January 12, 2007, at the Past President's Ball. We have planned an excellent menu with host bar and entertainment. I look forward to seeing you there in honor of a man who has worked tirelessly for Idle Hour and who's devotion to the Club has led us through a wonderful year.

Additionally, all voting members are invited to the Annual Meeting on Wednesday, January 17, 2007. As is tradition, a buffet meal will be served, followed by the Annual Meeting of members and introduction of the 2007 Board of Directors.

Please welcome our three new Board members: Mr. Jeffery Avant, Mr. Albert "Bubba" Edge and Mr. Henry Davis. I look forward to working the next three years with these gentlemen, as each one demonstrates a strong commitment and dedication to the Club.

I hope that you had a safe and joyful holiday season! The Staff and I are looking forward to an exceedingly happy and fulfilling year at Idle Hour. Please read your newsletters thoroughly, so you will not miss out on any of the fun we have planned for you. Should you have any comments or suggestions, please feel free to contact me at 477-1724 ext. 223 or by e-mail at jorkus@idlehourclub.com.

Warmest regards,

Jeffrey W. Orkus, CCM
General Manager

The Idle Times

Rebecca Harris, Executive Administrator
Theresa Abercrombie, Designer & Editor
Jasmine Wright, Designer & Editor

2007 Board of Directors

Dr. William V. Argo, Jr.
President
Mr. Charles E. Pollock, Jr.
Vice President & House
Mr. Stephen M. Welsh
Treasurer, Finance
Mr. Albert L. Edge
Secretary, Fitness, & Golf Assistant
Mr. N. Henry Davis
Entertainment
Mr. George E. Youmans, Jr.
Membership
Dr. Edsel D. Davis
Golf
Mr. Jeffery L. Avant
Long Range Planning & Pool
Mr. James R. McLemore, Jr.
Tennis

Staff

Jeffrey Orkus, CCM, General Manager
Brian West, Clubhouse Manager
Courtney Fendt, Controller
Rebecca Harris, Executive Administrator,
Club Events Coordinator
Jason Knowlton, Executive Chef
Lawrence Rountree, Assistant Manager
Nick Banks, Assistant Manager
Amanda McElmurray, Banquet Coordinator
Meagon Davis, Human Resources Manager
Ray Cutright, Director of Golf
Kirk Hice, Head Golf Professional
Wade Thomas, Director of Course
Craig Jones, USPTA, USPTR,
Director of Tennis
Rob Haver, Wellness Director

Contact Numbers (478)

Clubhouse (Reservations).....477-1724
Bookkeeping.....474-2131
Golf Shop.....477-2092
The Learning Center.....477-8777
Tennis Shop.....477-6701
Wellness Center.....474-8535
Grounds Maintenance.....477-2373
Youth Building.....757-2400
Pool.....757-2403
E-mail.....IHCC@idlehourclub.com

Welcome, Our New Members Effective December 20, 2006



MR. JAMES A. MANLEY
SVP-Commercial Banking
Sun Trust
Sponsor: Mr. Mardie R. Hendon, Jr.
Spouse: Kathryn A. Manley
261 Callaway Drive
Macon, Georgia 31204
746-1784



MR. ERIC J. MCCOLLUM
Real Estate
America Natural Resources, LLC
Sponsor: Dr. Chris Hendry
Spouse: Dr. Barbara McCollum
5698 Sweetbriar Trail
Macon, Georgia 31210
405-8739

Annual Meeting 2007

Wednesday, January 17th

All voting members of Idle Hour
are invited to attend.

Open Bar at 6:30 p.m.
Buffet Style Dinner at 7:15 p.m.
Meeting to Follow.

Voting Members Only * Coat & Tie Required
Clubhouse Closes at 6:00 p.m.

Thank You!

**Mr. Roy Fickling &
Mr. G. Marshall Butler, Sr.**

*for helping Santa arrive at Idle Hour
to greet our children this
Holiday Season!*

Posted for Membership

Effective January 16, 2007

MR. W. EVERETTE COLLINS
Executive Vice President
Panaprint, Inc.
Sponsor: Leonard Bevill
Spouse: Julie W. Collins

MRS. AMELIA D. SCOTT
Managing Partner
New York Life
Sponsor: A. Raines Newberry
Spouse: Robert H. Scott

MR. CHRISTOPHER L. UREN
Service Sales Manager
Southeast Dell, Inc.
Sponsor: Austin E. Carter
Spouse: Amy Carter Uren

Effective February 21, 2007

MR. ROBERT T. CAMPBELL
President
Campbell's Collision Center, Inc.
Sponsor: Charles L. Cantrell, III
Spouse: Terri S. Campbell

