

# The IDLE TIMES

Volume 20, Issue 8 August 2010



Thanks, Tennis Campers!

# From the Desk of



Mr. David Ruddell, Jr., CCM  
*General Manager*

I hope everyone has been enjoying the hot and humid summer so far. Remember, the Pool will close for the season on September 7<sup>th</sup>, after

Labor Day, so enjoy our new facility while you can. It seems that everyone has enjoyed the expanded menu that Executive Chef, Victor Pinkney has provided in the Youth Building. We have had many comments on the variety and quality of ingredients IHCC is using, and we hope you will continue to enjoy our offerings. I would like to thank everyone who has made comments and suggestions; this allows us to improve our operation and provide you exactly what you are looking for.

We have installed a new lightning detection system at the Club. The Thor Guard System takes any guesswork out of a potentially dangerous situation. The system measures and analyzes the electrostatic field in the atmosphere. This allows us to detect the possibility of lightning in a 5-mile radius around the Club. When a siren sounds, everyone outside on the property should seek immediate shelter. This will impact golf, tennis, and pool operations. When it is safe to continue your outdoor activities, the siren will sound three quick blasts. That will be your indication to resume all activities.

We have had some issues with locker room usage by underage children at the Club. No one under 18 is allowed in the locker rooms (both Men's and Ladies.) This rule is in effect for the enjoyment of the entire membership, and we appreciate your understanding.

Please join us in recognizing some of our young athletes. Congratulations to Grace Tinkey on being named the Middle Georgia Girl Athlete of the Year by *The Macon Telegraph*, as well as twice named the All-Middle Georgia Girls Cross Country Runner of the Year. Grace has excelled in various Club and FPD school competitions, and has even finished well in various regional and national races. Congratulations to Becker O'Shaughnessey for winning the Doubles in the Boy's 16's National Open this past month in Montgomery, Alabama. Becker also made it to the finals of the Singles. We also would like to congratulate Jess Jones for winning the boys 14's National Open in Singles which took place in Little Rock, Arkansas. Great job, all! We look forward to following your achievements in the future.

We have many fall activities planned for you, and we hope you will enjoy reading about them all in this issue! Don't miss our largest ever Labor Day Celebration with dinner catered by Nu Way and live music performed by Josh Carson. Thank you for your support. Please let me know if I may be of assistance. You may reach me at 477-1724, ext. 223, or [druddell@idlehourclub.com](mailto:druddell@idlehourclub.com).



## 2010 Board of Directors

Mr. H. Stephen Popper, III - President  
Mr. J. Sam Pearson - Vice President  
Mr. Cubbedge Snow, III - House/Fitness  
Mr. Craig Leachman - Golf  
Mr. Roy "Trip" Walden -  
    Long Range Planning/Capital  
Mr. W. John O'Shaughnessey -  
    Tennis/Special Projects  
Mr. Mel Jamison - Pool/Youth  
Mr. Bryan Persons - Membership  
Mr. Jimbo Walker - Secretary/Entertainment

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Courtney Fendt, Controller  
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Leon Hart, Clubhouse Maintenance  
Laura Harris, Human Resources Manager

## The Idle Times

Theresa Abercrombie, Designer & Editor  
[idletimes@live.com](mailto:idletimes@live.com)

# Membership Information

Welcome, New Member!  
Effective July 21, 2010



MR. WESLEY JOYNER WALTHALL  
Walthall Oil Company - Sales  
125 Powers Plantation Court  
Macon, GA 31210  
478-474-1134  
Sponsor: Mr. Richard Hicks

Posted for Membership  
Effective August 18, 2010

MR. GREGORY K. FUSSELL  
Occupation: Southway Crane & Rigging  
Owner/Partner  
Sponsor: Mr. Chad F. Griffin

MR. MAURICE E. "GENE" SMITH  
Occupation: Sanford Advisory Services - Vice President  
Sponsor: Mr. Jeffery L. Avant

Posted for Membership  
Effective September 14, 2010

DR. CURTIS O. HAYSLIP  
Occupation: Dentist  
Middle Georgia Center for Cosmetic Dentistry  
Sponsor: Mr. Winburn Stewart

MR. JAMES K. STIFF  
Occupation: Goodwill Industries - President/CEO  
Sponsor: Mr. Winburn Stewart

MR. CHARLES F. OLSON  
Occupation: The Bill Shanks Show  
Update Anchor/Assistant Producer  
Sponsor: Mr. Edmund E. Olson

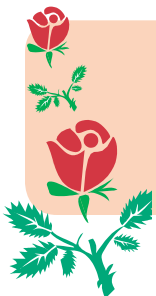
Any comments concerning those posted  
for membership may be directed to the  
Membership Chairman, Mr. Bryan Persons.

## Intermediate Member Window of Opportunity

Initiation Fee: \$15,000  
Availability: April 1, 2010 - Dec. 31, 2010  
Eligibility: Applicant between ages 21-30  
Legacy: Candidate or candidate's spouse is  
a child/grandchild of a present or deceased  
member in good standing.

