

The Idle Times

VOLUME 16 ISSUE 12 DECEMBER 2006

*2006 has been a wonderful year
filled with fond memories...*



Message from the President



As 2006 draws to a close, I want to take this opportunity to relate some of my thoughts regarding Idle Hour Club. I was recently riding home from Atlanta on a Monday night, having witnessed one of our employees receive an award. I began to ponder just what makes Idle Hour so special.

First, as with any organization, the membership makes the difference. Over the years, our members have requested and even demanded excellence, and they have been willing to sacrifice to accomplish this goal. Our Board is relatively autonomous, but all of the improvements that have occurred over the years have been in direct response to the wishes of the membership. We are certainly aware that there are imperfections in our operation, but the Board and the employees are always striving for that elusive perfection.

Secondly, no Club can thrive without excellent management, and our key managers are second to none. As I mentioned earlier, I had been in Atlanta to see an Idle Hour employee honored. Wade Thomas, our Director of Greens and Grounds, received the Superintendent of the Year Award for 2006 given by the Georgia Golf Course Superintendents Association. This was certainly a well-deserved award, as all Idle Hour golfers can attest. Wade certainly represents our Club well. In addition to this award, the Georgia PGA has recognized him with its Distinguished Service Award in 2005, and he has served as President of the Georgia Golf Course Superintendents Association, President of the Georgia Turfgrass Association, and President of the Georgia Turfgrass Foundation.

Jeff Orkus, at the tender age of 32, has been our Club Manager for 5 years. I was part of the Board that hired him for this important job when he was only 27, and I must admit that I had some reservations. I can emphatically say that I have reservations no longer. Jeff handles his position with great skill and dedication. Also, Jeff is beginning to make a name for himself beyond our Club. He became a Certified Club Manager this year. He has also recently been elected to the Executive Committee of the Georgia Chapter of the Club Managers Association of America, and he will serve as President of that organization in 2008. Furthermore, he represents our Club in our community, serving on the Board of Directors of the Children's Hospital and being a Division Chairman for the United Way of Central Georgia.

The accomplishments of Ray Cutright, our Director of Golf, are too numerous to list in this space, but let me remind you of a few. Ray is one of a small percentage of PGA Professionals who have been designated as a Master Professional. He has just last month been elected as 1 of 13 District Directors for the National PGA Board. Also, Ray has served on the PGA National Board of Control and as president of our PGA Section. I was honored to be present in Orlando when Ray received the 2003 National Horton Smith Award, and I would be hard pressed to adequately relate what a huge honor this was for Ray.

Craig Jones, our Director of Tennis, has been with us only about 15 months, but his effect on our Tennis program has been tremendous. Often, his peers recognize him for his excellent work. He has been the Georgia Professional of the Year three times, served as the Georgia Davis Cup Coach ten times, and has been named as a High Performance Coach by the USA in 1998, an award that recognizes the Top 20 coaches in the country. He has also served twice as the President of the Georgia Junior Tennis Council.

As you can see, we have excellent people at the top, but the list does not stop there. We are most fortunate to have Jason Knowlton, our Executive Chef, Courtney Fendt, our Controller, Kirk Hice, our Head Golf Professional, and Brian West, our Clubhouse Manager. Each of these individuals serves Idle Hour with great skill and unbelievable dedication. Yet, I have mentioned only eight of approximately 130 Idle Hour employees. The Board and the membership, I am sure, are grateful for each one and the job they do to make our Club what it is.

It is certainly an honor to have served as President of Idle Hour. It is an experience I will always cherish, and I would like to thank all of you for your support. I know you will give the same support to President-Elect Dr. Bill Argo and the 2007 Board.

I would like to thank the 2006 Board for their contributions. Each has worked tirelessly to make Idle Hour a better place, and I could not be more appreciative.

Sincerely,

A handwritten signature in black ink, appearing to read "M. Frank Arnold". The signature is fluid and cursive, with a large initial "M" and "A".

M. Frank Arnold
President

Welcome, Our New Members Effective November 15, 2006



MR. ADAM W. GRIFFIN
Project Manager
Land South
Sponsor: Morris Butler
Spouse: Joanna Todd Griffin
275 Buford Place
Macon, Georgia 31204
257-6171



MR. W. FIELD GUDENRATH
Financial Consultant
Smith Barney
Sponsor: Robert Dickey, III
2057 Ridge Avenue
Macon, Georgia 31204
471-2283

Pictorial Directory Make-up Dates

Portrait appointments for the Pictorial Membership Directory are now available for a **final** make-up period. If you have yet to schedule your appointment, please call the Front Desk at 477-1724, or stop by when you are at the Club. We will set you up for one of the following appointment times:

November 28th - December 2nd

Tuesday-Friday
1:30 p.m. - 9:15 p.m.

Saturday
9:00 a.m. - 5:30 p.m.