MR. ALVIN J. HIRSH
Owner
Aluminum Recycling of Warner Robins
Sponsor: C.A. Yarbrough, III
Spouse: Jan Kimbell Hirsh

*Any comments concerning those posted
for membership may be directed to the
Membership Chairman, Mr. George E.
Youmans, Jr.*

In Sympathy

*Please offer your prayers and
condolences to the family and friends of*

George Henderson Hall
December 5, 2006

Club Announcements

Save the Date

The Biggest Loser
Monday, January 15th
through Friday, February 23rd

Civic Club Opening Night
Wednesday, January 31st

Adult Painting Classes
Tuesdays, February
6th, 13th, 20th, & 27th
Thursdays, February
8th, 15th, 22nd, & March 1st

Live at IHCC:
Singers & Songwriters
Friday, February 9th

Valentine's Dinner & Dance
featuring W. Harvey Williams
Wednesday, February 14th

Wine Seminars & Dinner
Wednesdays, March
7th, 14th, 21st, & 28th

Dance Classes
Thursdays, March
8th, 15th, 22nd, & 29th

Big Band Dance
Saturday, March 31st

Build-A-Bunny Workshop
Sunday, April 1st

Bunny Brunch & Egg Hunt
Saturday, April 7th

Easter Buffet
Sunday, April 8th

Some Enchanted Evening
Thursday, April 26th

Mother's Day Holiday Buffet
Thursday, May 10th

Employee of the Month

Cora Tolbert

Please join us in congratulating Cora Tolbert for employee of the month. Cora has worked at IHCC for the past 6 years. She has worked in Banquets, The Grille and currently in one of the most demanding areas, the Babysitting Room. Cora is very kind and compassionate, and she always has a smile on her face. Cora loves taking care of the children and is often down on the floor playing along side of them. It must be her motherly instinct because Cora has three girls of her own, and she is very close to her family.



Cora is very involved in her church and, in her free time, she can be found relaxing with her family and friends on cruise ships. Thank you Cora!

Chef's Recipe of the Month

Mushroom & Vine Ripe Tomato Relish

Ingredients

- 2 Portabella Mushrooms
- 1/4 lbs. Shiitake Mushrooms
- 1 Yellow Onion
- 1 tsp. Chopped Parsley
- 1/2 Cup Burgundy
- 1 tsp. Chopped Shallots
- 1 tsp. Chopped Garlic
- 2 tsp. Salt & Pepper
- 2 Tbs. 80/20 Oil Blend
- 3 Vine Ripe Tomatoes

Procedure

Clean and julienne portabellas and shiitakes. Julienne onion. Remove seeds and dice tomatoes. Heat sauté pan and add oil. sauté onions and caramelize. Then add garlic, shallots and mushrooms. Cook until tender. Deglaze pan with burgundy and cook until liquid is evaporated. Add fresh parsley. Season to taste with salt and pepper. Goes great with grilled or roasted pork chops.

Idle Hour Club

IHCC BOOK CLUB

Tuesday, January 9th
3:00 p.m.
Parlor

The Book Club will meet at 3:00 p.m. on the fourth Tuesday of the month *starting in February*. We will serve wine and cheese for only \$5 per person. Please call Rebecca Harris at 477-1724, extension 222, for the current book selection!

Idle Hour Golf & Country Club

*You are cordially invited to attend
The Annual President's Ball
in honor of*

*Past President Dr. M. Frank Arnold
Friday evening, the twelfth of January
Two thousand and seven
8 o'clock to 10 o'clock*

Members Only

Black Tie

Adult Painting Classes

*with Mr. Daly Smith
In the Youth Building*

*Tuesdays, 7:00 p.m. - 9:30 p.m.
February 6th, 13th, 20th & 27th*

or

*Thursdays, 7:00 p.m. - 9:30 p.m.
February 8th, 15th, 22nd & March 1st*

Each class lasts 2 hours and thirty minutes. Beginner to advanced levels are welcome. Each student will bring his or her own supplies. Please pick up your supply list early at the Front Desk.

Learn about colors and techniques as you paint your own original acrylic masterpiece. You can even enter it into the Idle Hour Spring Member Art Show!

\$165/person (four classes).
Space is limited. Call 477-1724 today!
48-Hour Cancellation Policy applies.

Civic Club Opening Night *at the Grand Opera House!*
Wednesday, January 31st

Join us for the Macon Civic Club's 46th Annual Musical Revue, *Lipstick on Your Collar*. Gather your friends for an evening of song, dance and colorful comedy highlighted with spectacular scenery, glamorous costumes and wonderful live music! ...But first, enjoy a delicious meal at Idle Hour! We'll even drive you to the show!