- I. Legacy Membership
  - a. 20% discount on total initiation fee regardless of membership classification
  - b. Additional 5% discount if member pays in full up front.
  - c. Down payment of \$2,500
  - d. On each anniversary of first month in Club payment of \$1,000 will be due toward initiation fee. Balance due in full at age 35.
  - e. Initiation fee may be paid in full at any time
  - f. 0% finance charge
  - g. Sponsor rebate - \$1,000
- II. Non Legacy Intermediate Membership
  - a. \$2,500 down payment
  - b. On each anniversary of first month in Club payment of \$1,000 will be due toward initiation fee. Balance due in full at age 35.
  - c. Balance can be paid off in full at anytime and receive 10% discount on outstanding balance
  - d. 0% finance charge
  - e. Sponsor rebate - \$1,000
- III. Promissory note will be executed
- IV. In the event the member is relocated outside Macon or the six contiguous counties and elects not to become a non-resident member the balance of the initiation fee will be waived.
- V. In the event the member resigns the Club he/she will be obligated to pay 25% of the balance of the initiation fee at the time of resignation.

Monthly Dues of \$261  
Monthly Service Charge of \$35  
Quarterly Food Minimum of \$100



## In Sympathy

Our prayers and condolences  
to the family and friends of  
Margaret L'Engle Hardin  
June 9, 2010



# Club Announcements



## MEMORIAL PROJECT

*President H. Stephen Popper, III*

*We are only as rich as our history... Won't you help us share a wealth of memories with future generations?*

**I**dle Hour has a rich history of almost one hundred years marked by friendship and fellowship all centered around golf, tennis, swimming, fitness and banquet events. If any of these events have represented a memory for your family, to be displayed in a trophy, news article, or merely a photo, please share that with all of us! Whether it's your old swimming uniform from the first Idle Hour swim team, The Idle Hour Porpoise Club, as Cordelia D. Holliday has been so generous to share with us, or even an article from the local paper as recent as this year... We want to know how Idle Hour has affected each of you - and how you have affected Idle Hour!

**H**ow future generations remember us will depend on each member's contributions. With only several items to begin our collection, no artifact is too simple - anything you can share to mark a special place in Idle Hour's history will be much appreciated.

**C**ould it be that the old piece of tin in your attic is from one of Idle Hour's first golf tournaments or that the photo of your great aunt was taken at her wedding in the original Club location, The Log Cabin? Look closely... Dig through boxes and albums, and you will find treasures to share and help shine a light on the early days of the Club where only mysteries currently remain.

**C**onsider yourself a historian just for a day, and go on a mission like Indiana Jones for the Legend of Idle Hour Country Club... It'll be so fun for you and your family to reminisce about lost times - and so rewarding to bring those times to the forefront of Club history to share with current members and future generations. Every member has been a building block for Idle Hour Country Club, and we want to uphold those blocks through time, so that nobody forgets how rich the Club's history is and what it all means to us. We are a family, and generation after generation, we remain proud of our history - just like any other family. So, let's cherish every moment, past present and future, and let's bring our history to life. We will have our history on display soon... and we'd like to share every article - especially yours! Just bring your articles to the office of General Manager David Ruddell, Jr., CCM. ●

## FISHING WITH DAD

*What a wonderful evening had by all!*

Although the temperature was hot and the crowd was thirsty, our dads and kids were hard at play, trying to catch that great big winner. We had 10 families show up for this fun and free festivity. Our Idle Hour pond was jumping with brim, 5 1/2" brim, but they were jumping.

We awarded prizes for 1<sup>st</sup> and 2<sup>nd</sup> place in biggest fish, smallest fish, and most fish caught categories.

Our 1<sup>st</sup> place winner for biggest fish was Daniel Paulin. He reeled in a 13 3/4" bass weighing in at 1 1/2 lbs, and not only did the Paulin family catch the biggest and baddest fish, but they also caught the most, hooking 19.

Our 1<sup>st</sup> place winner for the smallest catch of the day was Andrew Delves reeling in 3 3/4" brim.

Our 2<sup>nd</sup> place winners were the father & son duo of the Kovacs family for the 2<sup>nd</sup> biggest fish, the Gunn family for the most caught, and the Hatcher family for the smallest.

Just a side note, none of our Idle Hour fish were harmed. All fish were caught and released. Way to go, everyone!



## CLUBHOUSE SCHEDULE

### Annual Clubhouse Shutdown

July 27<sup>th</sup> - August 2<sup>nd</sup>

*Pool & Youth Building will remain open.*

### Labor Day Weekend

The Club will be OPEN  
on Monday, September 6<sup>th</sup>.

*Last day Pool & Youth Building are open!*

*The Club will be CLOSED  
on Tuesday, September 7<sup>th</sup>.*



## WEEKLY WINE SPECIALS



When dining in The Grille,  
please ask your server for the

### **Wine of the Week.**

This special is available  
only as long as supplies last,  
based on a limited supply of wine.

## EMPLOYEE OF THE MONTH

*Neal Johnson*



Congratulations to Neal Johnson for being honored as June's Employee of the Month. Neal is an integral part of our Golf Staff here at Idle Hour. His demeanor never changes and he welcomes everyone each day with a warm smile and jovial conversation.

Neal has been a part of the Idle Hour Staff for close to 6 years and has managed the Blum Golf Learning Center since it's opening in 2004. Neal's experience in Club Repair, Club Fitting, and Golf Equipment is unparalleled throughout Georgia and we are quite lucky to have him on our team. He always goes the extra mile to help others and we appreciate his hard work and dedication to IHCC. There are few who are more deserving of this honor.