**Please do not delay.
There will be no further make-up opportunities.**

Posted for Membership

Effective December 20, 2006

MR. JAMES A. MANLEY
SVP-Commercial Banking
Sun Trust
Sponsor: Mardie R. Hendon, Jr.
Spouse: Kathryn A. Manley

MR. ERIC J. MCCOLLUM
Real Estate
America Natural Resources, LLC
Sponsor: Dr. Chris Hendry
Spouse: Dr. Barbara McCollum

Effective January 16, 2006

MR. W. EVERETTE COLLINS
Executive Vice President
Panaprint, Inc.
Sponsor: Leonard Bevill
Spouse: Julie W. Collins

MRS. AMELIA D. SCOTT
Managing Partner
New York Life
Sponsor: A. Raines Newberry
Spouse: Robert H. Scott

MR. CHRISTOPHER L. UREN
Service Sales Manager, Southeast
Dell, Inc.
Sponsor: Austin E. Carter
Spouse: Amy Carter Uren

Any comments concerning those posted for membership may be directed to the Membership Chairman, Dr. William V. Argo, Jr.

In Sympathy

Please offer your prayers and condolences to the family and friends of

COL. WILLIAM LACY GIBBONS
November 3, 2006

Club Announcements

The Idle Times

Rebecca Harris, Executive Administrator
Theresa Abercrombie, Designer & Editor
Jasmine Wright, Designer & Editor

2006 Board of Directors

Dr. M. Frank Arnold
President
Mr. Robert W. Stribling
Vice President & Entertainment
Mr. Harold D. Foshee, III
Treasurer
Mr. George E. Youmans, Jr.
Secretary & Pool
Mr. Charles E. Pollock, Jr.
House & Construction
Dr. William V. Argo, Jr.
Membership
Mr. Stephen M. Welsh
Golf
Dr. Edsel D. Davis
Fitness
Long Range Planning & Golf
Mr. James R. McLemore, Jr.
Tennis

Staff

Jeffrey Orkus, CCM, General Manager
Brian West, Clubhouse Manager
Courtney Fendt, Controller
Rebecca Harris, Executive Administrator,
Club Events Coordinator
Jason Knowlton, Executive Chef
Lawrence Rountree, Assistant Manager
Jason Parker, Assistant Manager
Amanda McElmurray, Banquet Coordinator
Meagon Davis, Human Resources Manager
Ray Cutright, Director of Golf
Kirk Hice, Head Golf Professional
Wade Thomas, Director of Course
Craig Jones, USPTA, USPTR,
Director of Tennis
Rob Haver, Wellness Director

Contact Numbers (478)

Clubhouse (Reservations).....477-1724
Bookkeeping.....474-2131
Golf Shop.....477-2092
The Learning Center.....477-8777
Tennis Shop.....477-6701
Wellness Center.....474-8535
Grounds Maintenance.....477-2373
Youth Building.....757-2400
Pool.....757-2403
E-mail.....IHCC@idlehourclub.com

Annual Meeting 2007

Attention all voting members of Idle Hour...
You are invited to attend the Annual Meeting

Wednesday, January 17th.
Open Bar at 6:30 p.m.
Buffet Style Dinner at 7:15 p.m.
Meeting to Follow.

Voting Members Only * Coat & Tie
Clubhouse Closes at 6:00 p.m.

Employee of the Month

Ruth Howard



Ruth Howard has been in the Housekeeping Department for 10 years and is an integral part of our team. It is an honor to work with "Miss Ruth!" She is an example to us all. We hope that you will join us in congratulating her on this great achievement. Congratulations, and thank you, Miss Ruth!

Chef's Recipe of the Month

Cranberry Nut Bread



Ingredients

- 8oz. Sugar
- 2 Eggs
- 1 tsp. Baking Soda
- 4 oz. Ground Walnuts
- 6 oz. Bread Flour (sifted)
- 6 oz. Cake Flour (sifted)
- 1 tsp. Baking Powder
- 1 cup Orange Juice
- 1 oz. Melted Butter
- 4 oz. Chopped Cranberries
- Vanilla Extract (to taste)
- Lemon Extract (to taste)

Procedure

Whip eggs lightly. Blend all ingredients. Bake at 300° until done (insert a toothpick or fork in the center).

Idle Hour Club

Santa's Arrival

SATURDAY, DECEMBER 2ND

Santa arrives at 10:30 a.m. Sharp
Santa Brunch, 11:00 a.m. - 2:30 p.m.
Puppet Shows, 11:30 a.m. / 12:30 p.m.

All activities are included in the admission price, \$15/child.

Santa Claus will land at Idle Hour on the 18th Green at 10:30 a.m., sharp. Don't be late! The Ballroom doors will open at 10:00 a.m., so little tykes can get to the Ballroom's verandah in time to greet Santa!

From 11:00 a.m. - 2:30 p.m., only by appointment, children of all ages will delight at meeting Jolly Old St. Nick! Each child receives a gift from Santa, and 5 x 7 photos are available for each family at a cost of \$12.50 each.

Don't miss the Puppet Show
by Lee Bryan, *The Puppet Guy*.