Macon Civic Club 2007 Musical Revue



Mixed Baby Greens

*crumbled boursin cheese, toasted pistachios
and champagne cranberry vinaigrette*

Grilled 10 oz. Pork Chop

*roasted corn and vine ripe tomato ragout
smoked gouda au gratin potatoes*

Raspberry Layer Cake

tropical coulis

\$50/person

5:15 p.m. Cocktails

5:45 p.m. Dinner in Trotters

6:45 p.m. Bus Departure

Call 477-1724 for reservations. 48-hour cancellation policy.

LIPstick on your collar.

Live at Idle Hour

Singers & Songwriters Perform

FRIDAY, FEBRUARY 9TH

7:00 P.M.

Hear the songs you love and the stories behind them--in the original, true quality of the songwriter's voice! Over dinner and a glass of wine, you'll enjoy the kind of candid, up-close and inspiring performance you would only experience backstage. If you have ever watched *Live at the Bluebird Cafe* on CMT, you have an idea of what to expect, but in our private dining room, you'll really be up-close and personal with these talented performers: Pat Terry, Mike Dekle, Claude Diamond, Kira Small, Bruce Burch, Peace Marvel, Johnny Miller and Elizabeth Marlowe! All this for only \$35 per person. Space is limited, and this event will sell out!



PAT TERRY co-authored with Travis Tritt on the singer's first number one hit, "Help Me Hold On." In 1992 Terry signed exclusively with Murrah Music Corporation's ASCAP affiliate, Castle Street Music, Inc. That professional association yielded a number of songs

recorded by various artist's, including Confederate Railroad, The Oak Ridge Boys, and Kenny Chesney. During this period, Terry also enjoyed the success of two more number one songs, Tanya Tucker's "It's A Little Too Late" and Sammy Kershaw's "National Working Woman's Holiday." More recently, Terry's songs have appeared on albums by country hitmakers, John Anderson and Tracy Byrd. In 2006, his beautiful "Someplace Green," as performed by The Oak Ridge Boys, was heard on both country and gospel radio. He currently writes for his own ASCAP affiliated company, *End of August Music*.

CLAUDE DIAMOND'S four star review by Douglas McPherson of *Country Music People* magazine states that Claude is the "best 'new' singer in years." Having cut his first album at the ripe age of 65, Claude has been compared to legends such as Willie Nelson, but Claude's traditional sound has its own original and genuine style. He delivers "easy going songs... nice melodies," and a "completely pleasing CD" of 11 bluegrass, Cajun blues and country songs on his new release, *Highway of Life*.



Mike Dekle's hits include the recent top-ten smash "Size Matters" (Joe Nichols), "Scarlet Fever" (Kenny Rogers), "Don't Love Make a Diamond Shine" (Tracy Byrd), and "Someone Must Feel Like a Fool Tonight" (Kenny Rogers). He is the winner of the 2006 Americana Highway HEMI Award, *Favorite Male Artist*. He continues to impress on his newest album, *Tunesmith*.

KIRA SMALL'S sultry, soulful voice was recently featured with Alan Jackson, along with some other stars, on the CMA Awards on November 6th. In the last year, she has been in the studio with Garth Brooks, Gretchen Wilson and Wynonna Judd, on the road with Radney Foster, and on PBS Sounstage and the Grand Ole Opry with Martina McBride. Go ahead and rush out to get her CD, *Love in A Dangerous World*.



BRUCE BURCH cowrote Reba McEntire's hits, "Rumor Has It" and "It's Your Call." He has also written for George Jones, The Oak Ridge Boys, Colin Raye, Brad Paisley, Phil Vassar, Jamie O'Neal, Darryl Worley and Joe Nichols. He has had songs placed by Wayne Newton, Travis Tritt, Tim McGraw, Kenny Chesney, Alan Jackson, Aaron Tippin and many other major recording artists.

Valentine's Dinner & Dance

Featuring *W. Harvey Williams*

WEDNESDAY, FEBRUARY 14TH



*Join us with your valentine for a candlelit dinner
and the most romantic vocalist to ever appear at Idle Hour!*



The drama and magic of W. Harvey Williams' bass-baritone, set in a Las Vegas style show!

Featuring *the greatest romantic hits of our time: Louis Armstrong, Nat King Cole, Barry White, Lou Rawls, The Rat Pack... and more!*

You'll dance the night away and fall in love all over again!

This event will sell out.
Call 477-1724 for reservations.
Babysitting will be available.