*Thanks, Neal!  
Congratulations!*

# Special Events

## BINGO!



**Mark your calendars...  
to win big!**

**Reservations please: 477-1724.  
48-Hour Cancellation Policy.**

**Wednesday, August 11<sup>th</sup>**

**6 p.m. - Cocktails by Signature**

**6:30 p.m. - Buffets**

**7 p.m. - Bingo!**

\$12.95/adult, \$8.95/child under 12

Includes 1 Bingo card. Extra cards: \$2 each or 3/\$5

***Wear School Shirt for Free Bingo Card!***

Tossed Garden Salad

Fresh Seasonal Fruit & Berries  
with Banana Rum Yogurt

Tri-colored Tortellini  
& Blackened Portobello Salad  
with Roasted Garlic Balsamic Vinaigrette

Southern Fried Chicken  
Herb Crusted Smoked Pork Chops  
with Caramelized Onion  
and Cracked Black Pepper Bordelaise

Cinnamon Sweet Potato Au Gratin

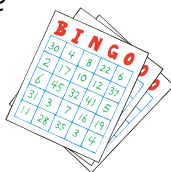
Oven Roasted Vegetable Medley

Chicken Fingers, Mini Corn Dogs

Crinkle Cut Fries, Onion Rings

Cookies, Grand Marnier Cheesecake, Toll House Pie

**Also mark your calendar for Bingo on September 8<sup>th</sup>**



**In the Sports Bar**

**Friday, August 20<sup>th</sup>**

**9:00 p.m. - 11:00 p.m.**

**Directed by DJ Kevin**

**Just walk-in and sign-up!**

## 6<sup>th</sup> Annual IHCC Mini Triathlon

**Postponed until September  
Date to be Determined**



**Member/Guest Event**

**5-Lap Pool Swim, 9-Mile  
Bike Ride, 2-Mile Run**

**Remember to take precautions  
while exercising outdoors in the heat  
to safely train for this event.**

**For more information and to sign-up,  
please visit the Wellness Center.**

## Couples' Night Out

**Wednesday, September 22<sup>nd</sup>**

**6:30 p.m. Signature Cocktails \* 7:00 p.m. Dinner**

**Featuring a Stainless Steel Dinner in the Main Kitchen**

**Three Course Meal & Wine Pairings, \$50/person**

**Advance Reservations Required. Limited to 12.**

**Free Babysitting Service! 48-Hour Cancellation Policy.**

**Baby Mixed Greens  
with Peppered Goat Cheese,  
Toasted Almonds, Sliced Peaches  
and Raspberry Champagne Vinaigrette**

~

**Duo of Filet Mignon with Veal Demi Glace  
& Lobster Thermidore**

**Whipped Yukon Gold Parmesan Potatoes  
Vegetable Bouquet**

~

**Chicory & Coffee Mousse  
with Praline Ice Cream and Mini Beignets**



12 p.m. ~ Free Keg Beer  
3 p.m. - 5 p.m. ~ Pool Games  
5 p.m. - 8 p.m. ~ Nu Way  
with live entertainment  
by Josh Carson!

**Must RSVP by Sunday at 12:00 Noon.  
48-Hour Cancellation Policy.**

*The Youth Building will not offer menu service  
after 5 p.m. Only snacks and beverages.*

**Nu Way - All You Can Eat**  
**\$12.50/adult**  
**\$10.50/kid**

**Hamburgers, Hot Dogs,  
French Fries, Onion Rings,  
Chilli, Sodas, IHCC Slushies**

**Labor Day Monday, September 6<sup>th</sup>,  
Front Desk will be open normal hours.**

**The Grille and Sports Bar  
will close at 5 p.m.**

**This is the last day the Pool is open!  
The Club will be closed on Tuesday,  
September 7<sup>th</sup>.**

## Pool Information

**Pool Hours: 10:00 a.m. - 8:00 p.m.**

**Youth Building Hours: 11 a.m. - 7:30 p.m.**

**Dress Code: NO CUT-OFF JEANS OR KHAKIS.  
SWIMSUITS ONLY.**

**Everyone must sign-in at the Pool**  
**All Non-Members must be accompanied by a  
member at all times!**

In-town Guest or Relative Fee: \$5.00

Out of Town Guest or Relative Fee: \$5.00

House-Guest Fee: \$3.00

Out of Town Grandchildren: Free, only when  
accompanied and supervised by the member  
grandparent.

**Don't Forget! If you don't have one from last  
summer, you must get a Pool I.D. card to enjoy the  
amenities offered at the Pool. Get your Pool I.D.  
card Tuesday - Saturday, 9 a.m. - 9 p.m. Ready  
in just 5 minutes at the Front Desk. Replacement  
cards are \$5, charged to your account.**

### Pool Forms

Please complete and return the Pool form if you  
have not done so already, and if you have children  
ages 9 - 16. This form must be on file, and a  
swimming test must be administered before a child  
may swim unsupervised:

### 9 - 16 Year-Olds Must Qualify to Swim Unsupervised

1. Parents must complete and return the Pool  
Registration Form - no exceptions.
2. Nine year-olds must pass a basic swimming test  
administered by the lifeguards.
3. All unsupervised guests must be signed-in upon  
entering the Pool area. Non-member children  
ages 9 - 16 must also pass the swim test before  
entering the Pool Area without supervision.

### Infants & Non-Potty Trained Children Must Wear Approved Swim Diapers - NO EXCEPTIONS.

This policy applies to members and guests. Swim  
diapers are available at Kroger, etc., and may be  
purchased at the Pool Complex.