Santa Brunch

SATURDAY, DECEMBER 2ND

11:00 a.m. - 1:30 p.m.

\$12/Adult, \$6/ Child (4-7)
No Charge for Children 3 & under

Mixed Greens
Fresh Fruit and Berries
Cranberry Yogurt Sauce
Fried Chicken Fingers
Wood Grilled London Broil
Wild Mushroom and Onion Gravy
Smoked Bacon, Egg & Cheddar Strata
Cinnamon Roll French Toast
Royal Icing, Toasted Pecans and Maple Syrup
Hash Browns
Green Bean Casserole
Assorted Christmas Cookies
Hazelnut Cheesecake
Egg Nogg Anglaise

THIS EVENT WILL SELL OUT.

Children's Art Class

SUNDAY, DECEMBER 3RD

2:00 p.m. - 4:00 p.m.



Children five and older will paint two items: cup, plate, or Christmas tree ornament. The clay items will then be taken to the kiln and returned the next week for pick up. These treasures make great gifts!

\$30/child

48-Hour Cancellation Policy
Space is limited to 20 children.

Two spaces left.

- ALMOST SOLD OUT! -



Grand Holiday Buffet

DECEMBER 17TH 11:30 A.M. - 1:30 P.M.



This Christmas will find us in the most festive spirit ever! When you attend the Grand Holiday Buffet with the arts and crafts for the kids, traditional Dickens Carolers, wintery carriage rides and family portraits...

You'll also witness many skilled artisans at work in crafts such as wood carving, glass blowing and jewelry making. While watching these fine artisans at work, you'll have a chance to buy some dazzling holiday gifts!



Holiday Menu

Tossed Garden Salad
Yukon Gold Potato Salad
Grilled Duck and Tortellini Salad
Asparagus, Artichoke & Crab Salad
Fresh Fruits & Berries
Shrimp Newberg
Southern Fried Chicken
Carved Honey Baked Ham
Carved Roasted Prime Rib
Toasted Orzo & Wheat Berry Pilaf
Boursin Whipped Potatoes
Sautéed Ratatouille
Braised Collard Greens Buche de Noel
Linzer Torte
Peppermint Cheesecake
Spiced Ginger Cake

Family Portraits

In the Living Room

\$12.50 each 5x7

Holiday Gift Shopping

Artisans skilled in glass blowing, wood working and jewelry making.

Even if you're not having brunch, please come visit our craftsmen.

Call 477-1724 for reservations.

\$22/adult; \$12/child 8-11;

\$8/child 4-7; and no charge

for children 3 & under.

48-hour cancellation policy applies.

New Year's Eve

Trotters and The Grille

Reservations are available for dinner from 6:00 p.m. until 9:30 p.m.

Appetizers & Soups

Shellfish and Roasted Corn Chowder
sherry essence and crisp pancetta
Cup \$4 Bowl \$5

Chilled Shrimp Cocktail
tomato horseradish sauce
10

Wood Fired Breast of Duck
*white cheddar risotto
and warm blackberry Glaze*
8

Choice of Salad (included with entrée)

IHCC House Salad
sliced egg, crisp bacon and choice of dressing

Traditional Caesar Salad
toasted french bread croutons and parmesan cheese

Mixed Winter Greens
crumbled blue cheese, pita croutons, raspberry grand marnier vinaigrette

Entrées

Skillet Seared Sea Scallops
*grilled pineapple, pink grapefruit and honey reduction
red lentil with basmati rice pilaf*
21

Spinach and Parmesan Stuffed Flounder
*sun-dried tomatoes and chardonnay cream, red lentil
with basmati rice pilaf*
18

Wood Grilled Filet Mignon
*with seared foie gras truffle bordelaise, roasted garlic
with smoked gouda au gratin potatoes*
6 oz. 22 8 oz. 26

Pan Fried Veal Escalope
*sauteed maine lobster and bearnaise sauce with
roasted garlic and smoked gouda au gratin potatoes*
25

Pecan Crusted Free Range Chicken Breast
homemade cranberry reduction with roasted garlic and smoked gouda au gratin potatoes
16

Desserts

Chocolate Orange Tart
with grand marnier anglaise
3.75

Cherry Gelato Baked Alaskan Chocolate Brownie
with cherry compote
4

Mangoes Foster
with coconut ice cream
4

New Year's celebration with the Kinchafoonie Cowboys 9:00 p.m. sharp until 1:00 a.m. New Year's Day

- * ALL NIGHT OPEN BAR
- * HORS D'OEUVRES
- * BALLOON DROP WITH PRIZES
- * KINCHAFOONIE COWBOYS
- * \$50/PERSON

Your choice of dress! If you want to wear a tuxedo, feel free to do so! If you want to wear a suit, please do so! If you choose to wear khakis or jeans, have at it my friend! This evening will be relaxing, comfortable and an awful lot of fun!