6:00 COCKTAILS

6:30 SHOW

7:00 DINNER

\$38.50/PERSON
ENTERTAINMENT
DINNER & CHAMPAGNE

48-HOUR
CANCELLATION POLICY

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
THE BIGGEST LOSER <i>January 15th through February 23rd</i>	1 New Year's Day CLUB CLOSED	2 Jackpot Drawing	3	4 "2 for 1" Entrees in The Grille & Trotters	5 All-You-Can-Eat Prime Rib & Crab Legs	6 Breakfast in The Grille
7 Sunday Brunch Buffet in the Living Room	8 CLUB CLOSED	9 IHCC BOOK CLUB Jackpot Drawing	10	11 "2 for 1" Entrees in The Grille & Trotters	12 PAST PRESIDENT'S BALL All-You-Can-Eat Prime Rib & Crab Legs	13 Breakfast in The Grille
14 Sunday Brunch Buffet in the Living Room	15 THE BIGGEST LOSER CLUB CLOSED	16 <i>Meeting of the Board of Directors</i> MEN'S SUPER DUDE DOUBLES Jackpot Drawing	17 ANNUAL MEETING CLUB CLOSSES AT 6:00 P.M.	18 "2 for 1" Entrees in The Grille & Trotters	19 All-You-Can-Eat Prime Rib & Crab Legs	20 SNOW BALL MIXED ROUND ROBIN Breakfast in The Grille
21 Sunday Brunch Buffet in the Living Room	22 CLUB CLOSED	LADIES' TENNIS BOOT CAMP			26 "2 for 1" Entrees in The Grille & Trotters	27 All-You-Can-Eat Prime Rib & Crab Legs Breakfast in The Grille
28 Sunday Brunch Buffet in the Living Room	29 CLUB CLOSED	30 Jackpot Drawing	31 CIVIC CLUB OPENING NIGHT	Civic Club Opening Night <i>at the Grand Opera House!</i> Wednesday, January 31st <i>5:15 p.m. Cocktails * 5:45 p.m. Dinner</i> <i>6:45 p.m. Bus Departure * \$50/person</i> 		

February

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Live at Idle Hour</i> <i>Singers & Songwriters</i> FRIDAY, FEBRUARY 9TH 7:00 PM DINNER & SHOW \$35.00 / PERSON</p>  				1	2	3
4	5	6	7	8	9	10
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	ADULT PAINTING CLASSES Jackpot Drawing		ADULT PAINTING CLASSES "2 for 1" Entrees in The Grille & Trotters	LIVE AT IDLE HOUR Singers & Songwriters All-You-Can-Eat Prime Rib & Crab Legs	Breakfast in The Grille
11	12	13	14	15	16	17
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	ADULT PAINTING CLASSES Jackpot Drawing	VALENTINE'S DINNER & DANCE Valentine's Day	ADULT PAINTING CLASSES "2 for 1" Entrees in The Grille & Trotters	All-You-Can-Eat Prime Rib & Crab Legs	Breakfast in The Grille
18	19	20	21	22	23	24
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	ADULT PAINTING CLASSES Jackpot Drawing	Meeting of the Board of Directors	ADULT PAINTING CLASSES "2 for 1" Entrees in The Grille & Trotters	All-You-Can-Eat Prime Rib & Crab Legs	Breakfast in The Grille
25	26	27	28	<p><i>Valentine's Dinner & Dance</i> <i>Featuring W. Harvey Williams</i> Wednesday, February 14th \$38.50 / Person</p>  		
Sunday Brunch Buffet in the Living Room	CLUB CLOSED	ADULT PAINTING CLASSES Jackpot Drawing	IHCC BOOK CLUB			

Wine Seminars

WEDNESDAYS,
MARCH 7TH, 14TH, 21ST, 28TH



If you enjoy wine, join us for our Wine Seminars on Wednesdays in March. On the 28th, we'll enjoy wine over a special dinner prepared by Chef Knowlton.

Dance Classes

Thursdays, 7:30 p.m. - 8:30 p.m.
March 8th, 15th, 22nd & 29th

7:30 - 8:30 p.m.

Classes are filling rapidly for Shag dance instruction by Cherry Young. Grab your partner now and give us a call at 477-1724 to sign up.

\$90 per couple or \$45 per person.
4 weeks of instruction.
The classes will culminate with a real Big Band Dance...

Sign up for Dance Classes, and receive a discount on admission to the Big Band Show! Space is limited, so don't delay.