Please be sure to also monitor your preschooler's  
pool time, taking bathroom breaks regularly. Pool  
"accidents" require the closing of the pool for up to  
24 hours for chemical treatment.

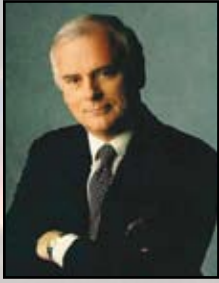


# September

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Author, Stuart Woods</i> Book Review &amp; Luncheon Tuesday, September 21<sup>st</sup></p> <p>Autographs and review of <i>Santa Fe Dead</i>, with lead character Ed Eagle.</p> 			<p>1 LGA Club Championship &amp; President's Cup</p>	<p>2 "2 for 1" Entrees in The Grille &amp; Trotters</p>	<p>3 All-You-Can-Eat Prime Rib &amp; Crab Legs</p>	<p>4 Breakfast in The Grille</p>
<p>5 Sunday Brunch Buffet in the Living Room</p>	<p>6 LABOR DAY CELEBRATION <i>Nu Way</i> <i>Josh Carson</i>  CLUB OPEN</p>	<p>7 GREENS AERFICIATION  CLUB CLOSED</p>		<p>8 IHCC BINGO</p>		<p>9 "2 for 1" Entrees in The Grille &amp; Trotters</p>
<p>LADIES' TENNIS BOOT CAMP</p>						
<p>12 Sunday Brunch Buffet in the Living Room</p>	<p>13  CLUB CLOSED</p>	<p>14 LGA MEET/SCRAMBLE  Meeting of the Board of Directors  Jackpot Drawing</p>	<p>15</p>	<p>16 MEN'S NIGHT OUT  "2 for 1" Entrees in The Grille &amp; Trotters</p>	<p>17</p>	<p>18 Breakfast in The Grille</p>
<p>19 Sunday Brunch Buffet in the Living Room</p>	<p>20  CLUB CLOSED</p>	<p>21 STUART WOODS <i>Santa Fe Dead</i>  Jackpot Drawing</p>	<p>22 COUPLE'S NIGHT OUT <i>Stainless Steel</i> <i>Dinner with Chef</i></p>	<p>23 LGA CLUB 9 MEN'S NIGHT OUT  "2 for 1" Entrees in The Grille &amp; Trotters</p>	<p>24 KIDS' CAMP OUT  FALL BRAWL</p>	<p>25 Breakfast in The Grille</p>
<p>26 Sunday Brunch Buffet in the Living Room</p>	<p>27  CLUB CLOSED</p>	<p>28 LGA 18 PLAY DAY  JR. PLAY DAY  No Book Club  Jackpot Drawing</p>	<p>29</p>	<p>30 MEN'S NIGHT OUT  "2 for 1" Entrees in The Grille &amp; Trotters</p>	<p><b>Special Events</b> <b>LEGEND</b> Club Special Club Regular Golf LGA Tennis Wellness</p>	

# Save the Date!

Back by Popular Demand



## Stuart Woods

Santa Fe Dead Review & Luncheon  
Tuesday, September 21<sup>st</sup>

11:30 a.m. - 11:55 a.m. - Meet & Greet  
12:00 Noon - Lunch and Review

Baby Mixed Greens  
with Strawberries, Walnuts, Feta Cheese  
and Spiced Mango Vinaigrette

Grilled Pork Chop  
with Kirsch Cherry Reduction  
Smoked Gouda Whipped Potatoes  
Grilled Aparagus and Julienne Vegetables

Key Lime Cake with Raspberry Coulis  
Chantilly Cream and Fresh Berries

## Kid's Out

Friday, September 24<sup>th</sup>  
6:00 p.m. at the Learning Center

Camp out under the stars!  
Members and kids of all ages are welcome.  
Space is limited to fifty people.  
Call 477-1724 for reservations.

Please say the number in your party.  
An adult guardian must accompany children.  
Bring your sleeping bags, tents and gear.  
\$30/person includes dinner, beverages, campfire  
s'mores, fishing, an evening movie and breakfast.

### Dinner Buffet

Cole Slaw, Potato Salad, Grilled Hamburgers,  
Grilled Hot Dogs, Potato Chips, Cookies  
and "Make Your Own" S'mores,

### Breakfast Buffet

Assorted Cereals, Fresh Fruit, Scrambled Eggs,  
Plain & Blueberry Pancakes, Warm Maple Syrup,  
Bacon, Hash Browns, Juice and Coffee

Space limited to 50 people.  
48-Hour Cancellation Policy.



10 Idle Hour Golf & Country Club

Maryellen   
Hooper

COMEDY NIGHT!  
Wednesday, October 27<sup>th</sup>

Signature Bar at 6 p.m.  
Dinner at 7 p.m.  
Show at 8:15 p.m.  
\$35/person.



She's a veteran of  
*Comedy Central* and the  
*1998 Female Comedian  
of the Year*, a physical  
story-teller, about her  
life as a woman, wife  
and mother - never  
crude or offensive. No  
story is too sacred to  
share with an audience.

[www.maryellenhooper.com](http://www.maryellenhooper.com)



It's a **GHOULISHLY** good time !!

**IHCC HAUNTED HOUSE**  
More Details to Come...

# From the Wellness Center...



**Rob Haver**  
*Wellness Center Director*  
474-8535, ext. 271

## Is it Dehydration... or Hyponatremia?

With temperatures topping 100 in the past month, I have heard about some of our "athletes" (i.e. Tennis players, golfers, runners and triathlon trainers) suffering from dehydration or heat exhaustion.