IF YOU HAVE DINNER IN TROTTERS OR THE GRILLE TONIGHT,
YOUR ADMISSION TO THE BALLROOM EVENTS WILL BE DISCOUNTED TO \$30/PERSON

Idle Hour Golf & Country Club

*You are cordially invited to attend
The Annual President's Ball*

in honor of

*President Dr. M. Frank Arnold
Friday evening, the twelfth of January
Two thousand and seven
8 o'clock to 10 o'clock*

Members Only

*Black Tie
Idle Hour Country Club*

**Adult Painting
Classes**

with Mr. Daly Smith

Tuesdays, 7:00 p.m. - 9:30 p.m.
February 6th, 13th, 20th & 27th

Each class lasts 2 hours and thirty minutes. Beginner to advanced levels are welcome. You'll paint an original masterpiece.

Each student will bring his or her own supplies. (supply list will be provided) Learn about colors and techniques.

\$165/person for entire 4 weeks.
Classes limited to 12 students.
Call 477-1724 for reservations.
48-hour cancellation policy.

Valentine's Day Dinner & Dance



Featuring W. Harvey Williams

WEDNESDAY, FEBRUARY 14TH



Join us for a candlelight dinner with your special valentine and the most romantic vocalist to ever appear at Idle Hour!

The drama and magic of W. Harvey Williams' bass-baritone will come to you in a Las Vegas style show. He will feature his own unique renditions of the greatest romantic hits of our time, including Louis Armstrong, Nat King Cole, Barry White, Lou Rawls, The Rat Pack and more. You'll dance the night away and fall in love all over again!

More information to come. Babysitting will be available.
Call 477-1724 for reservations.



December

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Employee Party Sunday, December 10 th Club closes at 3:00 p.m. Christmas Eve Sunday, December 24 th Club closes at 3:00 p.m.	<i>Special Hours</i> 			Christmas Day Monday, December 25 th Club closed New Year's Day Monday, January 1 st Club closed	1 All-You-Can-Eat Prime Rib & Crab Legs	2 SANTA'S ARRIVAL & SANTA BRUNCH Breakfast in The Grille	
3 GOLF SHOP OPEN HOUSE PAINTIN' KILN TIME Sunday Brunch Buffet in the Living Room	4 CLUB CLOSED	5 Jackpot Drawing	6	7 "2 for 1" Entrees in The Grille & Trotters	8 SANTA'S CHARITY ROUND ROBIN All-You-Can-Eat Prime Rib & Crab Legs	9 ATHENS COUNTRY CLUB VS. IDLE HOUR TENNIS MATCH Breakfast in The Grille	
10 CLUB CLOSES AT 3:00 P.M. for Employee Christmas Party Sunday Brunch Buffet in the Ballroom	11 CLUB CLOSED	12 Jackpot Drawing	13	14 JUST US GIRLS CHRISTMAS PARTY "2 for 1" Entrees in The Grille -Trotters Closed-	15 All-You-Can-Eat Prime Rib & Crab Legs	16 JUNIOR TOURNAMENT IHCC VS. WARNER ROBINS Breakfast in The Grille	
17 GRAND HOLIDAY BUFFET	18 CLUB CLOSED	<div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> TENNIS CAMP FOR BEGINNERS AND ADVANCED JUNIORS </div>				22 All-You-Can-Eat Prime Rib & Crab Legs	23 Breakfast in The Grille
		19 TENNIS CHRISTMAS PARTY Jackpot Drawing	20 <i>Meeting of the Board of Directors</i>	21 "2 for 1" Entrees in The Grille & Trotters			
24 Sunday Brunch in Ballroom Christmas Eve Club Closes 3:00 p.m.	25 Christmas Day CLUB CLOSED	26 Jackpot Drawing	27	28 "2 for 1" Entrees in The Grille & Trotters	29 All-You-Can-Eat Prime Rib & Crab Legs	30 Breakfast in The Grille	
31 NYE PARTY Sunday Brunch in Living Room							

January

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Annual Meeting Wednesday, January 17 th Club closes at 6:00 p.m.	1 New Year's Day CLUB CLOSED	2 Jackpot Drawing	3	4 "2 for 1" Entrees in The Grille & Trotters	5 All-You-Can-Eat Prime Rib & Crab Legs	6 Breakfast in The Grille
7 Sunday Brunch Buffet in the Living Room	8 CLUB CLOSED	9 Jackpot Drawing	10	11 "2 for 1" Entrees in The Grille & Trotters	12 PRESIDENT'S BALL All-You-Can-Eat Prime Rib & Crab Legs	13 Breakfast in The Grille
14 Sunday Brunch Buffet in the Living Room	15 CLUB CLOSED	16 <i>Meeting of the Board of Directors</i> Jackpot Drawing	17 ANNUAL MEETING CLUB CLOSSES AT 6:00 P.M.	18 "2 for 1" Entrees in The Grille & Trotters	19 All-You-Can-Eat Prime Rib & Crab Legs	20 Breakfast in The Grille
21 Sunday Brunch Buffet in the Living Room	22 CLUB CLOSED	23 Jackpot Drawing	24	25 "2 for 1" Entrees in The Grille & Trotters	26 All-You-Can-Eat Prime Rib & Crab Legs	27 Breakfast in The Grille
28 Sunday Brunch Buffet in the Living Room	29 CLUB CLOSED	30 Jackpot Drawing	31	<i>Valentine's Day Dinner & Dance</i> Featuring <i>W. Harvey Williams</i> Wednesday, February 14 th  		

Spring Preview!