Big Band Dance & Dinner

Saturday, March 31st

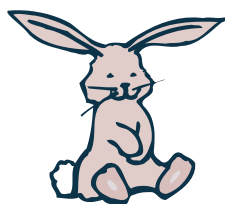


Dance to the Big Band sounds of the Atlanta 17 band. Whether you're a student, a novice or a veteran dancer, you'll have the time of your life with this nationally renowned band. \$50/person

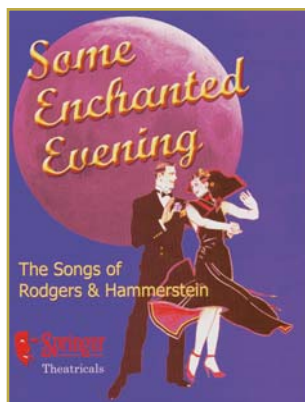
Call for your reservations today, and feel free to invite your friends!

Build - A - Bunny Workshop

Sunday, April 1st



This year we'll feature something new that kids of all ages will love, and parents, too! Each child will build his or her very own Easter Bunny! Each bunny has his or her own birth certificate and wishing star. The children will fill their bunnies with lots of tender love and care to make a special keepsake. Featuring cookies, tea and a special reading of *Peter Cottontail*. \$15/child.



Some Enchanted Evening

Thursday, April 26th

You've sung along to them in the shower. You've danced to them. You've heard them on the radio. They are the best songs of the twentieth century and the soundtracks to our lives. This cast of five talented performers brings to the stage the most thrilling blend of Rodgers and Hammerstein's music ever assembled in one show, including *There is Nothin' Like a Dame*, *Surry with the Fringe on Top*, *Oklahoma!*, *Shall We Dance*, *Younger Than Springtime* and *Some Enchanted Evening*.

\$50/person.
Dinner, wine and show!
48-hour cancellation policy applies.
If you would like to reserve an entire table, please let us know the names of any other members in your party and any special billing arrangements. Just call 477-1724.



48-Hour Cancellation Policy Applies to All Club Events.



Rob Haver
Wellness Center Director

Happy New Year! I hope you all had a pleasant holiday season with your family and friends. Once again, we are at the start of a new year and, with that, comes resolutions.

To the right, I have listed a few suggestions to help you start your resolutions. These tips are also great to remember throughout the entire year.

Each year, I try to come up with an exciting way to keep you motivated towards your resolutions. This year, we are going to try a variation on last year's *Biggest Loser* contest: It will be team-oriented. We will have two teams (names to be announced later) that will battle each other for the most weight lost. I will divide the teams into similar groups at the start. The contest will begin Monday, January 15th, and will last through Friday, February 23rd. During this six week program, you will have 18 workout sessions with 3-4 people from your team. If you have a favorite workout partner, you can still workout together, but you must not be on different teams. The cost for the contest is \$225. Please contact me or Marcas in the Wellness Center for more details or to sign up.

We appreciate the responses we have had from the Wellness Center Survey. We are still collecting the surveys and will have a report in next month's newsletter.



THE BIGGEST LOSER TEAM EVENT

MONDAY, JANUARY 15TH
THROUGH FRIDAY, FEBRUARY 23RD

\$225/PERSON

Includes 18 Workout Sessions!

Call Marcas or Rob in the Wellness Center
for more details or to sign-up!

Health Tips... *Resolutions*

- Choose an obtainable goal. Resolving to look like a super model is not realistic for the majority of us, but promising to include daily physical activity in our lives is very reasonable.
- Avoid choosing a resolution that you've been unsuccessful at achieving year after year. This will only set you up for failure, frustration and disappointment. If you are still tempted to make a promise that you've made before, then try altering it. For example, instead of stating that you are going to lose 30 pounds, try promising to eat healthier and increase your weekly exercise.
- Create a game plan. At the beginning of January, write a comprehensive plan. All successful businesses start with a business plan that describes their mission and specifics on how they will achieve it. Write your own personal plan, and you'll be more likely to succeed, as well.
- Break it down and make it less intimidating. Rather than one BIG end goal, dissect it into smaller pieces. Set several smaller goals to achieve throughout the year that will help you to reach the ultimate goal. Then, even if you aren't able to reach your final goal, you will have many smaller, but still significant, achievements along the way. For example, if your goal is to complete a 10K race, your smaller goals could be running a 5K in less than 30 minutes, adding upper and lower body strength training to increase your muscular endurance, and running 2 miles with a personal best completion time.
- Ask friends and family members to help you so you will have someone to be accountable to. Just be sure to set limits so that this doesn't backfire and become more irritating than helpful. For example, if you resolve to be more positive, ask them to gently remind you when you start speaking negatively.
- Reward yourself with each milestone. If you've stuck with your resolution for 2 months, treat yourself.
- Don't go it alone! Get professional assistance. Everyone needs help, and sometimes a friend just isn't enough. You may need the help of a trained professional. Don't feel that seeking help is a way of copping out. Research studies have shown that assistance from a fitness professional greatly improves your chances for success.
- Limit your number of promises. You'll spread yourself too thin trying to make multiple changes in your life. This will just lead to failure of all of the resolutions. On average only about 20% of us keep our New Year's resolutions. Unfortunately, some of the biggest failures are found in fitness resolutions. But don't let the statistics get you down. By following these tips, you'll be better equipped to fall into the successful 20% category.