Most of you are aware of the symptoms: nausea, muscle cramps, disorientation, slurred speech, etc. However, often these symptoms can also indicate hyponatremia. Hyponatremia, also called water intoxication, is generally the result of drinking excessive amounts of plain water, which causes a low concentration of sodium in the blood. Once a rare occurrence at sporting events, it is becoming more prevalent as participation increases and more novice exercisers are entering endurance events.

Prolonged and excessive sweating increases the risk that an athlete will alter the balance of blood-sodium levels. With the sodium lost in sweat it is important for those exercising at high intensities for long periods of time to replace any losses. Sodium is required to draw water through permeable membranes in the body and, thereby, distribute fluid throughout the body. When you sweat, you lose water and salt. Salt consists of sodium and chloride and is represented as NaCl, so lots of sweating means you are depleting your sodium stores in the body. If the sodium levels in your blood get too low (hyponatremia) you will no longer be able to move water across permeable membranes, and you will become dehydrated - even if you are drinking enough water.

Drinking water is not enough - there must also be enough sodium in your body to move fluids into the bloodstream. So, even if you drink sports drinks during a hot race, it is very likely that you will sweat out more salt than you can replace.

You will need to replace salt specifically. This can be accomplished by either eating salty foods or taking salt tablets. There are pros and cons to both: salty foods will taste good, and the fact that you are 'tasting' the salt will help to trigger a thirst response, which will make you drink more. However, you will need to eat a lot of salty food to get in enough sodium. One gram of sodium equals 2.5 grams of table salt. Now, one tablespoon of salt weighs about 6.6 grams, so you will need less than half a tablespoon (per hour), but if you are trying to ingest that from pretzels or crackers, that's a lot of food you'll have to carry.

On the other hand, salt tablets are convenient little 'pills' made up of sodium and chloride (some electrolyte tablets may have other ingredients, but basic salt tablets are just table salt), which are easy to carry and ingest. However, since they don't stimulate a thirst response, you will have to make sure that you are drinking enough during the race.



The nice part about ingesting salt while you race is that it allows you to drink plain water for a change from the sports drink of the day. That can be a welcome relief on a hot day because you

can wash your face, head, etc. and the water is often colder than the sports drink because it doesn't have to be mixed ahead of time. As always, it is important to consult your physician for special considerations if you have a history of any health problems or are taking any medication for a health condition.

-- Facts from various web sources, available upon request.



# From the Learning Center

## Swing Bow-Legged to Stop Lateral Slide

**Bobby Hix**

*PGA Director of Instruction  
Arnold Blum Golf Learning Center  
A Golf Digest Top Teacher*

Most players commonly employ too much lateral motion in their forward swings. This is especially harmful on tee shots with the driver, as it causes the downswing plane to be too steep, imparting an unwanted amount of backspin to the ball. This backspin reduces the overall distance of the shot by cancelling the amount of roll a player should get. This sliding can also cause the player to hit those skied tee shots too.

The Bow-Legged drill prevents excessive lateral movement on the downswing and flattens out the swing arc so the clubhead approaches the ball moving level to slightly upward. Note: The slower the swing speed, the more upward the club must approach the ball.

To practice this drill use your driver and make sure the ball is teed. At address, bow your legs outward so that your knees are pointing outward. This is opposite of what you do in a normal swing, where you want your knees projecting slightly inward. Remain flat-footed throughout the backswing and all the way to the finish.

### LGA Events

#### **Tuesday, August 3<sup>rd</sup> – Heart of Georgia Play Day – Idle Hour**

Sign-up in advance in the Golf Shop.  
Pairings to be made by the Golf Shop. 9:00 a.m. Shotgun start.

#### **Tuesday, August 10<sup>th</sup> – LGA Meeting Day / Scramble**

Teams will be chosen for the LGA Members attending. All teams will consist of ABCD players based on current handicaps. Players can choose to play either 9 or 18 holes. Scramble rules. You may sign-up in advance by calling the Golf Shop or at the meeting. The meeting will begin at 9:00 a.m., with golf following the meeting.

**Thursday, August 19<sup>th</sup> – Club 9:** 9 Hole scramble format. Fun rules apply. Sign-up in advance by calling the Golf Shop, or show up at the Golf Shop by 8:45 a.m. the morning of play. Play will begin at 9:00 a.m.

#### **Tuesday, August 24<sup>th</sup> – 18 Hole Play Day - Net Stableford**

Choose your own group and starting time.  
Each player will make a score on each hole based on the Modified Stableford Point System. The point values are as follows:  
1 point – net bogey; 2 points – net par; 4 points – net birdie;  
8 points – net eagle; 12 points – net hole-in-one.  
The player with the most points at the end of 18 holes is the winner. Scorecards will be dotted with handicap stroke allotments based on the players' current handicap. Individual play. Sign-up in advance with your group to allow the Golf Staff time to get your scorecard dotted.

#### **Thursday, August 26<sup>th</sup> – Ladies' Golf Clinic: Driving the Golf Ball**

9:00 a.m. at the Learning Center – Call 477-8777 to sign-up.

#### **Tuesday, August 31<sup>st</sup> & Wednesday, September 1<sup>st</sup>**

##### **LGA Club Championship & President's Cup**

Pairings by the Golf Staff. Play will be individual stroke play, gross (Club Championship) and net (Presidents Cup) scoring. This is an LGA Major event. Advanced sign up is required.