Dance Classes

Thursdays, 7:30 p.m. - 8:30 p.m.
March 8th, 15th, 22nd & 29th

7:30 - 8:30 p.m.

So, you want to learn to Shag Dance? Sign up now for spring classes by instructor, Cherry Young. You'll be shag dancing in no time!

\$90 per couple or \$45 per person.
4 weeks of instruction.
The classes will culminate with a real Big Band Dance...

Sign up for Dance Classes, and receive a discount on admission to the Big Band Show! Space is limited, so don't delay.

Big Band Dance

Saturday, March 31st



Dance to the Big Band sounds of the *Atlanta 17* band. Whether you're a student, a novice or a veteran dancer, you'll have the time of your life with this nationally renowned band. This will sell out.

Some Enchanted Evening

Thursday, April 26th

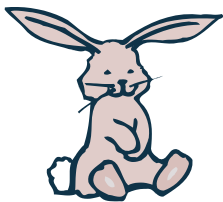


You've sung along to them in the show-er. You've danced to them. You've heard them on the radio.

They are the best songs of the twentieth century and the soundtracks to our lives. This cast of five talented performers brings to the stage the most thrilling blend of Rodgers and Hammerstein's music ever assembled in one show, including *There is Nothin' Like a Dame*, *Surry with the Fringe on Top*, *Oklahoma!*, *Shall We Dance*, *Younger Than Springtime* and *Some Enchanted Evening*.

Build - A - Bunny Workshop

Sunday, April 1st



This year we'll feature something new that kids of all ages will love, and parents, too! Each child will build his or her very own Easter Bunny! Each bunny has his or her own birth certificate and wishing star. The children will fill their bunnies with lots of tender love and care to make a special keepsake. Featuring cookies, tea and a special reading of *Peter Cottontail*.

Spring Father Daughter Dance

May 2007

Mark your calendars for this very special evening at Idle Hour. You'll make a special memory to cherish forever.
Coat and tie and frilly dresses.

Photos available! Look for more details in coming newsletters.

Spring Member Art Show

May 2007

Share your skills as a volunteer or submit your original artwork to be shown during our 3-day member art show. Art will be for display and/or for sale, as the artist prefers. Amateur and professional work is welcome. This event will be a wonderful opportunity to mingle with fellow artists and to purchase fine art.

Please call the Front Desk at 477-1724 to sign up as a volunteer or as a presenter. If you have questions or comments, please contact Executive Administrator Rebecca Harris at extension 222.

*Call the Front Desk at 477-1724 for reservations.
48-hour cancellation policy applies to all events.*



Rob Haver
Wellness Center Director

Thanks to all the runners who braved the morning temperatures to run in the 10K Road Race on November 4th. The distance was a little shorter than 6.2 miles, but the morning turned out great.

The top three finishers for males and females were:

Males

Jason Delves
Mark Barrow
Taylor Abernathy

Females

Hilliary Carson
Marcie Dunwoody
Lori Brewer



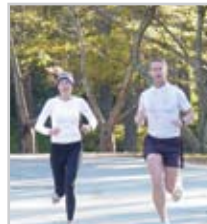
Also participating were:



Marjorie Carter, Kristy Edwards, DeeDee Fitzgibbons, Paige Fulk, Dawn Kennedy, Chanley Lee, Tim McKeown, Chuck Pollock, Kristy Ramsbottom, Leslie Rock, Donna Sapp and Russ Vaughn.

A special thank you goes out to Kristy Edwards, who designed the T-shirts for this year's race.

It's that party season again! How can we avoid putting on extra weight while having a great time? I've included some holiday eating tips to help you eat well and stay healthy in January without having to deprive yourself of all the holiday treats.



Reminders

No Aerobics Classes

December 24th thru January 1st
Classes will resume Tuesday, January 2nd.

Wellness Center Surveys

can still be submitted at the Fitness Desk or online at www.idlehourclub.com. Just click on the Wellness Survey tab, enter your comments and submit.

Holiday Giveaway Drawing

December 22nd
Remember to enter your name and phone number every time you work out for a chance to win a free massage.

Gift Certificates

Massages and personal training sessions are ideal gifts for the holidays. Gift Certificates can be purchased in the Wellness Center or at the Front Desk.

December Wellness Special

Get a head start on the New Year with our "2 for 1" Personal Training offer. Ten 1-hour sessions for two people, \$400. Grab a friend or family member to help you and get a jump on the January rush!