Ray S. Cutright
Director of Golf Operations

As we enter a new year, I want to take this opportunity to thank all of you for the support our staff receives on a daily basis. We all truly appreciate the privilege of being a part of Idle Hour.

2006 was a very productive year for the golf operation and Staff. The Golf Learning Center continued to add many new programs that were well received and attended. Many of our junior students were extremely successful in high level junior events, and we also received many new students. The Staff received the coveted Ping National Clubfitter Of The Year Award, Kirk Hice was named "Professional Of The Year" in the Central Chapter GPGA, and Bobby Hix was named "Teacher Of The Year" in the Central Chapter GPGA.

Starting in 2007, we will become a part of the Titleist Performance Institute, the most advanced clubfitting program on the market today. It will be a wonderful opportunity for the Staff to learn and offer you the best processes in golf. If you have a chance, check out this webpage: www.titleistperformanceinstitute.com.

Our goal for 2007 is to see more of you playing golf! Please check us out on www.idlehourclub.com and sign up for weekly emails, or call us for anything you need. We want your feedback so we can continue to develop activities you'll enjoy.

Best wishes for a wonderful new year!

Georgia GCSA Announces 2006 Award Recipients

PAT O'BRIEN

"The Distinguished Service Award is one of the highest honors bestowed by the Georgia Golf Course Superintendents Association. The 2006 Distinguished Service Award was presented to Pat O'Brien, Director of the Southeast Region, United States Golf Association. Pat is a true friend to the GGCSA and the golf course superintendent. His dedication to growing the game of golf in Georgia is commendable and we are proud to honor his efforts. Pat is a member of the Idle Hour Club, Macon, GA and also lives in Macon, GA."

Ladies' Heart of Georgia Play Day Results

- 1st – Mahler (Pine Oaks), McSween (Idle Hour), Harris (Bowden), Martina (Oak Haven)
- 2nd – Jackson (Bowden), Keller (Bowden), Senters (Idle Hour), Landers (Pine Oaks)
- 3rd – Beier (Pine Oaks), George (Bowden), O'Berry (Oak Haven), Jones (Idle Hour)
- 4th – Green (Bowden), Henley (Bowden), Hill (Bowden), Neal (Idle Hour)



Butler Cup

Alan Neal and John Stewart defeated John Carter and Chad Brooks in the final. Congratulations to the winning team and every team that played for such an exciting tournament. Keep your eyes open for announcements regarding the 2007 Butler Cup.

Announcements

Happy New Year from all of us in the Golf Shop, and a special thanks to all those who came out to make our Holiday Open House such a success.

Please remember to sign in with the Pro Shop before playing. If you are running late, you may either call in or tell a cart attendant to notify the Shop. Another alternative is to sign in after the round is completed. Doing so allows us to keep an accurate record of rounds played and ensure that players' handicaps are correct. Also, when signing your name and number on the sheets, please print legibly to prevent charging fees to the wrong member.

New Year Specials

UNLIMITED LESSON PACKAGE

Available January & February.

Minimum of 8 lessons

\$450

SCORING IMPROVEMENT PACKAGE

Includes two 9-hole playing lessons:

one before lessons (for evaluation)

and one after lessons (to apply instruction)

and 4 hours of golf instruction.

Designed to improve individual student scoring.

\$375

Green Fee Specials

Guest Fee Special \$59

Tuesday, Wednesday and Thursday

Includes 18 holes and a cart.

Great Rounds & Eagles

Andrew Crane, 70

Raines Newberry, Eagle on #3



Turfgrass

Wade Thomas

Director, Greens & Grounds

I hope everyone had a great 2006. We really fared well on the golf course.

Our grass was perhaps as good as it has ever been on both the greens and the fairways. We have corralled almost all of the leaves and are ready for the growing season.

Thus, we have begun our annual tree pruning throughout the golf course. This will ensure playability and good turfgrass health from the added sunlight and air movement. Now is a great time to prune all of the shrubbery and trees around your home, also. If you want to cut some plants way back, you can have great success now.

We are in the process of evaluating the tees on the course to determine which ones are in most need of renovation. Our findings will be published in next month's newsletter. Sixteen fairway is on the capital improvement list for 2007 and will be done in conjunction with the tees we select for renovation. We have also been landscaping the course and the Club grounds this winter in preparation for Spring. We're here to assist you.



What a Find!