### Golf Committee

Craig Leachman – Golf Chairman  
Charlie Boswell, III, Stewart Vernon,  
Jeff Long, Joe Howe, Charlie Avant,  
Victor Andress, Ed Muse, John White,  
Chris Wilson, Bryan Persons, Georgia  
Hatcher, George Franklin

### 2010 LGA Officers

President – Georgia Hatcher  
V. P. & Tournaments – Susan Ogburn  
Recording Secretary – Kathy Walker  
Corresponding Secretary – Dianna Davis  
Treasurer – Terri Ramsey

### Events

Aug. 3<sup>rd</sup> – LGA Heart of Georgia Play Day  
Aug. 3<sup>rd</sup> – 4<sup>th</sup> – Junior Club  
Championship  
Aug. 5<sup>th</sup> – Sunset Mixer  
Aug. 10<sup>th</sup> – Jr. Play Day  
Aug. 20<sup>th</sup> – Guest Day  
Aug. 27<sup>th</sup> - 29<sup>th</sup> – Club Championship  
Aug. 31<sup>st</sup> - Sept. 1<sup>st</sup> LGA Club Champ.  
Sept. 6<sup>th</sup> – Labor Day – Course Open  
Sept. 7<sup>th</sup> – Course Closed – Aeration  
Sept. 24<sup>th</sup> – FALL BRAWL  
Sept. 28<sup>th</sup> – Junior Play Day

### Green Fee Specials

Weekly Rate: \$59 + Tax, Includes Cart.  
Guest Days: \$30 + Tax, Includes Cart,  
Fridays: July 23<sup>rd</sup>, August 20<sup>th</sup>,  
November 19<sup>th</sup>, December 10<sup>th</sup>

### Sales

Select Goods are now between 30 and 50 percent off. We now have select DryJoys at \$109.99 and Contours at \$79. All Polo shirts are marked down to 25% off and all shorts in the Golf Shop are \$39 or 2 for \$69.

### Reminder

\*\*\*This applies to all credit that has been earned in the golf shop\*\*\*  
**ALL CREDIT EXPIRES AT THE END OF THE YEAR, NO EXCEPTIONS.**  
All credit expires on Dec. 31<sup>st</sup> of each year.  
Inquire at 477-2092 or staff@ihcgolf.com.

### Golf News

We would like to thank all the parents and children who participated in the Junior Golf Camps. We hope the children had as much fun as we did!

New merchandise is on the way!  
Please stop by the Shop for new lines, like Adidas and Ashworth, as well as new Idle Hour ribbon belts and straw hats.



**Summer Stress**  
**Wade Thomas**  
*Director, Greens & Grounds*

The early extreme heat in June has stressed our greens more than in the past. On June 7<sup>th</sup> the temperature was 100 degrees, and we have seen little relief, with the exception of one weekend over the 4<sup>th</sup> of July. The results are evident in the drought stricken bermuda and the appearance of the bentgrass greens. We have taken the necessary steps to insure the health of the greens by raising the height of cut. This will allow the plant to produce more roots. The relationship between the two is proportionate. The plant becomes healthier, providing resistance to disease, as well as heat tolerance. The downside is slower than normal greens.

Now you know the reason why we raise the height of the greens in stressful periods. We will lower the height of cut when the weather breaks in a more positive pattern, usually in August. We hope you understand and will call us if you have problems or concerns with the golf course. Please leave the course better than you found it!

~



**Nash Rolfes**  
*Superintendent*

The summer battle with the greens has been especially challenging this year, with August conditions since the middle of June. We have really had to watch them to ensure proper moisture and to eradicate many diseases that have risen. On a daily basis, we have noticed a significant increase in the number of unfixed or improperly fixed ball marks.



The picture on the left is from the middle of #2 green. The picture below is from the back. The entire green should look like the back with proper fixing of marks. Marks should always be pushed into the center of the mark. The grass, which the ball landed on, is actually

killed on impact and will not grow back. It is the perimeter of the mark that is brought to the center that fills the mark, and it can be healed within three days. Lifting the center of the mark only raises the already dead grass causing longer recovery, up to two weeks. We will be aerifying the greens September 7<sup>th</sup>, and even with holes it is vital to repair marks. Please call the Shop at 477-2373 if you have any concerns.



## Club Grounds

*Travis Cantrell,*  
*Assistant Superintendent*

August is here, and the temperatures have been hotter than ever. Along with our normal watering and mowing schedules, the Club grounds crew has been working hard on the Par 3 course and the driving range. We have just completed the task of adding new bunker sand to each bunker on the Par-3 course and practice areas. Before adding new sand, we also corrected some drainage issues that were present in a few of the bunkers. New sand and the proper drainage will improve consistency of each bunker and make them alot more enjoyable to play. It is also time for our seasonal top dressing of the driving range tees with, which is a very important practice. This ensures that all divots are filled, which creates a smooth playing surface. I hope everyone is having a great summer here at Idle Hour. I look forward to seeing you on the course.

## Flag Tournament

The Golf Staff would like to thank all of you who participated in the 4<sup>th</sup> of July Flag Tournament. We had 30 people play in the tournament with only a few making past number 18. Brown Edwards came away with the victory, planting his American flag on number 2 green. Coming in a close second was Dr. Ferd Kay with his flag planted right in the middle of the pond on number 2. Below are a few more results. The top 5 will be receiving prize credit in the amount below.