Healthy Tip for December: *Healthy Holiday Eating*

1. Don't go to a party hungry: We often eat faster and more when we are hungry; therefore eat a wholesome breakfast and lunch on the day to avoid over-eating at the party.
2. Watch your portion: Treat yourself a nice drink, dessert, chocolate or sweets without guilt, but always watch your portion. Go for small portions. This way you can sample all the different foods. Moderation is always the key.
3. Make a conscious choice to limit high fat items: Examples of high fat food items are fried foods, cream-based soups, cheese-filled casseroles, pies, processed meats such as salami and sausages, some pastries and baked goods.
4. Try different versions of eggnog: Traditional eggnog is usually made with egg yolk and thick cream.
5. Google "low fat egg nog," and you will find lots of low fat eggnog recipes. If you buy commercial eggnog, you will be delighted to find low fat or fat-free egg nog out there - you can even find soy nog!
5. Try other versions of alcohol: Instead of beer, cider, Bailey's and Kahlua, try dry wine, Bloody Mary's or spirits with diet mixer, which has fewer calories. Remember: Calories from alcohol tend to be stored in the abdomen. People who are overweight actually gain weight more easily when they consume alcohol.
6. Drink plenty of water: Alcohol and coffee can dehydrate your body.
7. Physical activity: Take nice brisk walks with your loved ones, and enjoy their company in the holiday season.



The Gift of Golf

Bobby Hix
PGA Director of Instruction

It's the time of year again when we are racking our brains about what to get that special person for Christmas. You know, the one who has everything – except a lower handicap!

Give them the gift of golf this year. A gift certificate for lessons or a club fitting is the gift that will keep on giving throughout the year. And as a benefit to you, you never have to worry about the right size, color or style, because one size certificate fits all.

We wish you a Merry Christmas and a Happy New Year from the Golf Learning Center.

Golf Learning Center Gift Certificates:

- Individual Lesson
- Driver, Iron and Putter Fitting
- Lesson Series – 3 Lessons for the price of 2
- Unlimited Lesson Package – Available during January & February only
- Gift Certificates can also be customized to fit any particular need you may have.

NEW for 2007

Scoring Improvement Package – Includes 2, 9 hole playing lessons (before and after) and 4 hours of golf instruction.

Please call the Golf Learning Center at 477-8777 for any questions you might have.



Just Us Girls - Clinics

Sally Hammell
LPGA Teaching & Club Pro

Just Us Girls Golf Club has provided a FUN and positive learning experience for both the young lady golfers and for the Mercer University women's golf team!

This fall, we had 7 girl's golf clinics at the Learning Center with girls ages 3 and up. Clinics covered topics such as putting, chipping, pitching and full swing. We have also played a scramble with the Mercer team on the Par 3 course. All of the young ladies have been improving on their skills every week, and it has been wonderful to see them all develop over such a short period of time.



I believe the best part about the entire clinic series has been watching the young ladies interact and

form friendships with the girls on the Mercer team. The college girls have been able to give each young lady one-on-one attention and show them skills they use in competition.

It seems each junior has a favorite person on the team who they like to help teach them each week. For me, as an instructor, and for the Mercer team, this program has been a wonderful way for us to give back to the game that has given so much to each of us by developing the next generation of female golfers. This is how we grow the game of golf and how we become positive role models to those around us.



The Just Us Girls Golf Club end of the year celebration and Christmas party will be held on Thursday, December 14th at 5:30 p.m. at the Learning Center. All participants are invited to attend.

Senior Peach Blossom Invitational

Championship A	3 Day Total
1 Russell / Blalock	201
2 Adams / Collins	201
3 Lowery / Webster	202

Championship B	
1 Manton / Everett	207
2 Starr / Allen	207
3 Herring / Moore	210

Championship C	
1 Benson / Malcolm	211
2 McBride / Hutchenson	211
3 Tyrell / Sinram	211

Championship D	
1 Wynn / Schatzman	212
2 Winsor / Hauch	212
3 Jenkins / Tindle	213

Flight 1	3 Day Total
1 Arnold / Miller	210
2 Hall / Estes	213
3 Williams / Olsen	214

Flight 2	
1 Dodd / Nicholson	218
2 Sorel / Grant	218
3 Mills / Ward	219

Flight 3	
1 Bowden / Mitchell	219
2 Felty / McConnell	220
3 Floyd / Friedman	221

Flight 4	
1 Zachary / Boddie	222
2 Smith / Brown	225
3 Hobgood / Stimak	226

Flight 5	
1 Blaska / Shlora	238
2 Starr / Holland	238
3 Nash / Irvine	239

Green Fee Specials

Guest Fee Special \$59
Tuesday, Wednesday and Thursday
Includes 18 Holes and a Cart

Great Rounds & Eagles

Hole in One – Bill Bowden recorded a hole-in-one on the Lakes course at Long Walker Park. He used a Pitching Wedge on the 135-yard 3rd hole to shoot the ace.