Bobby Hix

PGA Director of Golf Instruction

I have a suggestion for those of you who would like to begin the New Year off right and bring your game up to a new level: Never stop learning the art of playing golf. As long as you continue to learn--and this holds true in anything you do--the more success you will garner.

One of the things I have found to be very helpful is a new website that is part of my extended Titleist family. The Titleist Performance Institute is an all inclusive interactive website that includes swing videos, common swing problems and fixes, fitness, nutrition, media and technology.

Check out www.titleistperformanceinstitute.com for golf fitness, nutrition media and technology!

The website address is www.titleistperformanceinstitute.com. One of the best things about this website is that the basic service is free. Sign up for your "MyTPI," and you are in. It's an easy way to spend a couple of hours gathering new swing ideas and fixes, learning about new exercises to help you get more power, or just finding out how eating better can help you mentally. There is even a TPI doctor online to answer any fitness or health question that may be particular to you and is not covered in the FAQ's.

Our goal here at the Golf Learning Center is to help you become a better golfer. The TPI website is one tool we all can use to help our game grow.



Hello everyone! Welcome to a new year!! I hope you had a wonderful holiday season. Now, it's time to get back to tennis. Ladies, our Boot Camp is this month, along with some other fun activities, so be sure to join in. Guys, we have a Super Dude Doubles scheduled

for you, so bring a friend... And, don't forget those every Saturday drills and mixed Round Robins.

For my juniors,... drills, drills, drills. Tournaments are coming sooner than you may think, so let's get back into the "swing" of things and get to work.

Congratulations to our Fall League Ladies' teams!!! You represented Idle Hour well, and we appreciate all of your hard work!!! The 4.0 Team came in first place in their division and the 3.0 Team came in second place in their division. A lot of great tennis was played in these past months and, again, we want to congratulate all participants on a job well done!!!

On behalf of Wesley-Glen and myself, I want to give you sincere thanks for everything you've all done in making this Fundraiser a huge success!!! Santa's Gifts and Toy's Round Robin was also a huge success. Thank you so much for all of the participation!!! We are sure you made some child's Christmas wonderful! I wish you a happy new year and many blessings in 2007!!!

Tennis Trivia

New Orleans Saints Quarter Back, Drew Brees, used to take group tennis lessons with _____, who is now a Tennis professional? The first person to correctly fill in the blank will win a prize.

(Photo Right)

Pictured L-R: Julie Wilkerson, Joanna Jones, Ashley Copelan, Jessica Driver, Karen Godlewski, Fran Leskosky, Kristin Kinman, Melinda Willingham, Marguerite Higdon, Joy Batton.

Not pictured: Hillary Carson, Jeannie Collman, and Kathy Floyd.

Idle Hour's 4.0 Women's USTA Team First Place for the Season. Congratulations!



Tennis Drills & Lessons

USTA 1-2-3 Step Ladies Drills

If you'd like to spice up your life by adding a new hobby, tennis is a great idea. If you'd like to learn how to play tennis, join us!

Wednesday mornings, 9:30 a.m. - 10:30 a.m.

Ladies Open Drills

Ladies, please come out and join our drills. This is a great opportunity to enhance your skills for USTA matches, as well as for social tennis.

3.5 & 4.0 Players: Thursdays, 10:30 a.m. - 12 noon

3.0 Players: Fridays 9:00 a.m. - 10:30 a.m.

Men's Saturday Morning Drills by Craig

Saturdays, 9:30 a.m. - 11:00 a.m.

Starter Level Jr. Tournament Drills by Craig

Saturdays, 1:00 p.m. - 2:00 p.m.

Jr. Tournament Level Drills by Craig

For Tournament Level Players or Advanced Players
Wednesdays, 5:30 p.m. - 7:00 p.m.

Saturdays, 2:00 p.m. - 3:30 p.m.

Tennis Tip from Craig... “Stretching”

The cold weather is here, and playing Tennis can be a great exercise; however, many players go out and start playing without stretching. This is a good way to pull a muscle. There are 3 ways to warm-up :

1. Jog in place for 3 - 5 minutes. This warms up the muscles in your body.

2. Then, stretch from head to toe *slowly*, but try not to bounce any in your stretch. Just hold the stretch for 10 - 15 seconds and repeat twice on all muscles.

3. After playing Tennis in the cold weather, the muscles in your body will cool down quickly. Stretch slowly once again, and you will be less likely to pull a muscle or have sore muscles later.

NOTE Even if you are not playing Tennis every day, get into the habit of stretching daily and it will start your day off great!!!

Did you know?