- 1st - Brown Edwards - \$100
- 2nd - Dr. Ferd Kay - \$80
- 3rd - Dave Karlson - \$60
- 4th - Craig Cowart - \$40
- 5th - Steve Solomon - \$20
- 6th - Peter Solomon
- 7th - Bud Jones
- 8th - Dan Speight
- 9th - Jim Wilson
- 10th - Rob McCord

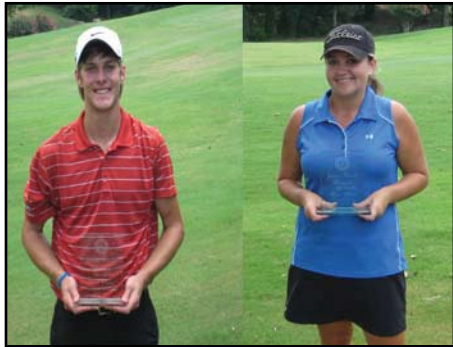


## Great Rounds & Holes-in-One

On July 5<sup>th</sup>, **Sam Patton** carded a 69 with one bogey, two birdies, and the rest pars. Congratulations on a very good round of golf! **Joe Popper** also carded a very solid round of golf when he shot lower than his age early in July. Mr. Popper shot a 77, beating his age by 1. **James P. Smith** carded a Hole-in-One on #8 from the Blue tees with a 7-iron. He was playing an afternoon round with Craig Cowart.

# Jr. Golf Results

*Amodeo and Fears Hold on to Win Junior Peach Blossom July 6<sup>th</sup> - 7<sup>th</sup>.  
from www.sjgt.com*



First-round leaders Anthony Amodeo of Marietta, Ga., and Lacey Fears of Bonaire, Ga., held on to claim the Overall Male and Female titles at the 2010 SJGT Junior Peach Blossom. The event, which is in its second year on the SJGT schedule, was held at the par-70 Idle Hour Country Club.

## Female 15-19

Place	Name	Home Town	Rd. 1	Rd. 2	Total
1 <sup>st</sup>	Lacey Fears	Bonaire	72	71	143
2 <sup>nd</sup>	Carlton Kuhlo	Tallahassee FL	74	72	146
3 <sup>rd</sup>	Taylor McGraw	Macon	78	76	154

## Male 12-13

Place	Name	Home Town	Rd. 1	Rd. 2	Total
1 <sup>st</sup>	Ryan Stachler	Alpharetta	72	75	147
2 <sup>nd</sup>	Tye Waller	Griffin	75	75	150
3 <sup>rd</sup>	Jack Evans	Macon	79	89	168

## Male 14-15

Place	Name	Home Town	Rd. 1	Rd. 2	Total
1 <sup>st</sup>	Shea Sylvester	Roswell	72	72	144
2 <sup>nd</sup>	Jim Henderson, III	Macon	74	71	145
3 <sup>rd</sup>	Brandon Lee	Alpharetta	73	74	147

## Male 16-19

Place	Name	Home Town	Rd. 1	Rd. 2	Total
1 <sup>st</sup>	Anthony Amodeo	Marietta	66	74	140
2 <sup>nd</sup>	Robert Swift	Columbus	70	75	145
3 <sup>rd</sup>	Travis Snyder	Fayetteville	74	75	149

## 2<sup>nd</sup> Annual Mini British Open

A special thanks to all who participated in the 2010 Mini British Open. We saw some great swings and excellent shots and look forward to seeing our juniors overseas battling the tough British Open conditions next year!

Congratulations to Raines and Cannon Newberry for their steady play, capturing the 2010 Mini British Open Claret Jug. We hope everyone enjoyed themselves and look forward to seeing you all again!



*Congratulations!*  
**Mini British Open  
Winners**  
**Raines Newberry  
&  
Cannon Newberry**

## Mini British Open Results

Team	Gross	Net
Raines Newberry / Cannon Newberry	33	30
Bud Jones / Clarke Jones	34	30
George Jones / Emily Jones	36	31
David Newberry / Carson Newberry	35	31
Hal Greer / Eli Greer	32	31
Rick Frame / Truitt Frame	34	31
Coleman Tidwell, Jr. / John Tidwell	32	32
Todd Hatcher / Katie Hatcher	35	32
Greg Sutton / Greg Sutton	36	33
Steve Slade / Jackson Slade	38	33
Juan Lee / Nicholas Lee	37	34
Russ Vaughn / Trip Vaughn	37	34
Steve Boltja / Jack Boltja	39	34
Scott Nystrom / Carter Nystrom	35	34
Joe Howe / Andy Howe	36	35
Jason Delves / Andrew Delves	40	35
Scott Ellison / Haley Ellison	41	38
Scott Ellison / Abby Ellison	41	38
Jim Wilson / Reid Wilson	42	38
John Brewer / Thomas Brewer	43	39
John Carter / John Thomas Carter	45	40

*Please see back cover for more photos!*



# Notes from Craig

**Craig A. Jones**  
USPTA, USPTR  
Director of Tennis

With help from our members, we have been able to upgrade the tennis facility to its best. Over the past

five years, we have upgraded lights on the courts, painted every light pole around the facility from brown to black, built three new hard courts, added a pavilion with bathrooms, and completely refurbished the Pro Shop. We are so proud of these wonderful accomplishments, and without your help they would not have been possible. Also over the years, the facility has gained from very little activity on the courts to members waiting their turn for a court every night of the week. The tennis programs at Idle Hour are now booming!