Announcements

Congratulations are in order for several members of our Idle Hour Staff. Bobby Hix was recently named the 2006 Teacher of the Year for the Central Georgia Section. Kirk Hice has just finished his term on the Board of Directors for the Georgia PGA, and he was also named 2006 PGA Professional of the Year for the Central Georgia Section. And Wade Thomas was honored as the 2006 Georgia Superintendent of the Year.



Turfgrass

Wade Thomas
Director, Greens & Grounds

This is a great time of the year to make changes to your landscapes at home. Remember from last month that planting, pruning and moving plants from place to place is best done now with the plants in a dormant state. Keep your lawns free of debris so sunlight can get to the turf. Even while dormant, plants must breathe in order to survive.

We have made changes to 13th green on the right side to make that pin placement more accessible. Though subtle, this change is adequate so as to keep the pin challenging without being easy. We simply took some of the slope off of the last 10 feet of the right of the green.

We have been busy chasing leaves all fall. Over the next 90 days our focus will be on landscaping, equipment rebuilding, and irrigation improvements on the course. We will begin pruning trees this month and continue all winter throughout the grounds and course. We have plans to rework 16th fairway next year to improve its playability. We will also do many tees in 2007 to square them and increase the surface area of the tee boxes. Please call us at 477-2373 if you have any questions.



Message from Craig

We hope you have had a wonderful year at IHCC Tennis!! We had a lot of activities going on in 2006, and we plan to have even more in 2007.

The Tennis Shop staff would like to thank everyone for your gracious hospitality and for everything you, the members, have done for all of us. We hope to see all the participation we had in 2006, in our 2007 events. I hope you all have a safe and wonderful holiday season!!!

Your friend and Tennis pro,
Craig Jones USPTA, USPTR
Director of Tennis

A Huge Success!

The Boo-Bash was absolutely outstanding this year!!! We were even able to give out Best Costume Awards, and believe us, the choices weren't easy. But congratulations to all of our winners. If you missed out this year, put it on your 2007 calendar, and join in on all the fun next year.



Best Dressed Girl: Hadley Neal
Best Dressed Boy: Gunn Bush



Runner up:
Montgomery Jones



Runner up:
Claudia Monfort

Tennis Tip from Robbie

Simple is Best

It's always great when you think about your next shot and when you figure out your opponent's weak points, but when the tough get going, the going gets tough. When you're out there in the middle of a tough match, keep it simple:

*When your opponent is on one side of the court, hit the ball to the other side.

*When your opponent is on the net; hit the ball over his/her head.

*If your opponent's position is close or far back, hit the ball long or short, accordingly.

*If you know that your opponent's backhand is strong, try hitting to his/her forehand.

*The biggest mistake most players make is trying to make the game more complicated.

*When the match is close, never try to over think yourself or the game.

Make your opponent earn the point!

"Did You Know?" David Higdon



One of the most outstanding members that I know is David Higdon. He is a partner with Chambless, Higdon, Richardson, Katz and Griggs Law Firm. He is a man that exemplifies truth, compassion, dedication and leadership, not just in Tennis, but other parts of the Club, as well.

David has been a member of Idle Hour for many years and has been devoted to our Tennis program from the very beginning. He and his lovely wife, Marguerite, have always shown a love and dedication to Tennis. David is an outstanding 4.0 Doubles player. He organizes a weekly doubles mixer here at Idle Hour, which, in part, has kept our Tennis program in such great shape. He has won the Mixed Doubles State Championship and is involved with the Tennis Committee. He is also a member of the MTA Board and is lending his expertise in keeping Macon Tennis afloat. His driving force has made him a wonderful ambassador and helped our Tennis program expand and grow. David Higdon is a great asset to Idle Hour. Congratulations, David!! You're one of a kind!!!

Upcoming Events

Open House in the Tennis Shop

December 3rd

1:00 p.m. - 6:00 p.m.

We will have open house for all of our new members. Members who have been affiliated with Idle Hour for some time, please also come and see what's new in our Tennis Shop.

Fish Bowl Sale

December 3rd

the same day as Open House folks...

Come to our Open House, and see what we have in store for you!

The way it works: When you come in, you can pick ANY ITEM IN THE STORE!!! That's right, we mean any and everything!!! Maui Jims, ALL clothes and shoes, socks, hats, rackets and so much more. Once you have selected your entire purchase, you will then pull from our fish bowl, and whatever discount you pull, you will receive!!! Everything is on sale from 10% to 50% OFF!!!

Tennis Camp

Beginners & Advanced Juniors

December 19th - 23rd

Conducted by Craig. Please plan to attend.

\$100.00 for the week.

Beginners: Tuesday - Saturday

10:00 a.m. - 12 noon

Advanced: Tuesday - Saturday

1:00 p.m. - 4:00 p.m.

Craig's Christmas Party

For all of Craig's, Robbie's, and Diego's students!!!

Tuesday, December 19th at 6:00 p.m.

Thanks to everyone for all your hard work this year!