Rob Danner played College Tennis on scholarship at Oglethorpe University in Atlanta. He taught Tennis during his junior and senior years under renowned professional, Crawford Henry, who taught Rob much about developing top ranked players. After college and the United States Marine Corps, Mr. Danner became the head Tennis Director at Idle Hour on May 9, 1970. During his tenure of nine and a half years, he had 45 different Tennis players from Idle Hour ranked in the top 10 in their divisions in the state of Georgia. Tennis was booming around the whole country, and it grew at Idle Hour, as well. There were 4 new courts and a Clubhouse built during that time. Mr. Danner was active in the Southern PTA, which he served four years as president.

He was also secretary of the USPTA for 2 years. In 1978, he was the *Southern USPTA Professional of the Year*. Mr. Danner won the city of Macon Men's Singles Championship in 1976, The Georgia State Closed Father-Son Championship, Men's Doubles with Rob Rawlings, and the Men's 4.0 Doubles with Ramsey Earnhart. He ranked #7 in the Men's Singles, and #5 in the Men's Doubles for the South. Mr. Danner now works for the Northwestern Mutual Financial Network and has been with them for 27 years. He now plays Tennis mostly with his grandsons Marshall (6), and Hughes (4). Rob is a very valuable asset to Idle Hour. When you see him, please congratulate him on all of his wonderful accomplishments!!!

Upcoming Events

Men's Super Dude Doubles

January 16th 6:00 p.m. - 8:00 p.m.

Guys, the Super Dude Doubles were wonderful in November. This time, let's have that same energy with more participation!!! If you know someone who is thinking about coming out, please encourage him. Super Dude Doubles are an event we can all enjoy!!!

Snow Ball Mixed Round Robin

January 20th 10:00 a.m. - 12:00 noon

Ladies and Gents, Christmas may be gone, but the fun of it doesn't have to be!

Join us at this fulfilling Round Robin!!!

Ladies Boot Camp

Tuesday, January 23rd - Friday, January 26th

3.5-4.0, 9:00 a.m. - 10:30 a.m.

2.5-3.0, 10:30 a.m. - 12:00 noon

Ladies, you know what time it is!

Time to stretch those muscles and work on that swing. It's time to have that special one-on-one with our Tennis Pro, Craig Jones and his assistant, Robbie.

Let's be honest, ladies... All of that Turkey, Dressing and Christmas cake... It really has to go!!! Boot Camp will give you the entire workout you need!!!

Hours of Operation

Sunday Buffet in the Living Room

Reserved seating available in Trotters and The Grille
Tuesday - Friday..... 11:30pm-2:30pm

The Grille

Breakfast & Lunch Service

Tuesday - Friday..... 11:30pm-2:30pm
Saturday Breakfast/Lunch..... 7:30am-2:30pm
Sunday Brunch..... 11:30am-2:30pm

Dinner Service

Tuesday - Thursday..... 5:00pm-9:00pm
Thursday Night "2-for-1" in The Grille & Trotters
Friday & Saturday..... 5:00pm-9:30pm
Friday Night "All You Can Eat Prime Rib & Crab Legs"
Sunday..... 5:00pm-9:00pm

The Sports Bar & Club Room

Menu Service

Tuesday - Thursday & Sunday..... 11:30am-9:30pm
Friday & Saturday..... 11:30am-10:00pm

Bar Service Hours

Tuesday - Thursday..... 11:30am-11:00pm
Friday & Saturday..... 11:30am-Midnight
Sunday..... 12:30pm-10:00pm

Men's Locker Room Attendant

Tuesday - Friday..... 8:30am-Dusk
Saturday & Sunday..... 6:30am-Dusk

Men's Grille

Tuesday - Sunday..... 11:30am-8:30pm

Tennis Shop

Sundays..... 1:30pm-5:30pm
Mondays..... Closed
Tuesday - Thursday..... 8:30am-7:30pm
Friday & Saturday..... 8:30am-6:30pm

Golf Shop

Mondays..... Closed
Tuesday - Friday..... 7:30am-6:30pm
Saturday & Sunday..... 7:00am-6:30pm

Pool (in season)

Tuesday - Sunday..... 10:00am-8:00pm
Mondays..... Closed

Youth Building (in season)

Tuesday - Sunday..... 11:00am-7:30pm
Mondays..... Closed

Wellness Center

Monday - Friday..... 7:00am-7:00pm
Saturday..... 7:00am-12:00pm
24-Hour Access with your ID card or entry code

Babysitting Service

For children aged 1 year - 10 years

Tuesday - Friday..... 8:00am-1:00pm
Thursday & Friday Evenings..... 6:00pm-10:00pm

Reception Desk

Tuesday - Saturday..... 9:00am-9:00pm
Sunday..... 9:00am-7:00pm
Voicemail system available 24 hours/7 days a week



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