We offer something for the entire family, such as Adult Drills, Women's and Men's Teams, Private and Semi-Private Lessons, Men's Night Out, Socials, Round Robins, and Tournaments for both juniors and Adults. We offer Junior Academy for our more advanced juniors, in addition to Pee Wee and Quick Start programs. We also hold numerous fundraisers for many different organizations. We have also brought back the Member/Guest Tournament, with 100 participants this past year. We really appreciate your continuous support to the tennis program. I hope everyone has had a great summer, and we look forward to seeing you on the tennis courts!

## Special Events

Please call the Tennis Shop at 477-6701 to Sign-Up!

### Idle Hour Junior Championship

August 21<sup>st</sup> & 22<sup>nd</sup> - A Level 4 Tournament

Juniors get ready for this weekend long tournament at the end of August! This is a USTA sanctioned tournament held on the Idle Hour tennis courts. For more information please visit [www.usta.com](http://www.usta.com).

### Ladies' Boot Camp

Tuesday, September 7<sup>th</sup> - Friday, September 10<sup>th</sup>

3.5-4.0 Ladies: 9 a.m. - 10:30 a.m.

2.5-3.0 Ladies: 10:30 a.m. - 12:00 noon

Ladies, you know what time it is! It's time to stretch those muscles, and work on that swing for fall season.

### Men's Night Out

Thursday, September 16<sup>th</sup>

Our weekly tradition, each Thursday night for 8 weeks! It's only \$25.00 - includes balls, beer, and a great time.

## 2010 Tennis Committee

William John O'Shaughnessey, III, Chairman  
Lou Holmes, Kimberly Faulkner, Robin Graham,  
Julia Wood, Floyd Williams, Rob Wall,  
Pat Patton, Ricky Hicks, Layne Dunwody,  
Dan Strawn and Dean Copelan

## Drills & Lessons



### Men's Saturday Morning Drills

Saturdays, 9:30 a.m. - 11:00 a.m.

For men of all levels.

\*\*Ladies, if you are a 3.5 or 4.0 player, you may join us at this drill!

### Starter Level Jr. Tournament Drills

Thursdays, 4:30 p.m. - 5:30 p.m.

Saturdays, 1:00 p.m. - 2:00 p.m.

### Jr. Tournament/Advanced Level Drills

Wednesdays, 5:30 p.m. - 7:00 p.m.

Thursdays, 5:30 p.m. - 7:00 p.m.

& Saturdays, 2:00 p.m. - 3:30 p.m.

Tournament Level Players & Advanced Players

### Quick Start Drills

Saturdays at 1:00 p.m.

Developed by the USTA for children ages 5 to 8, this is an exciting new play format for learning tennis, designed to bring young kids into the game by utilizing specialized equipment, such as shorter court dimensions, lower nets and low compression balls. The kids will also be taught how to keep score and play a match.

### 2.5 - 3.0 Ladies' Open Drills

Fridays, 9:00 a.m. - 10:30 a.m.

Ladies, levels 2.5 and 3.0

### 3 plus a Pro

Tuesday - Saturday, \$60.00 between 3 players. Three people plus a pro will play for 1 1/2 hours. Three sets of doubles, rotating partners after each set, so that each player pairs with the Pro.



Send address changes to:  
**THE IDLE TIMES**  
 251 Idle Hour Drive  
 Macon, Georgia 31210

**PLEASE DELIVER PROMPTLY**

# 2012

## Centennial Membership Directory

*Do you have photos or newspaper clippings significant to the Club's history?*

If so, please submit them to Executive Administrator Brandy Spiers for the 2012 Centennial Membership Directory.

This publication will feature member photographs, as well as an updated Club history. We thank you for your participation!

### August 2010 \* IHCC Recipe of the Month *Basic Ice Cream Recipe*

#### Ingredients

- 2 cups Heavy Cream
- 2 cups Whole Milk
- 7 oz. Sugar
- 7 oz. Pasteurized Egg Yolks
- 1 Tbs. Vanilla Extract

#### Flavoring the Ice Cream:

- Vanilla – 1 Tbs. extra Vanilla Extract.
- Chocolate – 4 oz. Milk Chocolate Chips or Pieces to hot ice cream base.
- Strawberry – 3 oz. Strawberry Puree to ice cream base before churning.

#### Procedure

Combine milk, heavy cream, and half of the sugar. Bring to a boil. Combine yolks with remaining sugar and vanilla, temper with hot liquid, return to saucepot, and heat on low just until mixture is slightly thicker – about 30 seconds. Pass through a strainer. Add any additional flavoring. Cool over ice. Then freeze with ice cream machine.

*Thanks for Playing the Mini British Open!*



### Contact Numbers (478)

Clubhouse (Reservations).....	477-1724
Clubhouse (bypass Receptionist).....	757-2415
Bookkeeping.....	474-2131
Golf Shop.....	477-2092
The Learning Center.....	477-8777
Tennis Shop.....	477-6701
Wellness Center.....	474-8535
Grounds Maintenance.....	477-2373
Youth Building.....	757-2400
Pool.....	757-2403
Fax.....	757-2405
E-mail.....	frontdesk@idlehourclub.com
Website.....	www.idlehourclub.com