Santa's Gifts & Toys Ladies' Round Robin

December 8th

Begins at 9:00 a.m.

'Twas the night before Christmas

And all through the house,

Not a creature was stirring, not even a mouse...

The stockings were hung by the chimney with care

In hopes that Saint Nick would soon be there..."

We all remember that famous Christmas story, but this year there will be children that may not have a Merry Christmas because of various reasons. Idle Hour Tennis wants to help these children in need. Our Round Robin is a way to help them have a very Merry Christmas they won't forget. All you need to do to participate in this special charity event is to bring a toy valued between \$5 to \$15.

Let's get into that Christmas spirit and show the meaning of "The season of giving."

Athens Country Club vs. IHCC

December 9th

All Day Event!

Come on Men!! Lets show Athens what Idle Hour is all about!!! We need eight 4.0 men, four 3.5 men and four 3.0 men. If you are interested, please call 477-6701.

Tennis Drills Private Lessons, Group Lessons & Drills

USTA 1-2-3 Step Ladies Drills

If you'd like to spice up your life by adding a new hobby, tennis is a great idea. If you'd like to learn how to play tennis, join us!

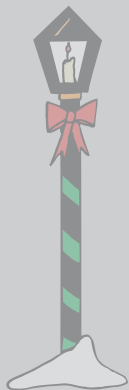
Wednesdays, 9:30 a.m. - 10:30 a.m.

Ladies Open Drills

Ladies, please come out and join our drills! It is a great opportunity to enhance your skills for USTA matches, as well as social tennis.

Thursdays, 10:30 a.m. - 12 p.m. for 3.5 & 4.0

Fridays, 9:00 a.m. - 10:30 a.m. for 3.0



Men's Saturday Morning Drills

Drills for men of all levels.

Saturdays, 9:30 a.m. - 11:00 p.m.

Starter Level Jr. Tournament Drills

Drills for Starter Level Junior Tournament players.

Saturdays, 1:00 p.m. - 2:00 p.m.

Jr. Tournament Level Drills

Drills for Tournament Level/Advanced Players.

Wednesdays at 5:30 p.m. - 7:00 p.m.

Saturdays at 2:00 p.m. - 3:30 p.m.

Hours of Operation

Sunday Buffet in the Living Room

Reserved seating available in Trotters and The Grille
Tuesday - Friday..... 11:30pm-2:30pm

The Grille

Breakfast & Lunch Service

Tuesday - Friday..... 11:30pm-2:30pm
Saturday Breakfast/Lunch..... 7:30am-2:30pm
Sunday Brunch..... 11:30am-2:30pm

Dinner Service

Tuesday - Thursday..... 5:00pm-9:00pm
Thursday Night "2-for-1" in The Grille & Trotters
Friday & Saturday..... 5:00pm-9:30pm
Friday Night "All You Can Eat Prime Rib & Crab Legs"
Sunday..... 5:00pm-9:00pm

The Sports Bar & Club Room

Menu Service

Tuesday - Thursday & Sunday..... 11:30am-9:30pm
Friday & Saturday..... 11:30am-10:00pm

Bar Service Hours

Tuesday - Thursday..... 11:30am-11:00pm
Friday & Saturday..... 11:30am-Midnight
Sunday..... 12:30pm-10:00pm

Men's Locker Room Attendant

Tuesday - Friday..... 8:30am-Dusk
Saturday & Sunday..... 6:30am-Dusk

Men's Grille

Tuesday - Sunday..... 11:30am-8:30pm

Tennis Shop

Sundays..... 1:30pm-5:30pm
Mondays..... Closed
Tuesday - Thursday..... 8:30am-7:30pm
Friday & Saturday..... 8:30am-6:30pm

Golf Shop

Mondays..... Closed
Tuesday - Friday..... 7:30am-6:30pm
Saturday & Sunday..... 7:00am-6:30pm

Pool (in season)

Tuesday - Sunday..... 10:00am-8:00pm
Mondays..... Closed

Youth Building (in season)

Tuesday - Sunday..... 11:00am-7:30pm
Mondays..... Closed

Wellness Center

Monday - Friday..... 7:00am-7:00pm
Saturday..... 7:00am-12:00pm
24-Hour Access with your ID card or entry code

Babysitting Service

For children aged 1 year - 10 years

Tuesday - Friday..... 8:00am-1:00pm
Thursday & Friday Evenings..... 6:00pm-10:00pm

Reception Desk

Tuesday - Saturday..... 9:00am-9:00pm
Sunday..... 9:00am-7:00pm
Voicemail system available 24 hours/7 days a week



Volume 16; Issue 12

THE IDLE TIMES

(USPS 005 801) is published monthly for \$12 per year
by Idle Hour Golf and Country Club
251 Idle Hour Drive, Macon, GA 31210.

PERIODICAL POSTAGE PAID

at Macon, Georgia.
POSTMASTER:

Send address changes to:

THE IDLE TIMES

251 Idle Hour Drive
Macon, Georgia 31210

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